



Soul DNA: Your Spiritual Genetic Code Defines Your Purpose

Jennifer O'Neill

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What if you were never taught limitations as a child, what would your life be like now? Would it be different? What if you grew up knowing whatever you wanted to accomplish in life would just happen? Simply by putting the intention out into the Universe it would manifest itself into your life. Would you be in a different career? Would you be happier? Sounds almost too good to be true doesn't it? I would like to introduce you to Soul DNA. Built into your Soul DNA is the knowledge of how to bring into your life everything that you desire. In your natural state of existence it is common knowledge. When you read Soul DNA it will open your mind, helping you to understand endless possibilities

Soul DNA: Your Spiritual Genetic Code Defines Your Purpose Details

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Silas says

This was a little disappointing, as I had an idea about a possibility of a spiritual dimension of DNA, and thought this was about that very thing. Unfortunately, the title was just a catchy title, and the book was a more or less unrelated explanation of the ideas of the Law of Attraction and the author's ideas about past lives and psychic powers, having little to do with DNA. I guess that means I could still pursue that idea I had, but this book, while reasonably good as a general self-help book, didn't deliver on its title.

Kristine Vigil says

Some of this was helpful

I found a lot of the stuff in the book to be trash the way it was described. However, after changing it a bit to fit with my beliefs about the world the book was helpful in a lot of ways. I will probably read it again in a few months to try to digest some more.

Mary Drummond says

Very deep but easy book to read and understand. Very calming, rejuvenates your sense of being.

Betty Hart says

Soul DNA: Your Spiritual Genetic Code Defines Your Purpose by Jennifer O'Neill is a powerful book that describes the knowledge of how to bring into your life everything that you desire. Most of us were raised to take what you get. But, Jennifer is saying you can manifest what you get by putting your intentions out to the Universe. Jennifer made a believer out of me. It opened my mind to possibilities I had never known. It opened my heart to the Universe and what it can do for me. A life changing book if you have an open mind. I loved this book. It has made a difference in my life.

Nicolene says

I found this book to be a chalk and cheese combination. There were parts that I really didn't like. certain parts, I found parts to be quite judgemental which in turn surprised me as that was the exact opposite of what the book was generally about. The other half was great, parts (and certainly the statements in italics) spoke directly to my soul.

Richard Fitzgerald says

The author of this book asserts unsupportable positions with no greater authority than the claim that she was taught these things by her spirit guide who stayed behind in the spirit world when she decided to reincarnate into this world to learn a little more. It is amusing that she thinks she comes here to learn more for the spirit world, but needs to be guided by the unlimited resources of the spirit world she claims to have come from to this world. The entire book is silly and fantasy.

JeanKP says

Past lives, not somuch

Since I am a, believer in Jesus Christ, I am not a believer in past lives nor reincarnation of the human being in the way this book presents it. The Bible teaches the way and purpose of my life. Free. Was a correct price for this untruth, based on scripture, the real truth.

Rosie Amber says

I have an interest in discovering more about ourselves, so I do love a book like this where you can ponder on your own make up in life and your own destination. What makes you tick and what can make you tick better. It's all part of a journey we are all on. This book looks at life paths, money flow, energy flows, laws of attraction and plenty more to wet your appetite. I found it a good source of inspiration.

Curly Brace says

This book has a very preachy vibe to it... The author simply blatantly tells us how it is without actually giving any facts or even a discussion. If you are interested to hear someone else opinion that they pulled out of thin air, then this is a book for you.

Ally Atherton says

Soul DNA - Your spiritual genetic code defines your purpose- is a fascinating little book.

I have always been interested in religion and spirituality and am one of lifes more inquisitive souls. Give me any TV programme or book that even slightly touches upon the meaning of life or religion or spirituality or philosophy and I will be there with my ears pricked up like an Alsation.

I consider myself to be open minded when it comes to anything of this nature and I have one foot in the real world and the other tentatively placed on more imaginative and speculative plains. But what I loved about

this book is that it is not just about Soul DNA and soul consciousness and reincarnation, for me I found it to be very much a life changing self-help book!

Jennifer O'Neil has managed to produce a book that introduces spirituality in an accessible manner and it is full of helpful (well I found them helpfull anyway) life tips that I'm sure a lot of people will find incredibly useful. I am sure there are a lot of skeptics out there that would consider this kind of stuff as a load of old codswallop but Soul DNA made me think and I found it fascinating and very helpful. The chapter about finding a happy perspective was especially helpful. 4/5

Susan Troiano says

The author wasn't telling me anything new that I haven't heard already.

Robin Plautz says

Loved this book

The book is a constant reminder of how we are in control of our own lives. I loved the Pursuit of Happiness section with the Spiritual Laws. I am also going to buy that book for a few of my friends. It is so true on how we should be living. It was another helpful reminder on how I should be living my life.

Christine Cunningham says

This book delves into the more esoteric side of life. The author, a self-proclaimed psychic and spiritual teacher, takes readers through a series of chapters that explain how life as a physical and spiritual person can be improved.

I truly enjoyed the message throughout this book. The nod in the direction beyond meditation and Law of Attraction sincerely spoke to me. I love how stories are sprinkled throughout the text, and the author even shares some personal experiences. I am always in pursuit of information, and this book gave me some excellent exercises to try.

I would recommend this book to those who question life beyond the physical or who need the assurance that psychic abilities are at everyone's beckon.

Sandi Barnes says

Not the book for me. I am a mortal being, not immortal -- The soul that sinneth, it shall die -- Sorry, just do not believe my soul goes on to become someone else's soul, it hasn't been through multiple past lives. Early on in the book, I realized this was not a book for me, but I was reading it to satisfy a couple reading

challenges so I stuck with it. Unfortunately, that translates as a one star rating (and that is really being generous but since there isn't an incremental star rating system on Goodreads, I'm forced to give it a full star. I guess that doesn't make me generous after all.)

Fiona says

Soul DNA talks about how we are all essentially spiritual beings here to learn certain lessons or have certain experiences as part of our physical existence on earth before returning to the spiritual realm.

In a concise, easy-to-read format, Jennifer O'Neill describes for us all of the potential and resources we have at our disposal if we make a conscious effort to access them. Doing so, she assures us, will result in a big change in our lives for the positive.

Much of what O'Neill says makes so much sense and there were parts that resonated strongly with my own experiences however, as others have noted, the author's writing style can be somewhat judgmental and preachy at times. This grated for me and seemed incongruous with the ideology behind the book.

A quick read, perfect for those who are new to spirituality or anyone who has ever questioned why we are really here. I would have liked to see a little more depth to the ideas in the book personally and am keen to check out other works by this author.
