



Dancing Through Life: Steps of Courage and Conviction

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Candace Cameron Bure has grown up before our eyes and we've watched as she's balanced life in Hollywood with her faith for many years. But that all reached new heights when she was given the opportunity to join the cast of *Dancing With the Stars*. Being on the show was one of her dreams come true; and with that dream came the opportunity to display her Christian faith in front of millions of people, through an intense season of stretching beyond her limits, and to run the race God gave her with joy and perseverance.

Join Candace as she reflects on the self-discovery that came through leaping out of her comfort zone. Go behind the scenes and experience the highs and lows, the roadblocks, and the personal victories. Hear straight from her heart on tough lessons learned about grace, rejection, perfectionism, disappointment, accountability, dealing with criticism, and more. Through God's strength, and with the help of endless support from her family and friends, see how Candace stayed true to herself and publicly lived out her faith in Christ all the way to the finale.

How do you stand with conviction in your world? Where does your courage come from when faced with challenges? How do you live out your faith on a daily basis despite opposition? Your stage probably isn't in Hollywood and the challenges you are facing may not be on live television, but they are no less real. Come along with Candace as she shares how she found the courage to stand with conviction on one of the largest platforms of her life.

Dancing Through Life: Steps of Courage and Conviction Details

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From Reader Review Dancing Through Life: Steps of Courage and Conviction for online ebook

Becky says

Growing up in the 90's, I, like many of my peers, absolutely loved Full House. Though I was closer in age to Stephanie, I identified with D.J., and I really admired her portrayer, Candace Cameron. After the show ended (which crushed me, by the way), Candace married and stepped out of the spotlight. I sort of loosely kept up with her throughout the years, and then she began appearing more regularly on Hallmark films (which I'm a sucker for!), so I started paying more attention to her and her faith. Then she signed onto Dancing with the Stars, and I faithfully watched. Dancing Through Life details her time on the show.

I really enjoyed Dancing through Life. While a portion of each chapter traces Candace's Dancing with the Stars journey, the rest of each chapter is dedicated to the lessons Candace learned each week, and she shows how those lessons applied to her own life and can apply to other Christians.

I thought Candace came across as very relatable. Yes, her life is far different from mine, but the way she opened up about her struggles made her feel like any other Christian woman who is trying to do the right thing. I also found myself challenged by her; if she can share her faith and stand by her convictions in Hollywood, surely I can do the same in small town Nebraska!

Of course, I very much enjoyed the behind the scenes look at Dancing with the Stars—I've been watching off and on since the first season, so it was fun to see some of the inner workings of the show. I'm glad I had the opportunity to read Dancing Through Life, and I highly recommend it, especially for Christian women who love Full House or DWTS! 4-1/2 stars.

Disclosure of Material Connection: I received this book free for review through Icon Media Group. I was not required to write a positive review. The opinions I have expressed are my own.

Jan says

Fast read. I'm a fan and really enjoyed it but not sure non-fans would.

Amanda Cain says

I've mentioned in the past that I love Full House. And Candace Cameron Bure.

After reading her first two books (you can read my review of her second book, Balancing It All here), I was excited to read her newest book, Dancing Through Life.

Giving an inside-scoop on what her time on Dancing With The Stars was like, Candace shares how each step of her journey shaped her, and how she learned to stay true to herself, live with conviction, and show love to those around her.

Written with incredible wisdom and humor, I found *Dancing Through Life* to be insightful, encouraging, and fun to read. And while easy to read (I read it in one day), it is not simply an attempt to paint her life as all perfume and pretty dresses—Candace shares some of her personal struggles with identity, finding balance in life, and learning to break free from the shackles of chronic people-pleasing and simply dance for an audience of One, on and off the dance floor.

I particularly enjoyed Candace's discussion of modesty in *Dancing Through Life*, as it was a refreshing perspective that was concerned with more than hemlines and necklines.

I would highly recommend *Dancing Through Life*, and believe it is Candace's strongest book to date, and I look forward to reading her future work, and sharing it with friends. I would give *Dancing Through Life* an "A".

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Rebecca Jo says

OK... everyone that knows me I love 2 things in this life. Jesus & Dancing with the Stars.

You think I'm joking.

It's true.

So you have to know that this book was just made for me to devour.

I so loved when Candace Cameron Bure was on DWTS in Season 18 & the faith she showed - getting Jesus name out for the whole word to hear. She carried herself so well during that season & loved she made it to the finals.

This book is just a glimpse of her experience with the show, what happens behind the scenes & little glimpses at what we didn't see. This even made me like Mark even more as we got to see deeper into how he was the partner leading Candace on this journey.

But what makes this book so cool, as every dance goes on, she finds a way to connect it with a growing spiritual thought for us all to learn from in areas of our own lives. I loved the blend of the worlds & the teachings from this.

I smiled throughout the book at the scripture used & how it all applied so perfectly to the experience she went through on the dance floor... & even had tears come to my eyes reading parts. The chapter where Candace messed up & Mark was talking her through the dance & encouraging all the way? ... my favorite chapter of the book....

If you love Candace - if you love DWTS - you can't pass up this book!

Lacey says

Confession #1 I watch dancing with the stars. It's a guilty pleasure of mine.

Confession #2 I can't wait for fuller house to premiere on Netflix. I also watch Full House reruns.

Okay, now that I've confessed I can give my thoughts on this book. I had moments where I loved this book, and moments where it kind of made me cringe. I loved how honest Candace is in this book. I loved learning about her faith in Jesus and how she relates that to everyday life. I loved learning about some of the ins and outs of Dancing with the stars. I loved how normal Candace seemed, for being a celebrity. I loved how devoted she is to her religion.

The parts that made me cringe a little bit was the writing style. Being a Christian myself, I at times found the way the book was written come across preachy. It wasn't anything about her beliefs personally, more the way it was written.

However, that is easy to overlook, and is not necessarily a good reason to not read this book. It is refreshing to see someone in the Hollywood scene stand true to her beliefs and herself. She brought up many valuable lessons that can be learned through our thoughts and mistakes. I loved how she said that in order to achieve perfection, we should not be looking at her, as she is far from perfect, but we should be looking to Jesus Christ.

Heather says

Bure shares a core message of standing on conviction no matter if the audience is one or one million. She gives us a glimpse into the boundaries she set even before the first DWTS rehearsal. Boundaries and convictions constantly tested, yet never stretched or broken during her time on the show.

As I read the pages of DTL I felt as if Bure and I were sitting in a coffee shop having a conversation. Her enthusiasm and joy is contagious, refreshing, and honest. I found myself giggling like a school girl even though my iPad wasn't giggling back (I'm sure there's an App for that.). And on more than one occasion a joyful tear or two splattered my screen.

DTL is a beautiful reflection of Bure's time in the Word. It is saturated with Scripture, none of which feels forced, cheery-picked, or out of place. Each Scripture seems to have been placed in pages of Bure's heart before she placed it in the pages of her book. A testament to a woman after God's own heart who's true desire is to be salt and light.

I did not want DTL to end and I highly recommend Dancing Through Life to anyone who is looking for encouragement or even just a great read!

Melody says

Having read and appreciated Candace's previous books, I knew that I would take the time to read her latest, Dancing Through Life. I told myself when she was on Dancing With the Stars that I would watch every

week, vote, and root for her. I say this every season for every star that I "love" with the most. Watching usually doesn't last long as I watch a ton of scripted TV but she was always in my prayers and I continued to root for her and vote. So it was absolutely fascinating to read this memoir and get her take on the experience week by week. What a break down! I devoured this book in two sittings! Would have been one if I hadn't started reading before work.

If you're looking for juicy scoop in this book, look elsewhere. The behind the scenes action for Candace's journey was truly a battle of the mind. This was a dancing competition but it's just as much, if not more of a mental competition as well and the competition is between one self. I love how Candace shares this journey of conviction, this tug of war with fear and confidence and getting to the root of it all. Her candor, her humility is what I love so much about her books. She's on this walk of life just like the rest of us and she uses her platform to show the grace that gets her through it all and that is beautiful.

It really was beautiful to read. It was refreshing to hear an actor candidly admit that they are used to hearing (and professionally speaking, crave) praise and how problematic that became as 1) a perfectionist and 2) a human being. It might be eye opening for some to hear about her being overwhelmed, switching from a taped TV set or closed movie set to a live show format but in that she talks about accepting the challenge and using this opportunity to let the Christ in her shine in front of millions like never before. I greatly appreciated how much she talked about the unhealthy and unrealistic standards many Christians hold each other and/or themselves up to and how damaging that is but that it is possible to rise above that nonsense. Candace touched beautifully on the beauty within and letting God's beauty within us shine.

She talks about the fear of failure, about success, having the right attitude and choosing joy, the power of grace, and she gives an abundance of truth bombs if you will. I admit, I got teary eyed reading chapter ten. All I will say is, God is always there. He is always there. And that's really the underlying theme throughout the book because the title says it all (Steps of Courage and Conviction) but it all comes down our being in Christ, Christ being in us, and shedding a light on that. Talk about an encouraging word.

I was truly amazed by this journey and blessed by the words in this book and would highly recommend this to anyone looking for a good encouragement, no matter your faith or DWTS viewing habits. This is a quick read filled with so much goodness and I truly believe that there is a message in here for you that will take a weight off. It sure did for me.

Sharon A. says

I enjoyed watching Candace on DWTS; especially how she was able to live her faith and still be true to the competition. My lower rating is because I was wanting more of the behind-the-scenes stuff; this is about 30% about her time on the show and about 70% devotional. That's fine, and she's a great writer, but as a big fan of the show I was left wanting more.

Lindsay says

Maybe I would've liked this book more if I was religious. I have nothing against religion and most of my family and friends are religious. But this book drove me crazy! I kind of felt like she was so worried about how she would look to others and staying true to God that she was never herself.

Throughout the book she kept making it sound like since she's a wife and mother that she can't be sexy. That's absurd! What kind of example are you setting to girls who look up to you if you are giving the impression that you can't be a good wife and mother and be sexy all at the same time? I'm not saying that you should go all slutty JLo, but stressing out over a Little Mermaid costume because it's going to show your middle is crazy. I'm all for modesty, but you're on a dancing show, it's ok to show a little skin. Do what makes you comfortable.

I was also annoyed with her whining about never having time for her kids. Welcome to the real world! Parents work and can't always be there. Your kids will understand. If my mom had to go away for three weeks to make thousands of dollars, I'd survive. It's not going to be forever.

And you shouldn't preach about how eating healthy is important to you when I just saw on Instagram a few weeks ago that you do juice cleanses. That's not healthy.

If she's happy in life, good for her. But personally I think she sounds like a party pooper.

Susan Wojtas says

Hmm....I'm thinking this is slightly higher than a 2 star for me but, not by much. I like Candace even though I don't share many of her views. I read her book Balancing it All last year and liked it well enough, but this one was kind of messy. It seemed to go all over the place in each chapter. I know she likes to incorporate her faith into her books, which, even though I don't follow the same faith as her doesn't really bother me, but in some places it just didn't really mesh with what she was writing about as far as her time on DWTS goes. In some places it did, but in others it was distracting. I notice she had a different co-author on this book so maybe that was part of the problem. It was an okay read.

Amanda says

Candace is one of those celebs I have an inexplicable fascination with. I'm a terrible catholic, so I'm not even one of her rabid Christian followers. I just find her strangely fascinating.

This is the best of her books, though still nothing brilliant. It's the most "God-heavy" of them, but that didn't annoy me much (after all...you kind of know going in to this book that you're gonna be hearing about God). This one was definitely the best edited of her books and offered the most insight about her. Her first book ("Reshaping it All") was particularly dreadful..."Dancing" is a tremendous improvement. She seems to pick a better co-author each time.

I'd recommend this to other weirdo Candace fans like myself. If you're looking for solely a Dancing with the Stars book, the bible-thumping will drive you mad and you'd best skip this one.

Winter Sophia Rose says

Real, Encouraging, Honest, Heartfelt & Insightful! A Beautiful Read! I Loved It!

Heather Fineisen says

This is a chronicle of Cameron Bure's stint on Dancing With the Stars and how she used it as a platform to maintain and share her faith. It is an interesting look at DWTS as well as a compelling journey of her testimony. There are some good biblical references here, Esther and David, for example. This is more about her testimony than her dancing. Regardless of faith, it is an interesting look at the celebrity's beliefs and the show.

Copy provided by Publisher and NetGalley

Jodi Cox says

Enjoyed reading this book! I was so impressed with the way Candace can relate to all of us at different levels and tie scripture in to help us understand that, though people watch us, our journey is ultimately between ourselves and God. Engaging stories about her time on the Dancing with the Stars show will keep you turning the pages with an increasing admiration for what it takes to stand firm for your beliefs in our culture today and what a good example of that looks like. Highly recommend this book!

Sarah says

The authenticity of this book was palpable. The voice from Bure is not of an unrelatable Hollywood type. Even though she is a nationally known actress and New York Time's Bestselling author, she never places herself on a pedestal talking down to her audience. She reveals her encounters with deep-seated matters that were brought to light through her journey on DWTS. One that most of us can relate to is the fear of disappointing others.

I expected this to be an enjoyable memoir type of read, but was surprised to find myself growing throughout the book, learning lessons with Candace. One that really sticks is that living life with conviction isn't easy and it doesn't always feel rewarding. Candace took the stand on DWTS to dress modestly which many Christians respected, however, there were some who said her dress was not modest enough. Some inappropriately lambasted her for what they saw as a violation. While on set, she was having difficulties in the dressing department, ensuring there was a little more fabric on the attire they presented her. Some teasing comments were inserted from the crew because being modest in the Hollywood arena is a little unusual. Who knew?

On a similar thread, Candace speaks candidly on the virulent attacks she's faced on social media (both while on the DWTS and off). She sends off an update with a click of the button, and with only a short time elapsing, she returns to her social media networks to find a war zone. Malicious commenters are berating her, then there is the opposing force blasting the ones who are targeting Candace. What's worse is that both dueling parties are usually people who wear the title "Christian." Candace laments on how this could only deter people from the Christian faith, and how she's had to shake off the criticism over the years.

She uses three Biblical points to caution why this approach isn't the best. This section of respectfully wise boundaries would be good for anyone with a social media account to read- not just out of respect to the celebs, but to anyone's own personal social media networks. I love her quote on trying to please others:

“I decided that I’d rather be the best Christian with all my flaws and be true to my walk than to live my life so that other people will feel like I’m making the right choices.”

You can zip on over to <http://inkblotsofanidealist.com/danci...> to read the rest of the review. See you there! :)

I received this book for free from B&H and the opinions I have expressed are my own. I am disclosing this in accordance with the Federal Trade Commission’s 16 CFR, Part 255 : “Guides Concerning the Use of Endorsements and Testimonials in Advertising.”