



Coloring Books for Adults Volume 2: 40 Stress Relieving and Relaxing Patterns, Adult Coloring Books Series by Coloringcraze.com

Adult Coloring Books Illustrators Alliance

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Coloring books aren't just for kids anymore. Nowadays our lives become busier and more complicated. Technology escalation moves us through waves of emails and social networks' notifications. This constant stimulation of expectations, obligations and stress has left us burnt out and distanced from the joys of the present. Finding a moment of calm can be a challenge.

Recently, coloring has been discovered a wonderful activity for anyone who wants to relax, de-stress and release mind from overwhelming thoughts.

The growing popularity of adult coloring books proves its positive simplicity and being a trendy way to find yourself focused and unwind from the hectic pace of modern life!

Channel stress and anxiety into artistic fulfillment. Escape to the world of inspiration suitable for both, beginners and advanced colorists, anyone who loves coloring joy. There are no instructions, no rights or wrongs, and there is no need for expensive art supplies. Color in any way you wish to create unique and exquisite pieces. Coloring can benefit those who find it difficult to discover their inner artist when faced with a blank page.

Switch off and lose yourself in the flow of coloring. The book features animals and florals filled with fanciful mix of devious forms, swirls, flowing lines and geometric prints. It ensures hours of entertaining mental relaxation.

Take your time, bring the color and let your imagination run free! These amazing, intricate arts are ready for you to add your own special touch.

Features: 40 beautiful, stress-relieving patterns, designed to engage and spark imagination to unleash your inner creativity. Different levels of detail, from easy to difficult (for different eyes). Pick a picture depending on your mood and start your de-stressing journey. Printed on large 8.5x11 high quality paper. You'll have plenty of space to be creative and work on the details. Each drawing is printed with the reverse side blank. When you are done, you will have unique piece of art, worth framing and displaying. Perfect for decorating with colored pencils, gel pens, markers, porous point pens or crayons. Share your coloring passion. Give your friend a gift of relaxation or sit and enjoy it together. You don't need creative experience. If you find it difficult to discover your inner artist - you will still benefit. Coloring alone is calming, just add color! Check out what others are saying..."I have found out that it doesn't matter what I am coloring, the coloring itself is very calming." - Sandra

"Good activity for a tea with friends, great stress reliever after hours of corporate work!" - Jacob

"I get every release from the series, designs are original and the books are not overpriced like some of the others." - Elizabeth"

*Please note that if you are using markers or gel pens, consider using scrap paper behind the page you're coloring to prevent bleed-through.

Tags: adult coloring books best sellers, coloring books for adults relaxation, artists illustrators, flowers mandala fantasy, zentangle coloring book, animals geometric, stress relieving patterns, coloring pages for

adults meditation, dream catcher happy balance wow, stress relief coloring book, really cool relaxing colouring, doodle invasion, mindfulness meditation, nature mandalas coloring books for grown

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Dreamer says

40 stress relieving and relaxing patterns to colour. Great for artists of all levels and ages.

Jeff Ezell says

Like it

Have marked many to color. Not started yet. I like the variety, not a lot of tiny spaces to color.
