



## A Course in Miracles Made Easy: Mastering the Journey from Fear to Love

*Alan Cohen*

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*A Course in Miracles* (ACIM) – the self-study spiritual-thought system that teaches the way to love and forgiveness – has captivated the minds and captured the hearts of millions of people. Delivering inner peace where fear and pain once prevailed, its universal message is unsurpassed in its power to heal. Yet many students report that they have difficulty grasping the principles or keeping up with the lessons. So even while they yearn for the spiritual freedom the Course offers, they put the book aside, hoping to get to it one day.

**Alan Cohen**, ACIM student and teacher for more than 30 years, takes the big-picture ideas of the Course and brings them down to earth in 22 concise, easy-to-understand chapters. Featuring entertaining examples, stories, and real-life applications, this unique, reader-friendly guide will prove invaluable to longtime ACIM students and newcomers alike.

*A Course in Miracles Made Easy is the Rosetta stone that will open doors for you to understand the Course and use it to generate practical, healing results in your life.*

## A Course in Miracles Made Easy: Mastering the Journey from Fear to Love Details

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Author : Alan Cohen

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## **From Reader Review A Course in Miracles Made Easy: Mastering the Journey from Fear to Love for online ebook**

### **Teresa Kout says**

I am so glad I made the choice to start with this book before wading into ACIM. By having an overview (and commentary) I feel better prepared for the commitment I am making to myself - even though I am 8 lessons into the workbook at this time.

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### **Chris Hyde says**

Interested in A Course in Miracles but can't seem to get into it? This is a great explanation of the basic teachings of the Course in Miracles. This book is short, easy to read, and an inspiration. Take your spiritual life and emotional health to the next level by reading this book. I will continue to refer back to this book over and over for years to come.

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### **Bob Harr says**

#### **Good explanation**

When I first tried reading ACIM years ago, I found it difficult to understand. This book translates the information into a level I can absorb.

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### **Christopher Miller says**

Most of us recognize the fact that we spend a lot of time every day worrying about the world and his uncle. The media sells its products based on the negative side of life. And, in the end, we are all going to die, so what hope do we have? Plenty!

Read the rest of my review here:  
<https://cdsmiller17.wordpress.com/201...>

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### **Kat Sullivan says**

Excellent precursor/primer to the actual Course In Miracles, and simply & understandably written. Much of the philosophy taught in this book & the corresponding Course in Miracles is already a way of thinking/living I ascribe to, so I admittedly was predisposed to being a big fan of the book.

This book is one that I will definitely revisit/reread again and again to remind myself of how to lead a fundamentally joyous and fulfilling life.

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### **Dean says**

Overall, this book seems to be a good, easy read as an introduction and basic overview of A Course in Miracles. It presents some of the more radical ideas in ACIM in an easy to understand format, with personal stories from the author.

I quite enjoyed some of the shorter, end chapters of the book, related to ego distractions, health, 'the end of the world', etc. I also liked the author's use of quick one-page notes on some of the FAQs that ACIM students have.

On the other hand, for some reason, possibly the writing style, or perhaps the 'motivational'/self-help spin on things, I found the book laborious to get through, despite its short length. There's a good amount of clique situations and stories thrown in, and I somehow get the feeling that the author's motivational coaching/self-help background comes through in places. No big deal, but just not my style of reading. I felt that some of the more profound ideas in ACIM, such as forgiveness, the holy instant, the dynamics of the ego & guilt, and working with the HS, were probably glossed over. The author really does motivate people to actually study ACIM (and do the workbook), but on the other hand, there will probably be the temptation for some readers to walk away from this book thinking 'OK, I got it all now.. no need to actually complete ACIM.. especially since this is all that it says'.

This would be a huge mistake, and taking the ego's bait (and switch).

Read this summary by all means, but do complete the Course as well.. there's a lot more to it than inside this 'Made Simple' introduction.

Still, kudos to the author (who seems committed) for writing this book that seems to have helped a good amount of ACIM students understand a little more, a little better.

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### **Dayna Reid says**

This book puts the study of a Course in Miracles in easy to understand, practical application terms. If you're curious about this subject, this is a great book to quick understanding.

Excerpt: When most people say "Get real," they mean Get small. Get limited. Get stuck. I am trapped in my little fear-bound world, and your expansive vision is threatening to me. So I demand that you grovel in the mud with me. How dare you rock my tiny world with greater possibilities!

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### **Maggie25 says**

This book and its teachings came into my life at the exact moment I needed it. My awakening process has begun. Life is Love. All else is an illusion made "real" by our ego which thrives on fear. Love yourself, love everyone, for we are all one ❤ The Holy Spirit lives within each of us for we are not separate but whole. One consciousness ❤ Love is the answer and the only thing that is truly real. Love yourself first and everything else will fall into place.

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## **Sarah says**

### **Superb summary**

After having a copy of ACIM for well over 20 years and being unable to read it, Alan Cohen's book finally made sense of it for me - and gave me "permission" to disregard the (overly Christian) language which had put me off it for so long.

This book does indeed make the concepts of ACIM seem easier to understand, and has given me the kick I needed to start studying it in earnest.

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## **Romeo Ballayan says**

I absolutely loved this book so much that I purchased the actual book that it stemmed from. I loved how modern he made the teachings from the book and how relative they were to modern day life. I have started the original and it is just so rich in content! I am loving the daily workbook as well. This is the right path for me! Exactly where I am at and what I was craving. The concepts are life of shall I say, soul changing! If you are ready, and you feel this is the journey for you, it will not disappoint. I took so many notes, I feel fulfilled, balanced, and clear. Definitely recommend!

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## **Jennifer Napolitano says**

I didn't actually read this book. I listened to it while walking on a nature trail. At first, I thought it might be a cheesy self-help book, even though it is based on the most incredibly profound work of writing I've ever known in my life. However, I gave it a chance and was glad I did. This book, like the Course it is based on, is radically healing and life-changing. I recommend listening to it over reading it, because the author has a beautifully calming voice. I intend to listen again and again.

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## **Heidi Gonzalez says**

I tried to read a Course in Miracles several years ago and really had a tough time. Since I wasn't raised Christian the Father, son and Holy Ghost thing sort of gave me some problems and I really struggled with it. I was hoping that this book would give me a better grasp on it and I was pleasantly surprised. The beginning didn't grab me at first but it peaked my interest and kept me reading, by about halfway through I was highlighting passages and finding "aha" moments. The epilogue is supreme and titled: "Everything you always wanted to know about A Course in Miracles but didn't want to have to read the whole course to find out" and it truly is a 14 point breakdown of the whole course. Wonderful food for thought that I will probably be returning to again and again.

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### **Amanda says**

I could've probably highlighted this entire book because it was all good! I agree with everything that's in this book and the philosophy behind A Course in Miracles. I wanted to try to read the original "A Course in Miracles", but after I saw that it was over 1000 pages I was discouraged from reading it. When I saw this book, which does make it really easy, and is much shorter, and probably a lot easier to understand, I knew I had to read it. This book is eye-opening and confirms many of the things I've thought about the fact that we are all connected and one with God, we should choose love over fear, and that the end of the world is not something cataclysmic but in fact an awakening and an end to how we currently see ourselves and the world.

There were so many quotes in this book that I loved. Here's one of my favorites:

"You thought you were here to get stuff, prove yourself, and find people to love you. Instead you are here to get peace, be yourself, and find people to love. You thought you were here to fix the world. Instead you are here to appreciate what is before you and see the world through new eyes. You thought you were here to teach, while you are here to learn. Ultimately teaching and learning are one. You cannot teach without learning and you cannot learn without teaching. When you teach only love, you learn only love. Then you graduate from the school of illusion and accept the diploma of inner peace, the real degree we are all here to attain."

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### **Anne De Santis Lopez says**

What an amazing read! Alan Cohen takes complicated concepts and makes them tangible.

I like the consistency In his message with Marianne Williamson I almost forgot I was reading his words and not hers

To me - that's an indicator of the message of the ACIM text and the purity of those who can share the message of the text

This book help shift my perspective and gave me renewed hope! Definitely would recommend

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