



# Crystal Lore, Legends & Myths: The Fascinating History of the World's Most Powerful Gems and Stones

*Athena Perrakis*

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To access the power of crystals, you must know their stories. *Crystal Lore, Legends & Myths* presents these fascinating histories and legends of the world's crystals.

Crystals, gems, and semi-precious stones have long been sought for their beauty, power, and utility. Historically used as adornments, currency, talismans, and amulets, crystals have been reputed through the ages to **bestow magic and power on the user**. However, in order to fully harness each stone's unique power, one must know the unique legends and lore attached to it.

**Every stone has a narrative or key that unlocks its power.** Oftentimes, these legends have been lost—or even deliberately altered—to confuse and obscure. In *Crystal Lore, Legends & Myths*, leading crystal expert and metaphysical teacher Athena Perrakis presents the fascinating history of the world's most powerful stones. This comprehensive collection of stones presents to you the legends and relics from different cultures and ancient civilizations, including **Lemuria, Sumeria, Egypt and Atlantis**, among others.

Learn the fascinating stories of how gems and minerals were used to raise power, store wisdom and secret teachings, and give incredible healing—and **tap into the powers of the crystals yourself!**

## Crystal Lore, Legends & Myths: The Fascinating History of the World's Most Powerful Gems and Stones Details

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# **From Reader Review Crystal Lore, Legends & Myths: The Fascinating History of the World's Most Powerful Gems and Stones for online ebook**

## **Georgette says**

This is a useful reference with interesting stories attached to each crystal. An enjoyable read, something for every new or seasoned crystal collector.

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## **The Shakti Witch says**

Perhaps not for the beginner, this crystal book should definitely tickle the fancy of most crystal collectors and practitioners. Most interesting is Perrakis's inclusion of crystal mythology. Crystals chosen are accompanied with legends from places such as ancient Egypt, India, Rome and even the bible to name a few. Some will get a kick out of the Atlantis Lemurian Annuki stories, or it may just be a little too cray cray for some. The book concludes with a beautiful outdoor crystal grid meditation connecting your crystals back to the womb of Earth. This book has certainly intrigued me to investigate some of the rarer crystals listed.

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## **Sosanna Olson says**

Today I'm reviewing Crystal Lore, legend and Myths by Athena Perrakis, PH.D.

Generally I like to start out with a disclaimer. I am a contemporary witch. I look for the connection between magic and science without the need to search for a creator. I receive no compensation for these reviews and all my links are standard Amazon links and not affiliate links. I am a practicing photo reader and have spent the last 16 years honing my craft. I offer personal readings by request and have a strong online history that boasts nearly 400,000 views.

As with all my reviews I'm starting with a review of the physical book. It's a great size book to toss in a bag to read on the go. The hardcover is fantastic for protecting the pages and the cover is made well. The index is quite thorough which I like to see in this type of book. I will see that on several of the crystals not all correspondences are listed. While there are references to Inanna and Dionysus; Hecate was not mentioned.

The photos of the crystals are large and full color and the book has several tables that show their properties and place of origin. There are several chapters dedicated to the location of each and gives a brief history of the area and the crystals as well as their modern counterparts. Chapter 8 provides a list of the crystals of the zodiac with a brief nod to each sign and how the crystal embodies the characteristics of the sign.

Overall this is a great book for the beginner and the seasoned witch alike. It offers a great deal of historic information as well as the basics you're looking for in a crystal handbook. I highly recommend this book.

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### **Audrey Adamson says**

This is the book regarding crystals I have been looking for! Athena Perraks goes into about each crystal including where it was found and any lore behind the stone. This isn't just another guide to crystals, this is informative information that helps explain why crystals have become popular. Each crystal is pictured in beautiful detail and I went away with understanding, I hadn't gotten anywhere else.

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### **Alexandra says**

Not an encyclopedia of crystals - like the Judy Hall books. This is more of history and information about crystals than what they can be used for. So if you want something like that, this book can be useful for a well rounded knowledge of crystals.

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### **Ginae B. says**

If you read this book in an Adobe reader, you might be frustrated. I spent an inordinate amount of time squinting to reap in the wisdom. It has lots of that.

In fact, I've never seen so much germane information for those of a spiritual slant.

It inspired me to collect 4 crystals.

Fascinating. Intelligent. Lots to learn.

Interestingly enough, I caught glimpse of a review bite that stated that this book may not be for beginners. Maybe. But, it doesn't resonate with me.

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### **Sheila Lord says**

Well it looks like I will have to acquire this book another way because I just went through my kindle and it isn't on there and it says it was downloaded on February 14th, so I don't know what happened but I don't have it at this time, but it is one I will purchase for my collection

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### **Tesha Ham says**

I would highly recommend this book to anyone interested in crystals and the information behind them. It has great in-depth information on the background, beliefs about each crystal, and the location in which the crystals come from or things those areas believe regarding their use, purpose, and feeling. Each crystal is pictured so that you can see exactly what is being talked about.

I received a free ARC copy of this title through NetGalley in exchange for a review. All thoughts and

opinions are my own.

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### **Kiera Lynch says**

I was given this book by NetGalley, in exchange of an honest review! Thank you NetGalley for the opportunity.

If you love Crystals and the idea surrounding it, then you'll love having this book in your collection. It's fun to break out when you have guest over to explain your crystal collection. It's also very informative and descriptive of what each crystal does. Some of my favorites are Amethyst, Citrine and Lapis. It's interesting to know that Cleopatra used Lapis in her breast plate to give her divine wisdom and truth. She also crushed it into powder and used it as eyeshadow.

As the author describes the power and energy each crystal boosts, they also provide a story of how a legend in history used these crystals to give them the power they desired, or the energy they wanted to gain. I recommend this book, for those who want to learn more about crystals in depth.

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### **Rebecca says**

As a relative newbie in this life to crystals and their uses, I found this a brilliant starter. The history was interesting and the structure of the chapters, focusing on each area of mythology was very useful for reference.

I have always been drawn to crystals and now I've got some ideas on which ones I'd like to buy first and use in my meditations.

I think this will be a great history and guide book for both beginners and more advanced practitioners of crystals. I loved it.

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