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Have you been attacked by a wolf-like creature in the last 30 days? Was it after the sun had set and under a full moon? If you answered, “yes” to both these questions, there’s a very good chance that you were bitten by a werewolf. You now have less than a month before the full moon returns and with it your first transformation into a savage, bloodthirsty beast.

Survival is an option, but first, know this:

- \* Werewolves are real.
- \* The majority of lycanthropes who do not have access to this book die during or shortly after their first transformations, generally due to heart failure, gunshot wounds, exposure, drowning or suicide.
- \* Hollywood horror movies are NOT to be used as guides to living as a werewolf. Their goal is not to educate, but to entertain. As a result, they are largely ignorant of the realities of the condition.
- \* Ignorance creates monsters; lycanthropy does not.
- \* You are not a monster.

*The Werewolf's Guide to Life* cuts through the fiction and guides you through your first transformation and beyond, offering indispensable advice on how to tell if you’re really a werewolf, post-attack etiquette, breaking the news to your spouse, avoiding government abduction, and how to not just survive, but thrive. You cannot afford to *not* read this book. Your very life depends on it.

## **The Werewolf's Guide to Life: A Manual for the Newly Bitten Details**

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# **From Reader Review The Werewolf's Guide to Life: A Manual for the Newly Bitten for online ebook**

## **Mila says**

5 hours 35 minutes... a little long for the topic and format I thought, but it provided a few laughs... just couldn't give it three stars. I would recommend listening to it in small bites.

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## **W. Tinkanesh says**

“So, you know how to live as a werewolf now?” asked a friend.

“In theory, yes,” I answered. “In practice, it’s expensive. All the restraints you need to afford to protect the mere mortals on full-moon nights.....”

This is about the traditional werewolf, the lycanthrope of origins, the savage, bloodthirsty beast controlled by the full moon. Not the evolved creature written about in the books of Linda K. Hamilton or Kelley Armstrong. Duncan and Powers do not believe that werewolves can control their shapeshifting at any time of the day or night and still think in relatively human fashion while in wolf-shape. Actually, the traditional werewolf morphs from human into hybrid shape, but not into wolf.

This guide is a step-by-step of what to do to be safe on every full moon. But safe for who? Ultimately, yourself. A werewolf on the loose will kill (and eat) humans, but eventually will be shot to death (silver is optional). It tells you everything you want to know and need to know if you suspect that the wolf-like creature that took a bite out of you last night is a werewolf..... (Read chapter 5 first if so). If you’re vegetarian, you are in a huge ethical quandary. Three nights a month you’re going to eat meat; as much as an ox for the three nights. And where is the restaurant? In your safe room, of course. You could set it up in a bomb shelter, a basement, a private storage facility, anywhere you can be the only one likely to access it, anywhere you can modify to suit your special needs. And you’ll need restraints to prevent yourself from beating your way out. S&M shops are discreet and don’t ask questions.

Is that it? Nope. Your senses are heightened between moons. Your immune system is enhanced.

What else? The book will tell you the difference between a bitten werewolf and a pure-blood, why a werewolf community is rather impractical, what to do if you escaped and attacked someone on a full moon, how to avoid detection (by governments, fur-chasers, hunters), how to deal with vampires, the various political opinions among werewolves. Some lycanthropes view non-lycs as prey and enjoy the full moons in shopping centres and other inhabited areas. Some lycanthropes believe that lycs and non-lycs can live together peacefully. Some believe it is best to keep hidden.

Interesting and informative read. As I told my friend, I now know the theory about living as a werewolf and it sounds great. In practice: what a migraine. Thus, prospective werewolves, remember: “take it one moon at a time”.

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## **Tracy Smyth says**

If I’m ever bitten by a werewolf I will now know what to do. This was a fun book

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## Paul says

A witty, entertaining, satirical guide to life after becoming a werewolf. Although it might not seem ideal to have werewolf-dom imposed by a fiendish bite, there are in fact thousands of werewolves out there – living normal lives. The only difference is that three times a month they double in size, triple in strength and grow a mane of fur. Now this guide shows all new werewolves how to cope with this transition with life-saving tips on how to avoid detection, safeguard your home and deal with the aftermath of attacking someone!

Originally released in 2009, *The Werewolf's Guide to Life* is not unique by any means, there are several humorous parodies of guide books to the supernatural, but it is unique in that it is the first one I have read. I have never felt the call to read any of them before, even the other Werewolf guides, but after spending several days dipping in and out of this guide, I enjoyed the experience and may have to look at others. I feel confident that should I ever be bitten, I will cope with the trials and tribulations of Lycanthropy with greater ease.

The book is split into three main sections. The first dealing with the fact you are a newbie Lycan, the second deals with living as a Lycanthrope, and the final section is survival and how to avoid the inherent dangers. It is a comprehensive guide covering diverse topics from the various kinds of Werewolves and how to build a safe room; to dietary requirements and how to tell your loved ones.

"I have good news and bad news. The good news is I'm not a vampire."

What impressed me the most about this guide, is the vast amount of information and the immense level of detail. For instance, there is a handy ready-reckoner to help you calculate just how much red meat is enough for your hungry wolf-form during a change. It seems that every aspect and concern has been covered, and it is a well written and witty insight into the day to day problems a newly bitten Lycanthrope could face. Not only does the manual address important issues such as how to thrive as a Lycanthrope, but it also serves to dispel many of the common myths. A silver bullet, for instance, can indeed kill you – but mainly because it's a bullet!

Scattered throughout the chapters are small cartoonish images to illustrate further the advice within the book, often to comedic effect. Their style is that of a newspaper cartoon, but they succeed in conveying the message and compliment the tone of the book well. Some of the more grotesque ones are by far the funniest.

Other enhancements include excerpts from interviews with 'real' Lycanthropes, some of which are famous historical figures, and this helps give the book that air of authenticity it is aiming for.

The book succeeds in taking away the pop culture glamour of being a Werewolf as, despite being written with its tongue firmly in cheek, it addresses the issues of Lycanthropy as if it were indeed a real condition. The humour is subtle, occasionally straying into corny, but on the most part – well done. As I read the book, I found myself considering the day to day issues and wondered such things as where I would build my safe room? How would I obtain copious amounts of raw meat without raising suspicion? Could I live with increased facial hair at 'that time of the month'? It has a very useful appendix at the back that contains dates of the 3 days a month you will be in your wolf form. Unfortunately, this calendar only runs until December 2011, but they have the dates right up to 2015 on the website. Phew!

Having been a Werewolf fan for years (worryingly, according to the book, I am a potential fur chaser), I could kick myself for not reading it sooner. If you are a fan of fur and fangs, you will enjoy this book immensely, and you never know – one day you may need it.

Don't forget to pick up your copy before the next full moon, and remember kids – Ignorance creates monsters, Lycanthropy does not.

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### **Ryne Barber says**

Let's face it - recently, werewolves have been left out of popular media. We have a ton of new films, TV shows, and books (cough cough thanks Twilight) about vampires; zombies have been getting the nod in films like Zombieland and books like World War Z or The Zombie Survival Guide; even slashers have been pretty much static throughout the years with a slew of remakes hitting left and right. So it's a good thing that Ritch Duncan and Bob Powers decided to let the werewolf into the horror genre again with their guide book, because it's a fantastic doorway to making werewolves popular again.

The Werewolf's Guide to Life reads much like any self-help book - except this time, the authors are assuming that the reason you're reading it is because you have recently been bitten by a slobbering lycanthrope, and now are confused about how to live your life protecting yourself and others when you change on your Moons. Duncan and Powers know how to suspend disbelief; it is so easy to read their prose and find yourself pretending that you may actually be a werewolf that when the time comes to put the book down, you actually long for a few more chapters dealing with werewolf dilemmas you've never thought of. I know I did.

What makes the book so goddamn fun is the topics discussed within. There's a wealth of knowledge here that anyone planning on writing a script or novel should read and think about. Duncan and Powers have done their research, and much like Zombieland that I recently reviewed, they highlight some critical cliches within the werewolf genre and give them a meaning. Any item from a werewolf movie you can think of is somehow included and explained in this guide. The duo even discuss possible werewolf clans, the problems with a whole society of werewolves, and contest some myths about werewolf life. The amount of creativity that has gone into crafting a world that is filled with lycanthropes and the obstructions they face with daily living conditions is honestly overwhelmingly wonderful.

Most of all, The Werewolf's Guide to Life is also funny, and a really fast read. It's almost impossible to put down, due in part to Duncan and Power's knowledge of practical guidebooks. If you really are a werewolf, this is the book to read. And if you're not, the book will surely make you feel like you are one, a perfect pairing for Halloween. Let's hope Duncan and Powers decide to take on another guidebook - witches, anyone?

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### **Danny says**

Excellent!!

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## **Mark Syron says**

A parody of self-help books comes to this fur coved guide to the bitten life. A seriously funny book on everything werewolf related. Gone are the movie myths or old wives tale- no not in this book! This is practical information on how you really need to get a good paying job to support your 3 days a month change into a werewolf, and how to avoid getting found out about your lovely secret and possibly killed.

I enjoyed the humor et serious undertone of this werewolf book. There no real plot to this just gads of information.

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## **Michelle says**

I couldn't help but smile at how seriously this manual took the 'condition' of Lycanthropy. Like a true medical manual/self help guide, it took to reassuring the reader that they weren't a monster and could still lead a full and relatively normal life despite their condition.

The odd thing was, when reading about restraint systems and dietary requirements, I found myself wondering where MY safe-room would be, how to get my hands on so much raw meat and livestock and whether my career choice was currently compatible with a Werewolf's lifestyle. Strange I know, but the book was written in such a methodical manner, it was a little hard not to drawn in. There is even a section devoted to specifying different forms of Lycanthropes, down to facial features, and I think more than a few moments will be spent deciding which one you would most likely transform into!

Funny, odd little book that will be read and contested by many a Were fan I'm sure -4 stars.

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## **Katrina says**

So what happens if you get bit by a werewolf? There has never been a good answer to this question before, and the newly-created werewolf is likely to get him or herself killed before he or she can figure it out. This is why Powers and Duncan have come up with this book -- to help the newly transformed through a difficult time in their life.

Don't think it's all fun and games to be a werewolf, though. The reality is that it's not anything like Hollywood perceives it to be. You become a slobbering beast every night for three days around the full moon and you have no control over your actions. This is why a large chunk of the book is dedicated towards making yourself safe when you are not in full control of your faculties.

If you have been bitten or mauled by some strange animal, you need this book today. If you have not been unlucky enough to have such an encounter, this book is interesting in its own right, although it is probably of less use to you at this moment.

I enjoyed this book, and I'll admit to a tinge of a wish to become a werewolf, although the book explains in graphic terms why this is not a great idea. Thus I have come away convinced that a tinge of a wish is okay, but the reality is far different, and that it's not worth it. For that alone, it's worth the price of admission.

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## **kenzimone says**

This isn't a thriller. It doesn't really have a plot. If you're not a fan of werewolves you won't like it, and if you *are* a fan but don't enjoy parody how-to books you won't like it either.

However, if you (like me) are somewhat of a geek and a werewolf fan and are looking for a light read then this is the perfect find. It's quirky and sharp, and though there aren't any laugh out loud moments, it'll have you smiling quite a lot.

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## **Hugo Contreras says**

becoming a werewolf it looked so easy.... mind changing

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## **Mai Gharieb says**

That was strangely fun to read. It is useful to keep that kind of "just in case" books in my library, although I am a vampire, but who knows! :D

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## **Boris Limpopo says**

Powers, Bob & Ritch Duncan (2009). The Werewolf's Guide to Life: A Manual for the Newly Bitten. New York: Crown Publishing. 2009. ISBN 9780307589408. Pagine 256. 12.64\$

Dietro questo libro c'è una sola idea – carina, ma una sola. Troppo poco per tirarla in lungo per 256 pagine.

L'idea è quella di trattare la licanthropia come una condizione clinica o psicologica, e scriverci su una parodia dei manuali di self-help che affollano le librerie. Un'idea divertente per le prime 10 pagine. Via, le prime 20.

Non varrebbe nemmeno la pena di recensirlo se non fosse per un morboso particolare: alle 9 di sera del 6 novembre 2011 la polizia di Milwaukee (Wisconsin, USA), cui era stato segnalato un caso di accoltellamento, ha trovato all'incrocio di 2 strade di un quartiere residenziale un ragazzo di 18 anni sanguinante per oltre 300 ferite da taglio. Il ragazzo raccontava agli agenti di essere venuto in corriera da Phoenix (Arizona) per incontrare una ragazza conosciuta online, ma che dopo essersi recato al suo appartamento era stato legato e ferito per un paio di giorni.

Mentre il ragazzo veniva ricoverato in ospedale, gli astuti agenti seguivano le tracce di sangue fino alla porta di un appartamento, che trovavano aperto e con molte altre tracce di sangue sul pavimento e su un letto, dove era evidente anche un rudimentale sistema di detenzione a base di nastro adesivo (that's America for you, where duct tape is really tough!).

Gli agenti erano ancora nell'appartamento quando si avvicinava una giovane donna e diceva: «Immagino stiate cercando me». Identificata per Rebecca Chandler, 22 anni, la ragazza dichiarava di essersi intrattenuta sessualmente con il ragazzo, che il bondage e il tagliuzzamento erano consensuali ma che la situazione era

sfuggita di mano. Raccontava anche, in una deposizione giurata, di condividere l'appartamento con una certa Scarlett, che aveva partecipato ai giochi erotici, era responsabile della maggior parte delle ferite e forse coinvolta in pratiche sataniche.

Nell'appartamento c'era soltanto 2 libri, The Necromantic Ritual Book e The Werewolf's Guide to Life (persino la polizia di Milwaukee si è accorta trattarsi di un libro umoristico, ma questo non ha impedito alla stampa di sollevare un polverone sull'effetto nefasto che libri siffatti possono avere su menti impreparate).

The Necromantic Ritual Book

thesmokinggun.com

Scarlett si è poi rivelata essere Raven Larrabee, di 20 anni. Qui sotto le foto segnaletiche delle 2 "streghe".  
Chandler e Raven

thesmokinggun.com

La storia è raccontata qui (e c'è anche la copia dell'affidavit del poliziotto che ha scoperto il fattaccio).

Su facebook si trova anche l'autodifesa (?) di Raven Larrabee alias Scarlett alias Wolf Shepard che ammette che The Werewolf's Guide to Life è una parodia e non un vero manuale!

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Nonostante tutto, qualche citazione, se non altro per darvi l'idea del genere di humour. Il riferimento è come di consueto alle posizioni sul Kindle:

#### TOP 10 WORST PLACES TO BE DURING A MOON

10. In a movie theatre
9. On a commercial passenger flight
8. Driving
7. Hosting a children's sleepover
6. On a military base
5. In jail
4. In a hospital
3. In a mall
2. On a cruise
1. Piccadilly Circus or Times Square [1237]

Werewolves have been accused of a great many things over the centuries, but never of being picky eaters.  
[1401]

Here are some sample first lines to break the ice on this very touchy conversation:

1. You know how all my hair grew back? It wasn't the Rogaine.
2. Remember when you confessed that you only floss when you know you have a dentist appointment coming up? Well, I have a confession too.
3. I have six months to live. Kidding! I'm just a werewolf.
4. You know how I said that I volunteered to be a Cub Scout troop leader even though we don't have any kids, and every month I have to take the troop on a three-day camping trip? Well, that wasn't entirely the truth.



5. I have good news and bad news. The good news is I'm not a vampire. [1628]

For every objectionable, repulsive, or dangerous activity imaginable, there is someone out there who's into it. The more irresponsible the behavior, the stronger some will try to embrace that behavior. It is hard to imagine that anyone would ever actually try to become a werewolf, but believe it or not, there are those out there who are into it. [2441]

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### **Tricia says**

I was not recently bitten by a werewolf, but if I did definitely feel I would be a lot more prepared to survive my first round of 'moons'.

It was a fun read and I really enjoyed it.

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### **Juliette says**

Geek fun if you like werewolves.

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