



# Nina Hartley's Guide to Total Sex

*Nina Hartley , I.S. Levine*

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## **Nina Hartley's Guide to Total Sex** Nina Hartley , I.S. Levine

Legendary porn star Nina Hartley's guide to thrilling, liberating, mind-blowing, soul-fulfilling, and intimacy-building sex!

Witty, smart, and frankly provocative, Nina Hartley knows sex. As a sex performer, sexual adventurer, and sex educator, she's done the fieldwork and has taken extensive notes. Now, she's ready to share her research. Let's just say that she's had all the sex-the good, the bad, and the indifferent-so you won't necessarily have to!

*Nina Hartley's Guide to Total Sex* is for sexual pioneers and enthusiastic novices. Unabashedly erotic, the book covers a lot of territory, allowing readers to sample the whole smorgasbord or just nibble at what they see as the choicest bits. To start things off, Nina includes explicitly detailed chapters on foreplay, oral sex, masturbation, toys, and games. Sexual adventurers (and voyeurs) will find chapters on swinging, three-ways, anal sex, erotic domination, sensual submission, and much more.

Nina is a strong advocate of safe sex, physically and emotionally, and she helps readers establish personal ground rules. But as a sexual liberationist and a feminist, her core belief is that, between consenting adults, all sexual behaviors are a matter of personal choice. Whether you're trying to reignite the passion with a longtime spouse, or explore new terrain with a new lover, Nina offers a variety of ideas to achieve exhilarating, deeply satisfying, intimate, and profoundly liberating sex.

## **Nina Hartley's Guide to Total Sex Details**

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# **From Reader Review Nina Hartley's Guide to Total Sex for online ebook**

## **Sawyer says**

Good book. Worth reading. This book has less fluff than most.

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## **Susanne says**

What an eye-opener -- the author is a professional sex worker and nurse who is well educated, articulate, and an enthusiastic feminist to boot. Her message, that sexual pleasures of all sorts between consenting adults are gifts to be respected, is a good one. I like the primary emphasis that people should TALK to their partners and be respectful of each other. A book like this could be a boon to almost any relationship.

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## **J.A. Carter-Winward says**

Learning a ton. Wow!

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## **Heather says**

Love her view on sexuality; refreshing!

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## **Rebecca says**

Totally engrossing. The only parts that aren't utterly fantastic are when she goes off into tangents on her own sex life. Oh well, that's an exhibitionist for you! :)

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## **Zuzka Namu Jakubkova says**

Nina Hartley wrote a political sex manifesto with the added benefit of providing some really hands on tips and tricks about various aspects of sex life.

While the advice on sexual acts from a sex educator with 30 years of career under her belt is invaluable, the true added value of the text derives from the tone and approach in which author thinks about sex.

If you are starting a sex-ed library, I recommend you to begin with this one. More than 20 chapters begin with the essential stuff and continue on to the more untraditional things. It is great for broadening your horizons and leaving you feeling confident about your sexuality and sexual experience.

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**Shannon says**

I met her! She is such an intelligent, articulate woman. Very appealing energy.

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**Jasna says**

very heteronormative, but otherwise a lovely and friendly book on building healthy sexual relationships

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**Marie says**

I'm biased as I adore her. Great book for a wedding gift.

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**Eric says**

My wife is very pleased with me now that I've read this book. It makes things grow and makes baby ovens hot

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**Kara says**

There is a lot to learn from this book about sexual communication, the largest erogenous zone in the body is the mind.

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**Angila says**

Even if you do not agree with everything in this book, it is a very informative read about sex and pleasure. It will help you understand people's life choices that may differ from what you know. Would love for you to read and then give your opinion.

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**Katie Bailey says**

clear and fun to read. the chapters on role playing and masturbation are equally chatty and warm. i felt like with Nina's guidance, i too could be a dungeon mistress of my own domain.

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