



Spin Doctor

Leslie Carroll

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Question:

What do Amy, the new mom;
Meriel, the West-Indian housekeeper;
Claude and Naomi, the alternative couple;
Faith, the elegant widow;
and Talia, the super-skinny ballerina
have in common?

Answer:

Abso-freakin'-lutely-nothing!

Except that they all live lives of not-so-quiet desperation on the Upper West Side of New York City. What gets them through? Their unusual therapy sessions with supershrink Susan Lederer, held in the depths of the laundry room. Susan knows that all of life's problems eventually come out in the wash, but while the washers keep breaking down, she helps her female friends take control.

But Susan's life has become an agitated mess. Her teenage daughter seems destined for a fast-food future; her son's adolescence hasn't quite hit yet . . . and her perfect husband is hiding something. Susan could use a really good shrink.

Instead, her dirty linen exposed, she finds that it's her friends who rally 'round her, and by the final spin, she realizes that while it might not take a whole village, it does sometimes take a laundry room to get rid of the nastier wrinkles in life.

Now if only she could find the formula for getting rid of that ring around the collar.

Spin Doctor Details

Date : Published January 24th 2006 by William Morrow Paperbacks

ISBN : 9780060596132

Author : Leslie Carroll

Format : Paperback 312 pages

Genre : Womens Fiction, Chick Lit, Fiction, Psychology

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Vanessa says

Easy, fun, emotional read. AN enjoyable book

Rachel says

Okay, when I ordered this from the Barnes & Nobles \$2 I didn't expect much and I am not getting much. Ha Ha! It would be a great brainless read for a train ride or something. A book you can finish on the trip and leave on the train for the next person.

It is about a shrink who analyzes her neighbors in the apartment building in the laundry room for free. She also analyzes herself and her relationship with her family. Really fluffy. It even has a gypsy giving fortunes to the same tenants and she has to deal with that.

Margherita Dolcevita says

Quando un romanzo ha troppi personaggi talmente poco delineati da rimanere per nulla impressi non gli si può che dare il voto più basso.

AP says

I did not expect it to be literature (checked it out of the library randomly to take it with me on vacation). But wow it was bad! I skipped ahead a lot to "finish" it. The book failed primarily due to poor writing. Though the events were far-fetched, the basic premise and plot could have worked in the hands of a good writer. The main character was neither believable, nor likable. Sadly, the other women were not interesting either. They were supposed to be, but none of the voices felt genuine. Especially the teenage daughter and the gypsy fortune teller! The story attempted to cover a lot of important issues in the women's lives (grief, motherhood, adoption, gay marriage, teenage ennui, betrayal, anorexia, interracial relations, illness, you name it) but everything was so poorly executed, it all ended up in a mess. There were also numerous spelling mistakes, and factual errors that could've been averted with a quick wikipedia search. I would not recommend this book.

Paula says

Oddly, I read most of this while doing laundry.

Maria (Ri) says

Cute story. Not to heavy or light. Some of the characters felt a bit over the top, but it was all in fun, I suppose.

Monica says

Good pace and easy to follow plot. Shallow characters

Ann says

I'm not sure why everyone rated it quite so low I mean, it's meant to be a light read and some chick lit. I needed something that wasn't going to require too much thought and I have to confess I was intrigued to find out what happened to the characters.

Upstatemamma says

It was okay. The characters were compelling and it was interesting getting to know them. A lot of the things that happened during the course of the story was very sad. In the end it was just too much sad for me.

Erin says

Skip this one! The main character was so bitchy and annoying that I was GLAD when her husband left her for the super's gypsy wife (whom she had SO much contempt for!). Any person with a personality and viewpoints so annoying would have a hard time keeping any guy, even her slacker husband.

Marnie says

I liked the storyline to this book about Susan the shrink listening to all the tenants' problems. It was fun to read about their problems & how Susan helped them solve them. I'd give it 3 1/2 stars if I could.

Caffenero says

Quite boring... The cover was what impressed me mostly ;P

Stephanie says

this was far too boring for me. It took over a month to actually get through the whole thing. The story line was a new one - I thought it was sort of neat, but it took half the book to get all the characters and their stories straight. Plus, some things were far too easy to predict.
