



Who Says You Can't? YOU DO

Daniel Chidiac

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A word-of-mouth phenomenon that's changing lives around the world--a journey into your true self and amazing potential.

Do you want to change your life? Well, who says you can't?

A moment came in Daniel Chidiac's life when he realized he wasn't living his truth. His work didn't fulfill him, his relationships hurt him, and he was making choices that didn't align with his true values. But he did have the ability to know his own purpose--a gift we all have--and thus his journey began.

Daniel studied the lives of great achievers, sought guidance from spiritual leaders, and discovered the secrets for shaping one's own destiny. He used his personal experience of changing his life to create this powerful seven-step guide to discovering your true self, committing to your own life, and pushing beyond your known limits.

Standing out for his incisive wisdom and complete lack of gimmicks, Daniel Chidiac is an inspiring, insightful, and honest guide. His empowering system has spread organically, and it has already changed the lives of legions of readers. With practical exercises and interactive tools, this book challenges you to ask hard questions and make life-changing decisions--and ultimately guides you to the fulfillment you have been seeking. Get ready to be intrigued, fascinated, and amazed. Not by this book, but by your own power.

Who Says You Can't? YOU DO Details

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Author : Daniel Chidiac

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From Reader Review Who Says You Can't? YOU DO for online ebook

Books & Roads ? says

BEST SELF-HELP BOOK I've read so far, seriously!

"When you change the way you think, you change the way you feel. When you change the way you feel, you change the way you act. When you change the way you act, you change your life. It starts by changing the way you...?"

I literally fell in love with this book! This book is full of tasks that makes you think about many aspects of your life, such as fitness, relationships, dreams, jobs, faith, and more...

You want motivation? This is your book :)

"Love yourself, love others, love life, and the world is yours."

Farhad says

I find this book so useful for the rest of my life; because as I read some paragraphs of this book it could help me to open my mind up.

Joséphine (Word Revel) says

Initial thoughts: This book is a lot broader in scope than I had expected! Some chapters weren't relevant to me at this point in my life but they were interesting nonetheless. The great thing is that despite that breadth, Chidiac did not sacrifice depth. The focus of *Who Says You Can't? You Do* is about helping readers change their mindsets and attitudes, to overcome inertia that has held them back from pursuing their goals.

Some might view this simply as holding on to "positivity" but this book goes beyond thinking and encourages action. It tells readers to take action, stop second-guessing yourself and your idea — make a plan and get going. At the same time, Chidiac offers suggestions and ideas on how to get going.

One chapter that especially intrigued me was on visualisations. Nearly all my athletic coaches in the past have told me to visualise my actions. I had learnt that doing so would help me learn my sports faster and gain better control of my body. Chidiac explained the impact of visualisations on the mind, which I thought was pretty cool.

Another important takeaway: Change is inevitable. We're always becoming. Don't heed accusations from others when they're upset, "You've changed." It's important to keep growing.

Jessica says

This book was definitely an eye opener. Tho it can be challenging to take in, Daniel Chidiac is able to level with you on the simplest of levels and get you straight to the source of your truths. The practical application is a MUST! Don't sell yourself short by trying to skip forward!

LibroReview says

Rating - 5/5

This self-help, non-fiction book is one of the finest pieces of writings in the market. It mainly focuses on how you can get your life on track towards your goals (whatever they may be) and gives you all the related knowledge. It is a seven step guide to discovering your true self, committing to your own life and pushing beyond your known limits.

The title of the book goes completely with the content of the book. The book does tell you about your own undiscovered powers. It is an action based book of 332 pages which is utterly self-reflecting and makes you think. It has tasks, tips, and motivation. It's like a coach that you can carry around wherever and whenever you want.

The language of the book is cute and funny (giggles). It doesn't even feel like you are reading such a worthy book because it flows so well! The layout is one of the best layouts I have witnessed till date. It is so realistic yet optimistic and covers all parts of life, be it love, business, your true self, wealth and money, belief system or subconscious mind. It has it all.

Such a self help is rare to find. There are many things in the book that I already believe and follow and I got many other tips that I will take on now. My favourite part about the book was that it does not give you false hopes. It shows you the problems but also how to face it. Such a complete book.

I recommend it as a must-read. But yes, only read this book if you are ready to take actions and change. Reading this book just for the sake of reading will be an injustice to the book.

?What do you think about the book? I'll be glad to know!

?Follow @libroreview on Instagram for the content and review of this book along with other reviews.

Sofia Cohen says

Es bueno. Pero me cuesta mucho trabajo leer superación personal.

Theresa Connors says

I like books that ask questions and make me think.

Karez Seerwan says

It was one of my favorite books for this year. Before reading this book I decided to really make changes with the book. I think both my decision and the book helped me in making changes. The book is simply a way to success. There might be better and easier ways, so if you don't look at the view while passing through this way you will be just trying/going through a normal way of any other self-help book. Enjoy the views (the special things about this book). I am sure anyone who wants will learn a lot from this great book..

Ha Hai says**A book came at a right time**

that helped clear my mind from all doubts and fill it with hope :)

I am not a fan of self-help book to be honest but if there must be one to read and keep, this will be one.

Laura Jackson says

To keep this short and simple, I think everyone can gain something from reading this book!

Zoya says

Please have realistic expectations from the book before you read it. A book on its own cannot possibly change anyone's life. That's exactly what I loved about this book, because it has a lot of emphasis on action. Most "Self-help" books write endlessly on the power of positive thinking. But this one is based on Action! Loved it!

Dalal Serhan says

This book has made me think about many aspects of life and I really enjoyed reading it. I think its changing me as a person. 100% Recommended!!

Jonathan Evans says

So, I initially became interested in this book, as I searched for titles that could help out a troubled family member. It caught my attention, so I gave it a go. Slightly sceptical about the thought of a self-help book, I was initially wary of Chidiac's best seller. However, I became enthralled by DC's mindset on all things life. I was attempting to make a big career change at the time which meant a lot of work outside my normal day to

day - this book gave me the drive and motivation to dig a little deeper for my preparation. Although relatively happy in life (or as happy as a mildly successful, single, 20 something can be), I was enabled to outline the poorer areas of my own personality and life in order to cleanse myself of such negativity. The book uses pretty rudimentary psychological notions, which is perfect for the reader. This makes it so straight forward to realise your downfalls...you don't need a psychology degree to know what he's getting at. The exercises worked fascinatingly well for myself. They might not be for everyone, but they definitely aided me in my own journey through life. By drawing on his own experiences with honesty and grace, DC really opens up to the readers, allowing them to greater release to his methods. A solid read.

Jenn says

This is a very dense book, if you are willing to put the time into reading deeply and completing the tasks inside it. However I thoroughly enjoyed it and plan to read it again to gain further insight.

Miguel Bichara Assad says

"Our main mission in life is not to try and hold onto the concept of 'happiness' but rather to pursue and discover a self-worth"

This is a book that I must reread every year of my life.
Today is the first day of the rest of my life.
