



Sleeping Solo: One Woman's Journey Into Life After Marriage

Audrey Faye

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On December 2, 2013, my marriage of twelve years exploded. It left little bits of brain and heart matter all over the walls, and the certain, irrevocable knowledge that my life had just radically changed shape forever.

I'd been unceremoniously dumped out onto the road of a new journey.

I expected it to be dusty and hard and short on food and water, a gut-wrenching endurance test that would take a long time to wind its way to ease and peace and a modicum of happiness.

That's not what happened at all.

There have been hard days and dusty ones, and I do my best, in this missive from the road, to speak the truth of those moments. But the words clamoring at my door weren't the dusty ones - they were the ones full of surprised pride in the journey that has actually happened instead. The ones full of abundance and purpose and happiness and the wild, bubbling need to dance.

Yeah. Not what I expected from my post-marriage apocalypse either.

Welcome to Sleeping Solo, my anthem song from the road. It's 17,000 words, or about 60 pages, and every one of them comes straight from my heart.

Sleeping Solo: One Woman's Journey Into Life After Marriage Details

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Author : Audrey Faye

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From Reader Review Sleeping Solo: One Woman's Journey Into Life After Marriage for online ebook

Patty says

It makes you think about your own life, whether married or not. One to pick up again.

Lab Cat says

this very much resonates with me, despite having been married and not having kids. Growing up is about dealing with the hard stuff with dignity and grace; and anger and frustration and knowing when to let go. Audrey expresses this clearly in her book.

Maria Elmvang says

I don't really feel right rating this book. How can you "grade" somebody's personal experience? Fortunately the goodreads rating system is based on how much you *like* a book, and not how good you think it is from a literary standpoint. That helps.

"Sleeping Solo" is Debora Geary's first book under her new pen-name, and does a lot to explain why she had to change pen-names, and why she could no longer remain Debora Geary.

It's a fascinating book about the first 8 months of her life post-divorce, and invites you a look into her journey from a married woman to a single mother.

Personally I am amazed at how quickly she was able to regroup - had I not known the timeline I would have assumed these events took place over a couple of years rather than 8 months - but each person regroups in their own fashion, and while I do believe some ways are healthier than others, it does seem as if Audrey Faye chose the way that was best and healthiest *for her*.

It's a deeply personal account, that doesn't claim to offer any advice or "truth" for other people in a similar situation, but is simply a writer's way of reacting to a deeply personal and transitional set of circumstances.

I appreciated reading it, and getting to know a bit more about the person behind some of my favourite books.

Lidia says

Can you write review or give stars to one tale of life, to a soul that opens for all to see? I think not. Also with Audrey Faye name I still know and love this author, and at the writing I'll give five stars because the magic is there , still.
I look forward to the next book.

Michele says

Absolutely LOVELY short story about a woman's recovery from the end of her marriage. The author has been one of my favorites for a few years and I have no doubt I will love her under her new name. The magick is still the same, even if the name has changed. As someone who has been divorced I can, without hesitation, recommend this book to EVERYONE who is or has been divorced. It is a celebration of finding "me" in the rubble of "us/we". Learning to recognize that fact is monumental and worth more than the .99cents the story costs on Amazon.

Ruby Sutton says

Great Start

I have been a huge fan for years now and although I am sad to see her last series come to an end, I know that we will see great things for years to come. This book is an insight into what so many of us go through in our lives. Thank you for inviting us into some of your darkest times and letting us see the incredible beginnings of your rebirth!

Joy says

Fantastic Essay

I use 5 almost never so this is a rate of high marks. Love the journey and solo is indeed a much better adjective of a great life of choosing one's own path.

Laura says

A rose, by any other name, will still write words that speak to my heart.

Trine says

This is a book about how one woman got through a hard divorce and even though her experiences might not be an help for every one else in that situation it gives hope that there is light at the end of that very dark tunnel a divorce may be. And some of the observations are for all. The one I grasp as very true is the importance of walking beside your children supporting them instead of ahead of them clearing the way.

Jennifer Page says

It speaks to my heart at this very moment

she writes about experiences I've only dreamed of. she's an intuit, a dreamer, a writer, a mother with morals, she analyzes everything. she is me. she's lived in a twelve year relationship with the father of both her children. her daughter is at that tender age between becoming a young woman and still playing at childish things. a little girl WHO FEELS DEEPLY, who is all about "family" and doesn't do well with change. her husband obviously delivered a blow that destroyed not only her heart but their family. she is me. only she's taken the steps I haven't yet. everything I just mentioned above is an exact replica of my life. down to the years put into their marriage, to the number of children, the TYPE of children, the way she thinks, feels, dreams and observed. I'm so deeply touched and amazed at the similarities of our lives and how I can connect on such a deep level to EVERYTHING she writes of. I only hope to someday have the courage she had found to go it alone, to not FEAR being alone, being ME, FINDING me.....

Anne-Marie Krupa says

Brave and honest

It takes a lot of gumption, bravery and strength to open one's inner self up in this manner. Having gone through a horribly mess divorce with a child, I have only the utmost respect for Audrey. Thank you for sharing your journey. Know that we will miss the Witches but we understand and support you.

I recommend this book to anyone struggling with a divorce.

Judy Mohan says

Good

not my style of book. found it long and dragging did not finish. liked her fiction books. Will read more of them

Alex Owens says

A redemptive, uplifting song of self. I expected no less than deep, insightful words from this author (having read her novels under a different pen name) and I was not disappointed. I've already recommended it to another woman who's recently been sleeping solo!
