



A Life, Freed

Tracy Hewitt Meyer

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On her own for the first time, Rowan Sloane is no longer waiting for the future. She's living in the present, and relishing every minute of it. She has a new boyfriend. She is helping best friend, Jess, raise her five-month-old son, Jacob. And she continues to work as Assistant Manager at the animal shelter-all while settling into her first semester of college. Rowan's stars are aligned and she's not looking back.

But all is not as golden as it seems. Being a young mother is too much for Jess to handle, leaving Rowan to shoulder much of the burden of raising Jacob. Trina becomes involved in a religious cult, causing Rowan to fear she may have lost her sister forever. And her mother has a new psychiatrist whose goal is to get Rowan into therapy, forcing her to deal with her mother, and the past, once and for all.

Adding to the rising turmoil, Rowan's first love, Mike Anderson, returns, and wants to see her. She is surprised how much she wants to see him, too. But his sudden reappearance makes her wonder if there is room in her future for the boy with the pine-colored eyes or is it too little, too late?

As the winds begin to stir, threatening to send Rowan's carefully-built life into a tailspin, she must search deep inside herself to discover what she truly wants. Will soul-searching help her achieve that elusive sense of peace and family she's always craved or will the pain of the past prove too great?

A Life, Freed Details

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Author : Tracy Hewitt Meyer

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From Reader Review A Life, Freed for online ebook

Abbie says

Actual rating - 3.5

Jess made things really difficult for Rowan in this book, so I felt sorry for her again.

This was another good book in the series, and I liked how everything finally started to work out for Rowan.

Kattie says

I received this book for free in exchange for an honest review. This is book 3 in the Rowan Slone trilogy. I am glad I finished the series. Poor Rowan just has so much going on in her life. Just when things seem better, things get hectic again. This book follows book 2. Rowan and Jess live in a small apartment above Tanya (Rowan's counselor from high school) with Jess's baby Jacob. Tanya is their friend now (she was not that much older than them) but still gives them guidance on a pretty regular basis. See the rest of my review on December 12 at www.vivacioushobo.com

Lisa Shambrook says

This is the third and final book in the Rowan Slone series and I, again, got caught up within her life.

Nothing is ever simple in Rowan's life, and even when she thinks she's on an even keel her boat hits stormy waters. Now she must stay afloat when all around her begin to collapse. She must support her best friend, Jess, and help her cope with her young baby, while she, herself, struggles to complete college work, hold down her job, and face her past once more.

I love Hewitt Meyer's ability to entwine description into the story, to bring moments of beauty to moments of despair. This book will dip into each of your senses as Rowan tries to pull her life out of a tailspin. The writing is clear, crisp and emotional, and once again Hewitt Meyer will tug at your heartstrings.

If you want a true-to-life YA novel, this is it, Rowan Slone tackles real issues and you'll empathise. Another

great page-turner and a fitting close to Rowan's tale. I'm looking forward to more from this insightful, gritty, and heart-warming author.

Joooo Hooligan says

I was given a copy of this book in exchange for an honest review.

I really enjoyed this entire series and I'm having a hard time putting my thoughts into words.

There was SO MUCH DRAMA, and I loved it! I'd feel guilty for saying that, but I'm totally not ashamed. Every time Rowan started to put her head above water, a wave would crash over it.

Which is exactly what kept me glued to the story. I love drama!

The characters are great, and even though there's a good deal of them nobody felt like a filler to add pages.

Although Rowan's sister still pisses me off.

As someone who has dealt with some similar issues as her, it was a relief to see someone struggling. It makes it more real, because a lot of people write it off as just a thing someone experienced. (I wish I could word that better)

Anyway, I highly recommend this series. 5/5 Platypires

<http://www.platypire.com/j-hooligan/a...>

zapkode says

{My Thoughts} – Rowan and her best friend Jess and her baby Jacob all share a two bedroom apartment above Rowan's ex High School guidance counselor. Mrs. J now known as Tanya to both Rowan and Jess help them out the best she can now that they are no longer students. She helps them with the baby when she is able to and she gives them advice and still tries to guide them in the right directions.

This whole book is mostly based on Rowan finding out, how hard it is to live with an infant that cries a lot and barely sleeps. This makes it hard for her and Jess to sleep, to function, and she has problems with keeping up in school and being alert for work. Rowan has it fairly lucky though since she works for an animal shelter and her boss is a very understanding person.

Rowan also works on repairing her relationship more and more in this book with her Gran which I found to be a really awesome thing, because when it came down to it her Gran was someone she seemed to truly love and care about in the first book. We also learn more about her sister Trina and her poor choices and a lot more about Jess and Mike.

Book two also ended with her meeting a boy named Shane and we learn more about him as well. If I had to

judge both Shane and Mike and decide who I'd rather date it would be Shane hands down. If you read this book I am sure you will fall in love with his character as much as I had. Throughout this book Jess struggles with being an eighteen year-old mother and with that struggle everyone around her is forced to struggle. One night she takes off and leaves the baby with Rowan. If you want to know what happens? If she comes back? Why she made the choice to leave? You'll need to read this book.

I really enjoyed this book. It was a nice fast read like the previous two. It has a wonderful story line that I found enticing and easy to relate to. I also enjoyed it so much that I highly recommend it and the previous two. This series helps to go over and cover many issues that take place when teenagers are in High School and when they head off to college. I really think that if you enjoy realistic fiction reads that you will enjoy this series as much as I did. It is nicely written and was really difficult to put down.

InD'tale Magazine says

The third in the “Rowan Sloane” series, Rowan has managed to live independently of her family and the Andersons.

Read full review in the 2015 March issue of InD'tale Magazine.

Alexandra says

Review as a part of the YA Reads A Life, Freed Blog Tour coming soon.

Rachel Marie says

I thought this was a great conclusion. I had gotten attached to Rowan, and was curious as to how her story would end. Rowan has been through a lot in the last two books, and the only thing I could think when starting this one was how much more can she possibly go through?

Well, the answer is a lot. Rowan is trying to get past everything that happened. She still refuses to see her mother in jail, or associate with Trina, but she's forgiven her father, graduated high school, gotten a scholarship to college, and rents out an apartment with her best friend Jess. Except, neither Jess nor Rowan is really able to handle caring for a 5-month old baby. Jess starts leaving more and more responsibility to Rowan, who is stressed out enough being a student and working.

For one thing, I wanted to slap Jess upside the head so many times. Rowan's anger at her was definitely understandable. I can relate to how hard college classes are, and how much time they take. Rowan tried to do what she could, but there still was a point when Jess was expecting too much from her.

And while there technically was a love triangle, there didn't feel like one. Rowan is dating Shane, but he's never really there. A few times they meet up, sure, and Rowan talks a lot about how much she really does like him (is she trying to convince herself?) but he wasn't a very involved character. He was very flat, and I felt like I didn't know him, and so choosing between him and Mike was no big deal. But Mike definitely made up for the jerk he was last book. We got to see a new and different side of him, one that was like the

awesome person he was in book 1.

But most of all, Rowan grows. She goes through so much, after thinking that everything was over and past her. But she learns to deal with it, to take time for herself, to be her own person. From book 1 to this final book, Rowan has progressed so much, but she also progresses in each individual book.

And I thought the ending was perfect for the story. Realistic, and really the only way to end after something like this. There was a lot to tie up, but it came together and I thought this was the perfect conclusion to the series. Although I'm sad to say it, good-bye Rowan Sloane.

I received an eARC from the author, this did not affect my honest opinion.

This review first appears on The NerdHerd Reads

Sarah says

(Read using Kindle Unlimited)

This was an interesting end to the series, and I'm glad that Rowan finally got what she wanted.

Rowan had to deal with even more problems in this book, and her friend Jess really didn't make things easy for her, especially given what Rowan had been through with her baby brother Aidan.

We did get a happy ending romance-wise in this book, and I was glad that things seemed to be finally working out for Rowan.

6.5 out of 10

Merissa (Archaeolibrarian) says

I received this book from YA Reads as part of their blog tour in return for a fair and honest review.

This is the third book in the Rowan Sloane set and you just know that things won't be going smoothly for her. Although on paper her life is going well, in actuality she is struggling to manage. Helping Jess with her fractious 5-month old son doesn't exactly help with her studying time. Also, Rowan is now with Shane and she enjoys his kisses, there doesn't appear to be any spark between them. When Mike appears back on the scene, it is no surprise that Rowan spends more time with him than she has done previously with Shane.

The book moves along at a fair pace as there is a lot to wrap up in this final book. It is all wrapped up though and leads to a very satisfying conclusion. This has been a wonderful, heart-wrenching series that has been enjoyable throughout.

Paula Phillips says

This cannot be read as a stand-alone and in order to get the story , must be read after Books #1 and #2

A Life Freed, picks up a few months after the truth of what really happened to Rowan's baby brother Aiden came to light and what was left of Rowan's family fell apart. The truth revealed that her mother had killed Aiden and blamed it on Rowan and her Grandmother knew the truth but kept it hidden all these years and of course Rowan's sister Trina was a manipulative cow who wanted everything her way including laying allegations that Rowan's boyfriend Mike at the time raped her. Now at college and studying to be a Vet, life seems to be picking up for her but of course Rowan starts to wonder whether her life will ever be carefree and drama-free as she moved in to her help her high school best friend Jess raise her son, what will happen though when things get too tough for Jess and she up and leaves her son , with Rowan having to care for him as well as juggle her school and workloads. Rowan's sister Trina has been hanging around campus as she has joined a religious cult , this surprised Rowan as Trina isn't the same sister she remembered leaving behind. Things have been going good with her new boyfriend Shane, but what will happen when Michael - her ex comes back into the picture . Though they share a lot of history, are they suited or is he pulling her back ?

I really enjoyed A Life Freed as it summed the whole series up and it showed that despite Rowan's upbringing and troubles, she always had friends she could rely on and sometimes though we may not choose our family. We do have to get past and accept the family dramas in order to really be "free".

Rachel Karabin says

Loved it! Never a dull moment

Kimberly Butler says

Tracy has done it again!! The final book in the series is again about how Rowan is growing into a mature young lady, but not without obstacles and having to deal with problems from her past. Unlike so many her age today, she faces those obstacles and comes out on top with the help of family and friends who love her. She is a fighter and it helps her through facing family issues from the past and the ghosts that still haunt her. She finally ends up dealing with them in a mature manner.

I recommend this book to young people who are struggling and need a positive role model to show them that anyone can be survivors of dysfunctional family drama and come out on top!!
