



The Science of Nutrition

Janice Thompson, Melinda Manore, Linda Vaughan

[Download now](#)

[Read Online ➔](#)

The Science of Nutrition

Janice Thompson , Melinda Manore , Linda Vaughan

The Science of Nutrition Janice Thompson , Melinda Manore , Linda Vaughan

For introductory Nutrition courses for Majors." Helping students navigate nutrition's tough topics for a deeper understanding "The Science of Nutrition" offers the best combination of text and media to help students master the toughest nutrition concepts in the course, while providing the richest support to save instructors time. This best selling, thoroughly current, research-based nutrition text is uniquely organized around the highly regarded "functional approach," which organizes vitamins and minerals based on their functions within the body and is easily seen in the organization of the micronutrient (vitamin and mineral) chapters. The Fourth Edition enhances the student learning story with greater incorporation of learning outcomes throughout the text; an increased visual impact with the inclusion of new Focus Figures, including Meal Focus Figures; and a strong media story with new assets in MasteringNutrition, including revised nutrition animations. Important hot topics and new research such as the latest dietary guidelines and Nutrition Facts panel, a revised global hunger chapter (to incorporate more coverage of domestic issues, including sustainability and environmental impacts, food equity, politics, etc.), and updated science and source information make this one of the most current texts on the market today.

Also available with MasteringNutrition™ This title is also available with MasteringNutrition an online homework, tutorial, and assessment program designed to work with this text to engage students and improve results. Interactive, self-paced tutorials provide individualized coaching to help students stay on track. With a wide range of activities available, students can actively learn, understand, and retain even the most difficult concepts.

Note You are purchasing a standalone product; MasteringNutrition does not come packaged with this content. MyMathLab is not a self-paced technology and should only be purchased when required by an instructor. Students, if interested in purchasing this title with MasteringNutrition, ask your instructor for the correct package ISBN and Course ID. Instructors, contact your Pearson representative for more information. If you would like to purchase both the physical text and MasteringNutrition, search for: 0134166000 / 9780134166001 "The Science of Nutrition plus MasteringNutrition with MyDietAnalysis with Pearson eText -- Access Card Package" Package consists of: 0134175093 / 9780134175096 "Science of Nutrition, The" 0134323122 / 9780134323121 " MasteringNutrition with MyDietAnalysis with Pearson eText -- ValuePack Access Card -- for The Science of Nutrition"

The Science of Nutrition Details

Date : Published January 17th 2016 by Pearson (first published January 2nd 2007)

ISBN : 9780134175096

Author : Janice Thompson , Melinda Manore , Linda Vaughan

Format : Hardcover 976 pages

Genre : Health, Nutrition, Textbooks, Academic, School, Science

 [Download The Science of Nutrition ...pdf](#)

 [Read Online The Science of Nutrition ...pdf](#)

Download and Read Free Online The Science of Nutrition Janice Thompson , Melinda Manore , Linda Vaughan

From Reader Review The Science of Nutrition for online ebook

Fanta J says

this book was bore to read, but the author did a decent job. the information is easy to understand and the class is a Easy A, not to mention the education is useful in your daily life. The Science of Nutrition

Andrea says

This is an awesome book. Hands down this is my favorite textbook. It's easy to read. If you have an interest in nutrition, this is a must have. I'm honestly recommending it to nearly everyone(which I don't do lightly with nutrition). The first chapter is a basic overview of nutrition. The rest is in depth nutrition.

Jann says

It was great as a textbook, very in-depth and easy to use. It's one I'm keeping for future reference needs.

Lani says

For a school textbook it was really interesting and laid out in an easy to read and understand manner.
