



I Am: A 60-Day Journey to Knowing Who You Are Because of Who He Is

Michele Cushatt

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From the moment a woman wakes until she falls, exhausted, on her pillow, one question plagues her at every turn:

Am I enough?

The pressure to do more, be more has never been more intense. Online marketing. Self-help books. Movies, magazines and gym memberships. Even church attendance and social media streams have become a means of comparing ourselves to impossible standards. Am I pretty enough? Hip enough? Spiritual enough?

We fear the answer is “No.”

When a brutal bout with cancer changed how she looked, talked, and lived, Michele Cushatt embarked on a soul-deep journey to rediscover herself. The typical self-esteem strategies and positivity plans weren’t enough. Instead, she needed a new foundation, one that wouldn’t prove flimsy when faced with the onslaught of day-to-day life.

With raw personal stories, rock-solid biblical teaching, and radical truths on which to rebuild your life, *I Am* will help you:

- End the barrage of negative self-talk with an empowering new narrative.
- Refuse to ride the rollercoaster of others’ opinions and start believing what God’s says about you.
- Stop agonizing over past regrets and failures and make peace with God’s sovereign plan for your life.
- Leave insecurity behind as you exchange temporary fixes for an identity established on God’s unchanging

affection.

I Am reminds us that our value isn't found in our talents, achievements, relationships, or appearance. It is instead found in a God who chose us, sent us, and promised to be with us—forever.

I Am: A 60-Day Journey to Knowing Who You Are Because of Who He Is Details

Date : Published January 24th 2017 by Zondervan

ISBN :

Author : Michele Cushatt

Format : Kindle Edition 289 pages

Genre : Religion, Christianity, Christian, Health



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Jo Anne says

Insightful and inspiring

This book is a great book to read. Full of insightful and inspiring stories coupled with bible verses it goes through 60 days of I AM. Who God is and who we are on him.

Jill McSheehy says

Lovely devotional

I really enjoyed this devotional. Michele writes beautifully and her humor cracks me up. It's like having a wiser sister sharing life and truth. It's not a Bible study; it's more like a mouth-watering appetizer or sweet dessert after reading Scripture on your own each day.

Amy Sutton says

Online book study

I think my review of this book probably reflects the online study I participated in with it. The study seemed to be off to me - always several chapters ahead. Despite the fact that the author/study leader encouraged a go at your own pace approach, I was constantly trying to catch up & this annoyed me!

Sarah says

Michele has an amazing testimony. She speaks with raw transparency about surviving cancer, facing hard days as a wife and mother, and surmounting challenges in her speaking and writing career. Her personal stories have depth and richness you don't typically find in devotionals. I like her fresh, honest voice crackling with both laughter and tears. Reading her devotions feels like sitting down with my favorite kind of friend—a woman who isn't afraid to tell me the truth about herself and about me.

In this book, Michele leads you through the Bible in 60 days, showing you who God is and who you are because of Him. She lays out the book in six sections: Creation, Exodus, Covenant, Presence, Rescue, and Revelation. Each section is divided into ten devotionals with affirming headings such as “I Am Accepted” and “I Am Lifted Up.” In each devotional she shares a scripture, a personal story and application, a thought-provoking quote, and several probing questions. I enjoyed quotes like this one from “I Am Chosen:”

"Nothing stings quite like rejection. All the striving and believing and hoping to be chosen, only to be dashed in the trying...Thank heavens, God operates by a different standard. He doesn't hold back approval as He

waits to evaluate our work. Instead, He has already chosen. And we made the list."

This book is meant to be savored slowly. I intend to step into the pages each afternoon when I decompress from work, and soak up great truths about my identity in the Lord. I also look forward to getting to know Michele better through her deeply personal stories.

I received this book as a free resource from the BookLook Bloggers program, in exchange for my honest review.

Juani says

Love!!!!

Loved this book!!!! Helped me get refocused and at rest in life as a follower of Jesus! Would set recommend!

Kris says

Precious

I read this devotion long over 60 days as life must happens this way. It was always the one I savored for last as I usually have 3-4 devotions going. It was always on time and brought great peace. I aS sad to have it end but I will start it over again!!

Mathew Bridle says

A 60 day journey I would gladly take again, over and over.

Carrye Burr says

Michele Cushatt is raw, down-to-earth and knows the thoughts in your mind because she's had them too. She beautifully walks the reader through 60 days of reaffirming who we are in Christ regardless of our circumstances, appearance, success, failure, or insecurities. I'd recommend as an easy-to-read but powerful way to soak in God's truth about us in a world that is constantly trying to sell us lies about who we are and what God says about us. She's funny, relatable, and seamlessly weaves wisdom from God with both the everyday and extraordinary stories from her own life.

Jessie Young says

Full of real life experiences and examples that are very relatable. I loved the authenticity of the author. She

wasn't afraid to share even her most intimate sometimes embarrassing moments/thoughts. The days are divided by different aspects of our identity in Christ. The reason i gave this 4 stars is because it seems story heavy. I would have liked to see more scripture based commentary. It just seems a tad soft or fluffy. It's a nice companion to a more meaty book/study of our identity in Christ. Great for someone who is just breaking into a study of our identity in Christ... you will need another book to go deeper.

Heather Bradley says

Didn't actually finish. Borrowed on e-book. Didn't inspire me the way I hoped, but was a good read.

Mary says

Absolutely awesome; an annual read!

Bridget says

I rarely take the time to stay dedicated to an entire devotional. But this one was different! Very touching and thought provoking book that opens your eyes to the love of God!

Kristina says

I Am...a powerful devotional written by a very genuine woman. Do you know who you are? As I grow older I know who I am but not who I am in Christ. I have a stronger desire to live for Him. On the pages of this book Michele helps each of us over 60 days of reading from I Am Created to I Am Going Home. At the end of each day she leaves us with a thought provoking Who Am I question. Take your time and enjoy your next 60 days. I know you won't regret it. Buy an extra for a friend so you can journey together learning who you are because of who He is.
