



Spiritual Liberation: Fulfilling Your Soul's Potential

Michael Bernard Beckwith

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What would we do if we truly understood the power we have within ourselves, the perfection of our inner being, and the transformation that awaits us? In this handbook for spiritual revolutionaries, Michael Bernard Beckwith challenges readers to search within for the key to unlock their future, preparing them for the great transformation that is theirs to experience. Each chapter is filled with insight into the divine blessings that all have been given. The book will show the reader that they are on their way to an amazing spiritual adventure. The book is structured around several core themes, which include: transformation; peace; abundance; and the habits of highly evolved people.

Spiritual Liberation: Fulfilling Your Soul's Potential Details

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Author : Michael Bernard Beckwith

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Erin says

I have to admit I became acquainted with Beckwith first as a motivational speaker while watching a program on PBS called "The Answer is You". His delivery was a bit like listening to your typical evangelical preacher, but with the twist that his topic was a little broader--I mean, in what evangelical church are you going to hear a sermon titled "the answer is you" rather than the "answer is (God/Jesus/Salvation/Redemption,etc.)"?

I checked out this book as a way to gain a better sense of where Beckwith is coming from and what his message truly is. When reading it you may be reminded of other popular books (like "The Secret"--in which Beckwith is quoted) that deal with similar topics, such as creating your reality through positive thinking and focusing on the abundance in the world. But I feel like this book kind of picks up where others leave off. In here, Beckwith offers meditative guides, background into spiritual practices (from Christianity as well as other world religions), and encouragement that change is possible. Really his text is a rally for everyone to jump on the "love train" (seriously, and I'm pretty positive he wouldn't mind me saying so).

He focuses quite a bit on discovering/embracing your natural "gifts", and (like Ruiz' "Four Agreements") on realizing that you have control over how you view your situation in life and how you act or react towards other people and circumstances--creating outcomes that will either uplift or undermine you and your aspirations.

While some of the chapters get a little redundant and while I don't 100% agree with all of the theology presented, I really appreciate what Beckwith has brought to the table. He is encouraging people to embrace life as an adventure, to keep learning, and to be conscious of our thoughts and actions in order to "be the change you want to see". Who hasn't sat around wishing things were different? Well, the bottom line of the book is that YOU are capable of making the difference. That is empowering to remember. Although, I think the toughest lesson in this book for me is one I've encountered before: "happiness is a choice". When I start to really think about that and consider it in regards to my current state, it's always an eye opener. Beckwith's lessons may not always be new or philosophically heavy, but they are honest, thought-provoking, and invigorating (an odd word choice, I know, but I found myself taking a lot of notes while reading and trying to internalize many of the concepts).

One final note, I am appreciative to Beckwith for some specific insights. In sections regarding connecting to your Authentic Self he discusses the Buddhist concept of discovering "your original face", which I thought was a really beautiful way of understanding "being" in an eternal sense. Also, I continue to reflect upon his notions of how to be a co-creator of your life and that there are infinite possibilities in every day.

Considering my high regard for many of Beckwith's passages, the only reason I didn't give this book more stars is because he is a voice in a veritable chorus of 21st century motivational/self-help/spiritually conscious writers & speakers. But, I'm thankful for his insights and contribution to the genre. Anyone seeking and uplifting and thought-provoking read that will challenge you to be a better YOU, will not be disappointed.

João Mendes says

Prior to reading this book, I had the unique pleasure of attending two services at Michael Beckwith's Agape Spiritual Center in Los Angeles. Reading Spiritual Liberation was like attending the service all over again. I felt a deep emotional and soul connection with this book. It made me feel welcomed and accepted, the same way I felt both times I attended Agape.

This is a powerful spiritual book that not only teaches the philosophy of Love but simultaneously brings you into harmony with love's higher spiritual vibrations. The book reads like an entrainment or meditational work. As you read it, you are being spiritually liberated.

Thank You Michael for this wonderful gift! I am forever indebted to your kindness.

João Mendes

Author | Musician | Humanitarian

Co-Author of **SOUND—The Fabric of Soul, Consciousness, Reality, and the Cosmos**.

Alan Araújo says

This book and Beckwith's message is simply amazing. Concise, powerful, to the point, down to Earth, non-materialistic. Yes he uses things from prior teachers (Ernest Holmes, Osho, Aurobindo, so forth), but I don't see that as a bad thing. His synthesis of all those teachings is unique. I particularly recommend the Audiobook narrated by Beckwith himself while driving in the car. He has blessed many of my morning commutes thus. Highly recommend this book for anyone in emotional/mental despair, those who are lost, and of course also those who have a good footing on their spiritual path.

Joseph Naus says

It'll change your life if you let it.

I've had "Spiritual Liberation" since 2008. It's been sitting on my shelf smiling at me like the Cheshire Cat. The first time I picked it up, I didn't get it. I had the same experience with all of Ernest Holmes' books, and they are now as close to me as my own hands.

If you've ever seen MBB speak, then you've seen something. Whether you believe what he's saying or not, you know he's channeling something, and you know he sure as heck believes what he's saying. He's incredible. However, sometimes, when I hear him speak, which I have many, many times, I'm so blown away I can't really recall much of the detail. I'm just left with the amazing feeling and the general theme. MBB's book resolves that problem for me, somewhat. It's much of his philosophy and teachings on paper. While I don't think Science of Mind is even mentioned (although EH is end noted), it seems to be rooted in SofM teachings, with some of the other great teachers mixed in (Ghandi, Buddah, MLK, Jesus of Nazareth), and of course, it's his own. I particularly love all the words he creates, e.g.. Anti-bored and Churchianity. It's effective and classic MBB.

Some of the book is abstract. He speaks often of the Ineffable. Like with all of these type of teachings, some

of it is for the heart and soul not for the logical mind. But some of it is rubber-to-the-road practical, like his four Cs of happiness and seven tenets of success. I love that he ends the book with a chapter dedicated to those who would go beyond self-helpism and into true life practice of spirituality. It is entitled, "How to Make It Through the Night: A Luminous View of The Dark Night of the Soul".

The Afterword by Robert Thurman notes a passage I highlighted, which I think serves as a synopsis of the theme of this wonderful work: "Transformation occurs when identification with the egoic self is dropped through a conscious realization of the Authentic Self."

Ozma says

This is a good book. I think the middle 3rd suffers from a lack of real examples to illustrate the guidance given. But it's a very spiritual book and is great to read if you want to improve yourself. These are some of the gems I can quote from it: "With the courage of a spiritual warrior, I enter my spiritual adventure armed with trust, openness of mind and heart, and surrender."

I also like this one: "Make me patient when I worry. Make me calm where there is strife. Make me loving when my heart is hard. Make me forgiving when I would be right."

There is a lot of mysticism in here, a lot of Sufi philosophy. Basically, after reading it, I wish I could sit down with the author and ask him a couple questions about how I can deal with things better!

Recommended for fans of THE SECRET; EAT, PRAY, LOVE; and Eckhart Tolle.

Beth says

Oh, you just can't get me to ever be critical of Reverend Michael. Ok, I'm biased since I attend Agape.

Missy says

Get this- It is so deep, powerful, and meaningful I can't even talk about it.

Noreen Auterio says

Love Rev. Michael. To know him is to Love him. Going to get his next work: True Abundance. HAPPY NEW YEAR!

Kate says

One jewel after another. Favorite parts:

When facing challenges in your life, ask yourself "What gift within me is seeking to emerge?"

"Anything from my past of a moment ago that would hinder [me] ... has returned to the nothingness from which it came. I do not have to coerce enlightenment to occur, I have only to welcome it..."

"As discursive thoughts arise that are not aligned with my intention, I calmly discard them without judgment. They have no power over me."

EVOLVED People:

* give thanks for what most people ordinarily take for granted (such as breathing, digestion, and other workings of the body; such as the colors and light of nature or the room you are standing in...)

* experience life as a celebration rather than a problem to be solved.

* choose happiness over drama.

Heather says

Loved this book. While some of it was a bit beyond for me (as in a tiny bit wo wo) I really loved it. He talks a lot about meditation in this book as well and I am adding that to my daily habits!

I actually listened to as an audiobook, read by him he has a great voice so it was extra enjoyable

Keshia says

This book was mildly interesting. The book seemed disjointed from chapter to chapter. There is insight to be found especially if you are new to new age thought but no new revelations if you've read other authors like Marianne Williamson, Eckhart Tolle, etc.
