



# **Mending of a Broken Heart: The Nature of Meaning and the Purpose That Gives Life Hope**

*James Michael Castleton*

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Are you struggling to find meaning in your life? Understand your true purpose and forge a path from heartache to hope.

Has personal disappointment turned you into a doubter? Does God feel distant, uninterested or uncaring? Do you feel out of touch with His love? An award-winning physician, Dr. James Michael Castleton has helped countless patients. Now he offers his insight, hard-earned from his own hardships and spiritual journey, and those of his patients, to help you in yours.

In a series of spiritual meditations, journal entries, theological commentary, and memoir, *Mending of a Broken Heart* translates timeless Biblical teaching into the practical principles you need to live a more deeply satisfying life and find the contentment you desire.

In *Mending of a Broken Heart*, you'll discover how to:

- Find meaning in every moment
- Find deep satisfaction through giving of yourself to others
- Tell the difference between happiness and meaning
- Navigate through times of suffering with grace and godliness
- Understand God's love in a way that rejuvenates your relationships, and more!

Walk with a gentle guide as he shows you how to surmount hardship and emerge stronger in spirit, heart, and hope. If you enjoy the searching reflections of Henri Nouwen, transcendent journeys like *The Shack*, and poetic reflections, then you'll love Castleton's uplifting book.

Get *Mending of a Broken Heart* today and see your life in a new light!

## **Reviews:**

"His insight ... rings humbly and true ... Rich in metaphor, *Mending of a Broken Heart* is heartfelt, poetic, and beautifully written, offering wise reflections on the nature of life, death, suffering, and trying to find our way through an often-challenging world. Readers of Robert Wicks, C.S. Lewis, and Henri Nouwen, will find much to appreciate here."

— **BlueInk Reviews**

"graceful" ... "an elegant and weighty theological memoir."

— **Kirkus**

"A search for answers to timeless questions leads to enlivening theology from a lay perspective ... Familiar concepts are eloquently drawn to show the need for God ... Nearly aphoristic gems reveal a talent for distilling complexity. The theme of agape ... build[s] a case for seeing others from a radical perspective ... God is portrayed in the multifaceted and challenging way that the topic deserves."

— **ForeWord Clarion**

## **Mending of a Broken Heart: The Nature of Meaning and the Purpose That Gives Life Hope Details**

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# **From Reader Review Mending of a Broken Heart: The Nature of Meaning and the Purpose That Gives Life Hope for online ebook**

**Kerry Pickens says**

This is a personal account of a Christian physician religious beliefs, and how these studies helped him cope with life. I am Jewish so I didn't get much out of it. In fact he seems confused to me when he refers to the God of Israel and then a messiah (Jesus). Doesn't make any sense if you know anything about Judaism.

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**Susan says**

I won this book through Goodreads. Lots of easy and practical advice. Great read

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**Susan Saeugling says**

I loved this book It was better than I expected. I recommend it to all my friends and passed it on.

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**David says**

A well-written book for people who like inspirational reading with a religious tone.

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**M. says**

The author's exploration of life and a very good read.

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**Debra LeBarron says**

This is a good book too.

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**Sue Nehme says**

Excellent read! The heart of the author is in every page of the book. If you love God, you will savor every page!

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## **Diane Edbauer says**

I received *Mending of a Broken Heart* from the Goodreads lottery. This book is a theological memoir of the author's journey to find God and meaning of his life. His story is told through personal experiences and poetry. If you like exploring the meaning of life, you will like this book.

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