



## **Sacred Mirrors: The Visionary Art of Alex Grey**

*Alex Grey, Ken Wilber, Carlo McCormick*

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## **Sacred Mirrors: The Visionary Art of Alex Grey** Alex Grey , Ken Wilber , Carlo McCormick

This unique series of paintings takes the viewer on a graphic, visionary journey through the physical, metaphysical, and spiritual anatomy of the self. From anatomically correct rendering of the body systems, Grey moves to the spiritual/energetic systems with such images as "Universal Mind Lattice," envisioning the sacred and esoteric symbolism of the body and the forces that define its living field of energy.

Includes essays on the significance of Grey's work by Ken Wilber, the eminent transpersonal psychologist, and by the noted New York art critic, Carlo McCormick.

## **Sacred Mirrors: The Visionary Art of Alex Grey Details**

Date : Published September 1st 1990 by Inner Traditions

ISBN : 9780892813148

Author : Alex Grey , Ken Wilber , Carlo McCormick

Format : Paperback 96 pages

Genre : Art, Spirituality, Nonfiction, Religion



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## From Reader Review Sacred Mirrors: The Visionary Art of Alex Grey for online ebook

### Christina says

Alex Grey (no relation) is absolutely my favorite modern artist. I, too, enjoyed *Transfigurations* slightly more, but only slightly. *Sacred Mirrors* is the perfect name though. His paintings are Eucharistic for me, and prismatic reflections of all of us. Truly spectacular.

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### Debra Anne says

Alex Grey

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### Mafer Ar says

Es un libro que se tiene que leer con una mente abierta. Alex Grey es capaz de congeniar el arte, la ciencia y la religión en una sola imagen, leer este tipo de libros abren el panorama sobre lo que no vemos pero sentimos, y aunque no soy fiel creyente de todo lo que leí, pude aprender varias cosas históricas sobre el arte psicodélico. Lo recomiendo! A demás de que este libro tiene unas excelentes láminas, y podría decir que mi pintura favorita es *Gaia*!

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### Elizabeth says

This is a fantastic look at Grey's work. Excellent background and explanations of the imagery. Previously, I had been unaware of his performance art, which brings his painting into sharper perspective.

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### Aaron says

Not as big or as broad as *Transfigurations*; *Sacred Mirrors* could be described as his exploration and reinterpretation of the human body. It's some pretty wild visual art, and worth checking out. Alex Grey has done a lot of artwork for the band Tool, which is where I found out about him. If you're into their artwork, check him out.

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### Aaron Overfield says

I thoroughly enjoy Alex Grey's work and would have given this 5 stars if not for one image in particular in which he seems to be hierarchically categorizing sexual acts, placing heteronormative acts near "godliness" and homosexual acts near "evil." This was deeply disturbing.

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### **BiL says**

I remember first seeing this book at a pizza shop in Lake Mary that all my friends worked at. My friend Dean was emphatically explaining to me and my buddy Mat that, "This is how it all is, man!!" Alex Grey will one day be looked at in the same light as Picasso and Michelangelo if you ask me. Visiting the actual paintings in NY in this book was easily one of the most spiritual experiences of my life and I actually felt for the first time what they are actually ( I think) meant to do.

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### **Kali says**

This book is amazing, Alex Grey is amazing. I love the full page images of his paintings, they are so very detailed, especially the anatomical ones. Each of these works of art are inspired by some insight around spiritual enlightenment as you might say. There is also a lot of theory around the Sacred Mirrors visionary art, such as critically looking at art through perennial philosophy. Fascinating!

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### **Tracy Murphy says**

The University of Colorado hosted this exhibit in the late 1980s- I was so mesmerized. This art is unbelievable. absolutely transcendental. I got the book right away, and while not as mind-blowing as the art in person (of course), it still captures it well.

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### **Gerardo says**

Simply and utterly amazing collection of paintings from one of the greatest contemporary artists still alive and working. With introductions by Ken Wilber, Carlo McCormick and Grey himself, in which the framework for the rest of the book is to be contextualized in, the paintings collected here show all human dimensions (namely, physical, psychological and spiritual) often at one glance, but revealing a staggering amount of details to the patient and inquiring eye.

Seriously, this is one book to have. And to have it at the reach of your hand as often as possible. The possibilities for exploration and contemplation of what is in these pages are as vast as your willingness to dive into them.

Simple y llanamente, esta es una increíble colección de pinturas de uno de los más grandes artistas contemporáneos que todavía esté vivo y trabajando. Con introducciones de Ken Wilber, Carlo McCormick y el propio Grey, en las que se asienta el marco en el que contextualizar el resto del libro, las pinturas aquí recogidas muestran todas las dimensiones humanas (principalmente, la física, la psicológica y la espiritual), habitualmente visibles en una sola mirada, pero revelando una cantidad asombrosa de detalles al ojo curioso.

En serio, este es un libro para tener. Y para tenerlo a mano con la mayor frecuencia posible. Las posibilidades de exploración y contemplación de lo que hay en estas páginas son tan vastas como tu voluntad

para sumergirte en ellas.

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### **Dimi Tsioubris says**

I loved this guy until his Obama portrait, how naive! I was greatly disappointed, but his artwork is phenomenal

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### **Konstantin says**

Amazing! I have this book more than a two years, but for the first time I decided to read introduction and Alex's notes. And his marvelous pictures and art became more interesting and mysterious. Everyone knows Alex's art, but there's something important in description. Anyway, when you're reading a book - it's one experience, but when you're in museum at exhibition - it's absolutely other feelings.

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### **Karen says**

Love the art. It was fun to see the pictures a bit larger.

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### **Jacob says**

It turns out that the liminal space between spirituality and kitsch is guarded by that evil skinless man from the first *Hellraiser* movie. Beware!

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### **Jesse Roberto Vizcarra says**

Amazing! One of my favorite artist if not my all time favorite. The reading is just as good. This was a birthday gift from a great friend.

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