

# Lifting the Wheel of Karma

*Paul H. Magid*

Download now

Read Online ➔

# Lifting the Wheel of Karma

*Paul H. Magid*

## **Lifting the Wheel of Karma** Paul H. Magid

Joseph Connell is a gifted high school athlete from Montana, loved deeply by his family, yet tormented by nightmarish visions he can neither explain nor escape.

A horrific accident forever alters the course of young Joseph's life. Determined to find the magical elixir of knowledge he believes is possessed by an old wise man living deep within the remote Himalayas of India, Joseph embarks on a quest to find him.

The mystical old man he seeks will not so easily reveal what he truly knows. As Joseph must learn, the secret he seeks is not of the world outside, but rather of the world within -that resides in the heart of each and every one of us.

## **Lifting the Wheel of Karma Details**

Date : Published March 25th 2012 by Point Dume Press (first published October 5th 2011)


ISBN : 9780984016068

Author : Paul H. Magid

Format : Paperback 206 pages

Genre :

 [Download Lifting the Wheel of Karma ...pdf](#)

 [Read Online Lifting the Wheel of Karma ...pdf](#)

**Download and Read Free Online Lifting the Wheel of Karma Paul H. Magid**

---

# From Reader Review Lifting the Wheel of Karma for online ebook

## Karielle at Books à la Mode says

Lifting the Wheel of Karma by Paul H. Magid

Release Date: March 25th, 2012

Publisher: Point Dume

Page Count: 186

Source: Complimentary copy provided by author in exchange for an honest review

Joseph Connell is a gifted high school athlete from Montana, loved deeply by his family, yet tormented by nightmarish visions he can neither explain nor escape.

He believes the answer to what threatens to crush him can be found in the knowledge possessed by a mystical old wise man, who lives deep within the remote Himalayas of India.

If Joseph is ever to find the peace he so desperately seeks, he must get this wise old man to reveal what he truly knows, but that will not be easy... for this sage knows far more than he admits.

What Stephanie Thinks: I was anticipating to be preached and prodded at by this spiritual novel, but actually ended up being fascinated by it. Lifting the Wheel of Karma exceeded all of my expectations, to say the least, and I'm glad to have gotten the opportunity to give it a try.

In plot, it's a fairly simple book. The structure is direct and the end satisfying. It's also crisp and straightforward in style, with a bit of a charming tint to it, though it's nothing overly flowery. Very reminiscent of Mitch Albom. I had no trouble getting through this one, actually finished it pretty quickly.

Joseph suffers, or perhaps is blessed with, visions that have always set him apart from his peers. They're terrifying and so real, that he knows they aren't insignificant, but he has no clue what to do or how to go about them. He's a perfectly competent boy — a good brother and son and extremely talented martial artist — but all his life, he's been missing out on something. And when tragedy strikes, impeding every ability he's ever known, he finds out exactly what.

Lahiri, the old Indian man who's set out to help Joseph and get him back onto his feet, is a mystifying and intriguing character. From the beginning, I was kept wondering what he had to do with Joseph and how a frail, passive man like him could ever help Joseph conquer his demons. But as they develop their friendship and relationship as mentor and student, we discover the ways in which the two connect, and are startled that those bonds are not necessarily in our time and place.

Lifting the Wheel of Karma is heavy on spiritual emphasis, but it's in the form of fiction, an extended metaphor you could say. It teaches lessons on karma, dogma, and just humanity in general, without overly sermonizing or lecturing. I enjoyed both Magid's fast-moving prose and the otherworldly feel to the entire book. Highly engaging, awing, and thought-provoking, it's definitely the kind of inspirational literary fiction I'd love to see more of. Joseph's journey, I found, became my journey, which is a great accomplishment for a novel. The discoveries he made, I made on my own, and I can definitely say I learned a lot from his story of recovery and reflection as a whole.

Stephanie Loves: "'What chance has a boy got? The girl has all the cards,' he said.

Jen corrected him, 'No, the boy has all the cards. The girl just has all the chips.'  
'Either way, it's a rigged game,' Joseph replied."

Radical Rating: 8 hearts - An engaging read; highly recommended.

---

### **Charu says**

Karma, Reincarnation and Destiny have always been the subjects which has never failed to intrigue me but when I received a copy of this book I wasn't sure what to expect. I was wondering if "Karma" is a universal, culture-free virtue or it means differently in different parts of the world??

As I flicked through some pages, the book was such a page turner that I had to force my self not to finish it in one - go .... I had to slow myself down to avoid losing the brilliance and profundity of metaphysical issues....but the book engaged me so much that I just couldn't keep it back...

The title may sound like a powerful didactic book intended for spiritual growth ( a colleague inquired my age and if everything is "ok" with my life, while I'd dug my head into the book :P ) . But the book is not even remotely related to any of the practices or techniques (like the 10 Rituals of Radiant Living) to make life worthy and meaningful. ....rather the book which at first would seem such a light-read would leave you pondering, reflecting and introspecting in the end..

The book definitely deserves a 5-star rating and I highly recommend it to other readers too - i can assure u would not be disappointed - neither with the narration nor with the content !!

---

### **Melissa says**

I truly loved this book! I picked it up, and three hours later put it down finished... now here I am reviewing it! This is saying a LOT as this is not the type of book I would usually love and it was a busy day around here. This is a regular length novel, not a short, so that's not an excuse you can give me either. :)) The book was beautifully written. Hats off to Paul H. Magid. He is either very well versed on India and their religion/culture, or he did some very in-depth research.

Lifting the Wheel of Karma is the story of Joseph, or Joey as he's referred to. We meet Joey as a teen suffering from some very serious nightmares, the kind that he wakes up bleeding from. Joey lives in Montana with his older brother, Billy, and his parents. He's not the usual teen character that has recently lost a loved one, is picked on in school, etc. Aside from the nightmares, and a healthy obsession with karate, Joey's life is pretty good. Until one fateful night.

Driving home from a karate match Joey is in a severe car accident. One which he barely escapes from, yet leaves him paralyzed with the use of only one hand. How can a young man, who once rode horses and was unbeatable in karate, learn to live this way? Joey loses his will to live, but is given a spark after a news article on India. From here Joey, with the blessing of his parents and help of his brother Billy, travels to India for enlightenment and hopefully the ability to walk again.

Here is where the authors descriptions and in-depth information on India, the cultures, the religion and even

the sights, is beyond belief. It is so descriptive you can feel yourself in the taxi battling the traffic or enjoying the sights of the Happy Holli celebration. Trust me when I tell you, if you are a firm believer in Karma, God or Gods, afterlife, or just overall spirit, this is a must read book. A true five star read!

---

## **Wanda Hartzenberg says**

This is an unusual review for an unusual novel.

It started a few months back when I browsed through Bees Knees reviews for a nice interesting book. I came upon Lifting the Wheel of Karma by Paul H Magid and liked the blurb. I signed up and minutes later received a notification that the author will get in touch for a review. That is when it hit me. As a Christian, I believe that I am always protected and that information and a difference in opinion or point of view can't harm me. That said. How do I review a book that might be in complete juxtaposition with my own belief system without offending. With time I got to know the author a lot better and decided that such a good noble man could never be an author whom would actively and purposefully offend others.

By the time I received his novel I felt like a kid in a candy shop. I was so excited and all my previous trepidations were gone.

I started to read his book, this novel but I gave up on reading it, and started to live it instead. It is not a book and it is not a novel. It is a profound spiritual journey. A very personal journey which the reader undertakes with Joseph, Lahiri and Billy. The trinity in my point of view.

Joseph undertakes a journey to India to receive a miracle cure from a Sage named Lahiri. He has been fighting his own demons from the age of five and tragic circumstances left his body as broken as his mind and subsequently his spirit. He asks his brother to accompany him on this spiritual journey.

In India he finds Lahiri. The miracle cure however is not to be found without extreme effort. Joseph, wrapped up in his own life and problems does not notice much of the goings on around him.

It is soon apparent that Joseph is not the only person fighting inner demons.

Billy, Joseph older brother is according to me one of the unsung heroes in this journey. He carries the burden of standing by impotently as he and the rest of Joseph's family watches Joseph fight a battle he thinks he is fighting alone. Typical of humanity, Joseph has convinced himself that his fight against his inner demons are a solitary act and that it touched none but him.

[It might interest the reader to know that at this stage me and the author had a difference of opinion. He felt as if Joseph had a very good understanding of what his family was going through. He mentioned that Joseph left implicitly with the aim to spare his parents and brother some further grief.

Although I concede with Joseph having some understanding of the anguish his family must have undergone, I perceived Joseph as only partially and peripherally aware of the suffering they went through due to his inner battle and later his very real physical battle for survival. It is amazing to read a book where the author can relay a story in such a manner that I as a reader felt I could differ from the author himself based on my own life experience].

Billy's constant support is however a testimony that the act of observing can be an equally painful and isolating experience. Billy however never gives up on Joseph.

Not only Joseph and Billy is fighting an unseen terrible force but sometimes the savior turns out to be the one in need. This is definitely the case in this journey. Were Joseph not so caught up in his own suffering he might have noticed the suffering of those around him.

This journey taught me two very valuable life lessons. Although the book itself is set against Eastern mysticism and Greek mythology the basic construct of all religions soon become apparent. With relief I found that I need not defend a different belief system to that of my own, rather I find myself overjoyed to say that this journey has made it clear that the basic religious constructs of all religions is echoed in the Physicians creed - first do no harm.

I seldom read a book twice. I simply feel that my memory of a story is of such a nature that no real need exists for me to read any story twice or more when the world is full of other great stories to be read. In *Lifting the Wheel of Karma* this is however not the case. I feel the book has many other journeys it will take me on if only I am willing to get on the ride. A ride I'm looking forward to.

The story is beautifully written with a precise and linear construct line throughout. The facts in the books are carefully researched and are interjected in such a fashion that it serves to fill your journey with the same riches as that of Indian spices and colorful Saris.

I again find myself with an inadequate rating system. On a scale from 1-5, I give this book 6 stars. This is a book I will recommend to everyone and which I would gift to anyone with pride and the knowledge that I helped them on a personal journey of their own.

It is impossible to read this book and not walk away with a feeling of coming full circle. I, now am left wondering what my Dharma might be. I hope that this book will get you dear reader to wonder about that as well, What is your Dharma in life?

Interview

I asked:

How long did the research take and how much of it do you do yourself?

Paul replied:

Okay, so, first...research. This took me twenty-five years. No kidding. I knew nothing significant about India when I started and it would be fair to say that I have read 50 or more books on India. I had to learn so much about India in so many different areas, because I knew my novel needed to be accurate -historically, culturally, mythological, and even socially. India's history goes back over 5,000 years; I sought out sources of information that went all the way back to the original Indus Valley settlement.

I asked:

Have you been to India? If so share some of your impressions.

Paul replied:

After decades of research I finally visited India several times, even living there for several months, which was an adventure in many ways. I immediately connected with India in so many ways. Certainly it's completely different to my experiences of living in the U.S., but that was also a good deal of its charm for me. Expanding my horizons by seeing how other people live is always a priceless adventure to me.

I asked:

Your blurb says it is a mix of Greek mythology with Eastern mysticism. I found a lot of parallels with Christianity and shared belief systems. Was this intended?

Paul replied

o The Greek Mythology connection is in the sense that I believe there are supernatural forces that affect, influence, and ultimately guide the course of our lives and journey, in the same way that Greek Gods interacted with humans, changing the course of their lives and of humanity, for example, in the way that Prometheus stole fire from Zeus and gave it to mortals, thereby changing the course of humanity...at least according to Greek Mythology.

There are most definitely familiar patterns of Christianity in my novel, as well as eastern philosophy. I believe this is because all of the great religions of the world have common foundations -love, forgiveness, healing, and redemption.

I asked:

Do you believe in reincarnation?

Paul replied:

o As for reincarnation, I most assuredly do believe in it. For me, it explains a great deal...but I don't want to give too much away.

After all is said and written, this is a must read for all. I can't recommend it enough!

I again want to thank Denise Jones for all the trouble she has to go through to get this to sound as if I can speak the English language! Thanks Denise.

---

**Mia Claire says**

**I won this book in a giveaway and here I have written an unbiased review about the book:**

The cover says: *A Profound Spiritual Journey of Extraordinary Healing and Redemption* and it was right with that. Reading this book doesn't come as weird to me because I believe in the teachings of Eastern philosophy like reincarnation, past life, karma and everything in between.

So the book was quite short and an easy, light read. It is about a teenager named Joseph Connell who is tormented by nightmares he cannot explain. He then goes to an old sage in the Himalayas of India... and through that he comes to find the spiritual healing mentioned in the cover.

The book was good as well as the ideas, perspectives and philosophy presented. The only thing is when I was reading it I felt like I was sometimes reading a fiction book then it suddenly it turns into a reference book. There are information and data inserted in between the dialogue which I think is not very significant to the flow of the story. But anyway I think the info will come in handy and also it wouldn't actually hurt to learn new things.

Another thing is the comment at the back of the book: *"I couldn't put it down. The author deftly weaves Eastern philosophy with Greek mythology."* I really can't figure out the greek mythology part because there actually isn't no greek mythology or any mention of greek god or whatsoever in any part of the book. But anyway, maybe I just misinterpreted the comment.

(view spoiler)

All in all I liked the book so I now give it 4 stars... But I would have much preferred it if it was longer.

:)

---

## Amy says

Just won and received my copy of *Lifting the Wheel of Karma* by Paul Magid. Very excited to have a signed copy! I will be updating my review soon. THANKS GOODREADS!!!!

SO, I am very excited to have just finished this interesting novel.

I don't want to spoil things for anyone reading. Thought that I would give some feedback without giving away the whole story. To start I immediately felt connected to the main character in the story and his journey. The message of trying to find yourself after tragedy and bumps in the road isn't so far fetched for anyone. The journey began with many unanswered questions. During the plot I was very surprised at the turns and history that was added. I personally love history and how history for us all has brought us to where we are. You will not be disappointed in the main character and his development and journey. Although the end seemed to have unanswered questions for me I just filled in the blanks myself. Not sure if Paul Magid intentionally left the end more open ended, but at least there was a positive ending.

Thanks Paul Magid for a quick, thought provoking uplifting story of growth through sadness.

I highly recommend this book for a variety of readers; those who love novels and twists and turns, uplifting self-discovery and growth!

---



## **Lenore Webb says**

I want to show off! This is my first book of the New Year, *Lifting the Wheel of Karma*. And lucky me, it is also an autographed copy! Paul H. Magid found that you can not out run a good book. Honestly!

He started writing this when he was in high school. But often just put it down for other endeavors. But it would come back to him time and again. Along the way he has worked as a financial analyst, a waiter, a real estate developer, a summer day camp director, and then as an award winning screenwriter, and independent filmmaker—including his autobiographical film, *A LIFE UNFINISHED*. Finally he listened to that inner voice and got down to brass tacks and finished his debut novel. I have to say, for that I am really thankful.

The synopsis for his book follows:

Joseph Connell is a gifted high school athlete from Montana, loved deeply by his family, yet tormented by nightmarish visions he can neither explain nor escape. He believes the answer to what threatens to crush him can be found in the knowledge possessed by a mystical old wise man, who lives deep within the remote Himalayas of India. If Joseph is ever to find the peace he so desperately seeks, he must get this wise old man to reveal what he truly knows, but that will not be easy...for this sage knows far more than he admits.

I picked this book up for my review with Tribute Books (they also have an interview with Paul on their site) and then found that it was the wee hours of the morning. It has been some time since I have been so deeply engrossed in a story. Having had some traumatic experiences myself growing up, I found that I identified with the feeling of healing within whole and healthy. It is through those very painful experiences and the subsequent healing that I found my own Dharma. (That would be my purpose in life.) Finding that opening my home to those in need has been a fulfilling life. Some may find it to be a somewhat confusing life as to who is here when. But I have been rewarded with life long friends, exciting tales and seeing the fullness of healing in others. And yes Paul, I do believe strongly that only in forgiveness do we ever find complete healing.

Paul shared a story where a journey is required for Joseph to come full forward. Walking alongside Joseph, you will find an inner peace. At least I did. Two thumbs up? Well heck, I say that and five stars! Thanks to Nicole for turning me on to a new author. I can't wait to see what is next. Paul do not wait to get back to the typewriter as we are all behind you.

---

## **dely says**

It was a pleasant surprise. A Western who speaks about Eastern spirituality, karma, dharma and chakra scares me because there is often the risk of falling into banality talking about serious topics in a superficial way or the risk to put too much emphasis as if he had understood everything. However, this book does not want to demonstrate anything, it doesn't want to teach anything and deals with the theme of spirituality in a lightweight and unobtrusive way leaving the reader with wide spaces to think. My feeling is perhaps also due to the descriptions of the vast landscape of Montana and the Indian landscape where the book's protagonist, Joseph, took refuge. It is a book which gives a feeling of freedom, of lightness and it is very easily to read thanks to a sliding style. I also perceived a certain delicacy in describing people and their feelings. It seems that the whole book is permeated with lightness, delicacy and discretion.

The story is about a boy from Montana, Joseph, who is paralyzed after a car accident and he hopes to find a solution by going to live with an Indian sage at the foot of the Himalaya. He wanted to find a quick solution to his problem but living there he learns more especially the meaning of some nightmares that haunted him since childhood.

E' stata una piacevole sorpresa. Un occidentale che parla di spiritualità orientale, karma, dharma e chakra mi spaventa perché spesso rischia di cadere nel banale parlando di argomenti seri con superficialità o con troppa enfasi come se avesse già capito tutto. Questo libro invece non vuole dimostrare niente, non vuole insegnare niente e affronta il tema della spiritualità in modo leggero e discreto lasciando al lettore ampi spazi per pensare. Questa mia sensazione forse è dovuta anche alla descrizione dei vasti paesaggi del Montana e dei paesaggi indiani dove il protagonista del libro, Joseph, si rifugia. E' un libro che dà una sensazione di libertà, di leggerezza e si legge molto facilmente grazie anche ad uno stile scorrevole. Si percepisce anche una certa delicatezza nel descrivere le persone e i loro stati d'animo. Sembra che tutto il libro sia permeato di leggerezza, delicatezza e discrezione.

La storia parla di un ragazzo del Montana, Joseph, che dopo un incidente in macchina rimane paralizzato e spera di trovare una soluzione andando a vivere da un saggio indiano ai piedi dell'Himalaya. Voleva trovare una soluzione veloce al suo problema ma vivendo lì impara molto altro soprattutto il significato di alcuni incubi che lo perseguitavano da quando era bambino.

---

### **Sarika Patkotwar says**

Lifting the Wheel of Karma is a must read. The story of a boy named Joseph from Montana, the book describes the journey of his life. An amazing family and a wonderful home define Joseph's childhood, until there comes a point in his life where he starts seeing visions and dreams that seem to be wanting to tell him something. This makes him really want to search for answers and go to India, the highlight of his dreams. Being an Indian myself, I thought that the country has been described beautifully, just the way India is. The tiny details about the country; like the currency and little references to the importance that people here give to God and festivals and even the type of food that is eaten in any simple Indian home, makes you feel like you yourself are journeying in India through the book. A roller-coaster ride, filled with colours and events that are capable of changing someone's life, Joey's time in India is spent in the vast and magnificent Himalayan mountain range. Here, with the help of a sage, Lahiri, Joseph takes time to seek his answers and emerges successful and fulfilled in the end.

One of the best thing about the book is that it has so much to teach the reader. "God wouldn't mind if we spent a little less time telling him how great he is and a little more time loving each other, and not just the people we're supposed to love, but everyone." This is one lesson that must be universally applied! Besides, the book is filled with many great moments that one experiences with one's family and in life also, something that the reader can relate too.

Lifting the Wheel of Karma has been a kind of an enlightening read for me. The experience was beautiful and as one nears the end of the book, it becomes more and more un-put-downable!

I would recommend the book to everyone, just for the amazing things it has to tell us and a wonderful story that makes absolute sense and makes one think about life and its purpose.

An excellent book and a short yet captivating read, this is something no one should miss!

---

## **Carly says**

I am so glad I had the opportunity to read this book. It took me a couple of chapters to engage in the story, then I didn't want to put the book down.

The story follows Joseph, a teenager who suffers from vivid dreams from a young age. He has an older brother Billy and helps work his fathers ranch. Joseph enjoys karate, he is very skilled and unbeaten. On his way home from a fight, which he lost for the first time, he is in a serious car accident, which leaves him in coma.

When Joseph awakes he only has the use of his left arm. Joseph travels to India, to a man named Lahiri who claims to be able to help Joseph through the power of mind over matter. Joseph spends many years with Lahiri, but he is no closer to walking.

Joseph loses both his parents in an accident, so he returns home to help run his fathers business with his brother Billy.

Years later Joseph returns to India to Lahiri's house, to the girl he loved and left behind. Many amazing things happen when Joseph meditates and lets his spirit guide him to the truth of his past, and why he has been sent to learn from his past mistakes.

Forgiveness plays a big part in helping things come full circle, and for everyone involved being able to finally move on to their spirit adventure in peace. Joseph returns to see Billy an old man happy to see his brother again after so many years. Not able to walk but healed all the same.

I thoroughly enjoyed reading this, the story really moved me. Paul H. Magid done an excellent job writing this novel, I was glued to the pages. It was beautifully put together and the ending made great sense to me., I went through a whirlwind of emotions and the author had me thinking about my life.

<http://fictionfascination.blogspot.com/>

---

## **Ponch says**

I was very happy to have won this book from GoodReads. And what a nice surprise that it was signed by the author and can with a handwritten note.

I enjoyed this book a lot. It was an easy read with a great plot that kept you interested. I highly recommend this book.

---

## **Grady says**

When Words Fail

There is something about Paul H. Magid's quiet novel *LIFTING THE WHEEL OF KARMA* that makes the reader simply dissolve into the hush the book produces. This is a novel, yes, and with a well delineated story that opens with a sense of wonder at the spaces that are called Montana, flies like a feather on wind to India where again the author defines the aura of a country that has always defined spiritualism, and spans time as the brief journey of each incarnation we visit like the tiny speck of the universe we are.

The story is less important than the effect of the message: a young athlete is tortured by visions of menacing death disturbing his sleep, and despite the presence of a supportive and loving family he cannot seem to explain or escape them. Joseph, the name assigned to this Everyman, is a brilliant athlete who suffers a major injury that alters his hopes for a 'future', and searching for healing he travels to the Himalayas of India seeking a mystic who will heal him. What happens in India should be read and not described, except to say that the manner in which Magid informs the reader about Karma, Dharma, and Moksha as a manner of using the story to define the paths of living and reincarnations and the process of leaving this present state of being that can only be described as sharing wisdom.

There is magic here, not of the sort that dances in 3D on animated-enhanced movie screens. The magic of this novel is the hushed manner in which it brings the reader into contact with the universe, the 'reasons' for living, the paths taken and the paths to come. It is far more than the fine story it relates. It is nourishment for the soul.

Grady Harp

---

### **Christoffer Lernö says**

This is a very direct story of personal growth. It was a pleasant read, but perhaps a bit unpolished at times and I would have preferred a bit less direct, more expansive story. I feel it is unable to compare with books by Christopher Pike (who writes books on spiritual growth disguised as YA novels) or Paulo Coelho for depth.

That said, it was still a very pleasant and easy read, which I genuinely enjoyed.

Disclosure: I received this book in a Goodreads First Reads giveaway.

P.S. I think the cover does it a bit of disservice, painting it as a spiritual novel and setting the expectations of the reader. I prefer the approach taken by Pike, where the books aren't so overtly advertised and where the reader can be surprised by the (sometimes subtle) lessons contained in the book.

---

### **Gmr says**

From page one, it is apparant that the author has a particular fondness for nature. Rolling hills, running streams, wild horses...the works; all are beautifully detailed as we explore Joseph's hometown in Montana. When we meet this young man, we find a troubled soul trying to make sense of the oddities that life has thrown his way...his means of escape, karate. To say he was a black belt would lower his standings...that's how good he was; of course, that's what nightmares about fighting for one's life will do sometimes, push you

in real life to be able to handle everything and anything. Unfortunately for Joseph, there is one "anything" he couldn't see coming which leads to a chance meeting, a terrible accident, and the beginning of a journey that would last a lifetime.

Admittedly his meeting with Lahiri and the accident that followed, threw me for a loop. His desire to warn him about the impending failure was admirable....but I was left wondering, why? Who was he to him? Why would he show up out of the blue JUST to warn him? Then we have the fated meeting with a GIANT deer.... I couldn't see where the animal fit into the puzzle being revealed. Was it a means to meet an end? Sort of. It's briefly touched on later in the story (thank goodness) and the explanation given makes sense even if it's more philosophical.

Once Joseph is confined to a wheelchair, his spirits are dampened....understandably. It takes an unexpected news broadcast about an unusual form of "treatment" to break him from his cycle of self-pity and restore his hope. Hope is a powerful thing; it can move mountains when necessary and in this case, send a lost soul across the globe in search of a new future. His experiences with the sage are intended to heal his body yes, but more importantly his spirit for when balance is achieved in both areas, the soul can be at peace.

There were only two drawbacks I experienced during my reading adventure; both small, both connected but both mentionable. First, I didn't always connect with Joseph and his family. It could be the confusion that was abundant in his life from the nightmares to the fight matches but I wasn't always able to stand beside him in his adventure. That being said, the second occurrence was a little outburst around page 102. It's so unlike the Joseph we came to know, so out of character that it felt off. I understand he's in a foreign land seeking out an unusual means to conquer his limitations but it simply felt like another person altogether.

A strange and at times complex journey, but one that was worth taking. It's not a story to be rushed through despite the short length of the novel. It's a story to be read, felt, and pondered. Does he find enlightenment? Does he ever walk again? Yes and yes but those simple answers will not give you the same satisfaction as following Joseph's journey will. Who knows? You may even discover something about yourself along the way.

---

## **Denise says**

At first I had reservations about this book, it's so different to my other works of fiction but as I read on I found it enthralling, the characters were so captivating. I enjoyed it very much. The parts about India I found especially interesting as my father was stationed in Bangalore during the Second World War. What I really liked was the spirituality of this book, this is really a book written for a purpose, everyone can relate to it, learn to follow the true light, live and forgive, it would be a better world! I give this book a five star recommendation.

---