



Simplify Your Life: Get Organized and Stay That Way

Marcia Ramsland

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Is it really possible to simplify your life? The answer is a resounding "yes," *if* you know the necessary steps to unclutter your life and lifestyle. Get the inside scoop from professional organizer Marcia Ramsland and begin to solve your life management issues like a pro. With fast-paced, step-by-step instructions, Marcia walks you through refreshing new ways to manage your daily schedule, your life at home and at work, and special seasons of your life such as parenting, the holidays, and transitions.

Simplify Your Life reveals do-able tips and practical systems using Marcia's trademark "PuSH" Sequence?an acronym for **P**roject, **y**ou (the key component), **S**ystem, **H**abit?which not only gets you organized but help you stay that way. Tips include how to:

Create the illusion of a clean home in just minutes each day

Predict a pending time crunch . . . and sail through it

Dissolve any paper pile by answering three key questions

Power through projects you never get around to

Learn how to put things back together when everything falls apart

Offering practical solutions designed to change your life immediately, this simplified style of living gives you and your loved ones more time to do the things you really enjoy?starting today.

Simplify Your Life: Get Organized and Stay That Way Details

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Author : Marcia Ramsland

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P says

An upbeat - you can do it - message. The author breaks down each room in small chunks and gives time estimates for each job. If you start this programme, my advise is to take before and after photos and team up with someone like-minded. I did just that and it turned out to be a lot of fun and kept me going when I would have been distracted. Your partner doesn't even have to live in your town if you take and share the before and after photos. I would have liked to have seen more details for home office and craft rooms.

Jackee says

This book had many great tips to help women get and stay organized both at home, at work, and mentally. My favorite tip so far is building transitional, trigger activities into our lives. I'm going to use that to see if it helps me keep my brain living more in the present activity a little better (i.e. not bringing work home with me or home to work with me).

Betty Price says

Lots of great ideas and how to get things simple and manageable.

Susan says

I read this a few years ago. One of those things I picked up in an airport and read on the plane. I actually refer back to it when I'm feeling particularly disorganized. It's laid out in a nice way and gives some interesting perspectives on simplifying. For some reason, it's strangely comforting to me.

Shannon says

This was a pretty good book, although it covers a lot of territory that is better-covered in her later book, Simplify your Space. Still i got a lot of ideas.

Robin says

Began this book yesterday and am excited about the journey it will lead me on. It's set up like a workbook, which I think will be an effective format for me. Would love to know if anyone else is reading it or has read it recently!

Kara Peterson says

Amazing! I have picked up so many tips and am motivated to organize my life. The helpful hints are relatively simple to initiate and make so much sense. I recommend this to everyone!

Amy says

So far, I am really enjoying this book. I am only on chapter 4, but already, I have learned things that I have not read in other organization books. I may update this if my opinion changes after reading the entire book.

Margot says

Simplify Your Life is an excellent book on getting organized. The recommendations in it are accessible and easily and immediately applied to one's daily life. I found the examples and instructions much more concrete and applicable than in most other organization books.

As a warning, it is written with a religious slant but not overbearingly, so it's easy to skip over if you're not interested in that element.

Deana Young says

I liked this book on organizing. I am reading some of the books I have to declutter my house. This book has good simple ideas for organizing your home with a Christian background and a prayer at the end of each chapter.

Hope says

In *Simplify Your Life*, Ramsland encourages list makers (like me) to live horizontally rather than vertically. A vertical person looks at a long "to do" list from top to bottom and becomes overwhelmed. A horizontal person looks at a calendar ("the big picture") and sees where active days have to be followed up with lighter ones. Programming quiet and alone time after a day of heavy social interaction has been revolutionary for me.

sarafem says

When I need to know how stay at home moms that teach Sunday school and sing in the choir keep all their Bible studies organized between soccer practice and PTA, I'll pick up this book again. Until then, uhh, no.

Mary says

I loved this book! There are lot of ideas for organizing and simplifying life. I already have a friend who's interested in reading this book now that I'm done. I highly suggest it for those people who like to keep an organized life.

Donna says

This is the most overtly religious of the organizing books I've tried, and it's aimed solely at women. While I could have done without some of its assumptions, it's still the most practically helpful organizing book I've come across so far.

The author's PuSH method made little sense to me, even after all the examples I found it hard to differentiate between the System and Habit categories. But her strategies for avoiding paper pile-ups have already made a big difference in my stress level.

The tips on scheduling and cleaning may seem like common sense to some, but they were exactly the type of suggestions I was looking for. Even in the sections that weren't relevant to me personally, I liked that the book focused more on specific advice than on motivational pushes or long explorations of the psychology of clutter.

Leigh Ann says

I found this book to have a ton of easy practical steps to organize my home and I've been using some of the ideas this summer. My house is looking MUCH better!!
