



# **Insanity**

*Lauren Hammond*

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Adelaide Carmichael and Damien Allen couldn't be more opposite.

Adelaide's mother abandoned her when she was ten years old, leaving her to be raised by her abusive and alcoholic father.

Damien on the other hand came from a wealthy family, was a local celebrity, and seemed to have a bright future ahead of him.

Despite their differences, Adelaide and Damien were young, wild, and fiercely in love.

And they had a plan.

They were going to run away.

Be together forever.

And their plan was set in motion, until tragedy struck and for some reason, Adelaide wound up in The Oakhill Institution for the insane.

Adelaide has no idea what she did to wind up at Oakhill, but she knows one thing for sure...

She wants out.

And after Damien follows her there to aid her in escaping, Adelaide slowly begins putting together the pieces of her memory that are missing.

And it doesn't take Adelaide long to figure out that sometimes...

That one true love never dies.

Warning: Do not read if you have a weak heart.

## Insanity Details

Date : Published May 6th 2012 by S.B. Addison Books

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Author : Lauren Hammond

Format : Kindle Edition 227 pages

Genre : Romance, New Adult, Young Adult, Contemporary, Mystery

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## From Reader Review Insanity for online ebook

**Stacia (the 2010 club) says**

2.5 stars. I think the book gods must be laughing at me this week. It was all too apparent that my fabulous reading streak was going to have to end sometime, so of course they decided to shake things up by giving me a few books in a row which would test my limits of patience when it came to rating and reviewing them.

There had to have been at least 5 times when I was struck with the urge to slap a big DNF on this book. The first half was painfully terrible. The book's summary had me thinking that I'd be reading some sort of a cross between *Sucker Punch* and *Shutter Island*...not an insane asylum version of *Fallen*.

The pining and longing was killing me. I wanted to throw myself into the flames along with Addy and burn, burn, burn.

*I love her son like he's the oxygen in my lungs, the plasma in my bloodstream, and the rapid pulsating beat of my heart.*

*Sometimes I feel like I love him so much it aches when I'm not near him. It's like tiny pricks from a sewing needle jabbing into me repeatedly.*

*I miss him so much that since yesterday my heart has felt like a towering inferno and there isn't any water or a fire extinguisher around to put it out.*

*I'm burning, burning, burning. I want to burn eternally.*

*I need to feel his touch, listen to his voice, see his beautiful face. I need it and if I don't have my chance, not seeing him will kill me.*

We won't even go into the passages where she talked about her private parts throbbing with need. I probably might have even enjoyed those parts if I was reading an erotica. However, in this book, the phrasing felt strangely surreal and uncomfortable.

So, I think I summarized the first 2/3 of the book. Yep. Not much else happened.

I'm probably being way too generous with my rating when I loathed pretty much everything up until the end.

But of course...the last 50 or so pages had to come in and turn things around. We went from burn, burn, burn, to turn, turn, turn. I did guess what was coming, but I was honestly happy to see these events come into fruition. *Hot damn, now we have a story to work with.*

Some could say that the earlier character behavior did, in fact, lay excellent groundwork for the direction that the story took. Okay, I'll go with that. It might very well have been necessary to show Addy's intense feelings for Damien. We won't really know until book 2 how this is all going to play out. However...I will still argue that there are ways to *show* extreme love without having to resort to flowery sentiments. Or at the very least, just reign it in a bit. I didn't even include Damien's side of the faux-Shakespearean drivel.

Should you read *Insanity*? I would say it depends. If you're less likely to be upset over love ramblings, then I'd say go for it. There is a story hidden among the things that jump out at you. It just doesn't become obvious until little clues at the end start to pull out previous happenings.

1 star for first 2/3 of the book. 4 stars for the way it ended. I'll be checking out the second installment because I think the doors have been cracked wide open to all sorts of creepy possibilities.

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## **Sylvia says**

My heart is aching, my stomach hurts and my eyes are swollen from all the crying I have been doing while finishing up this book. I cannot believe how much I am hurting here. This book has affected me in more ways than I thought it ever would and I am floored and awed by the sheer brilliance of this poetic, haunting, tragic and ever so beautiful story of Addy and Damian. I am tearing up again while I try and type this review.

This book makes me sad in so many ways and I don't know where to start. I'm beyond trying to explain the story and I don't think I would be able to do it justice but I will try. First of all I want to say that Lauren Hammond really knows how to capture your heart and draw you in. I felt, I breathed, I feared, I loved and I definitely lost my mind completely. For a while I thought I was Addy and I was trying to figure out why I was in so much pain and why I couldn't remember certain events in my life and why for the love of God was I insane. I mean it was so real, and raw, and heartfelt, and sad, and honest, and tormented and tragic. OMG was it tragic \*sobs hysterically again...excuse me while I take a minute to breathe\* It was very painful to read and endure along with Addy. The things this poor girl went through would be enough to make you want to just curl up and die.

You see, before the age of 10 Addy had the perfect life and two parents that loved her. Then one day her mother left and never came back. It was then her alcoholic father began to abuse her both physically and emotionally. For almost 8 years he would beat her down just because she looked like her mother and he would call her "whore" because he thought she would turn out like her mother. I'm telling you Addy suffered terribly at the hands of her father. He was disgusting and despicable and he made me want to vomit every time he was mentioned in the story. I shudder every time I think of him, it totally creeps me out. Anyway, he put some much fear into Addy's that she would be scared to even talk to others. While she is on her early morning walks a red convertible cadillac drives past and in it was a boy who would change her life forever. A boy who had chin length black hair and piercing blue blue eyes and was called Damian. The moment he pulled up alongside Addy, was the moment you knew he was special. He would mean more to Addy than you ever thought.

The story is set in 1958 and starts off with Addy being in a insane asylum. Now we, along with Addy, are trying to discover why she is there in the first place. What brought her to this very moment and why hadn't Damian, who was disguised as a worker, trying not to spring her out? Assigned to her was Dr Elijah Watson. He was a mysterious man who really was a little to invested and attached to Addy, and this confused her quite a bit. Damian thought that the Doctor was secretly in love with Addy, who in turn thought nothing of it. Instead, he was desperately trying to help her remember and in doing so Addy began to relive everything through flashbacks. Addy endured this torturous journey and slowly the mystery unraveled.

There is so many twists and turns and surprises my head was spinning and the last 20% of the story just killed me. It had me sobbing in pain and I could not stop. I really could not fathom the shock of what happened and I don't think I ever will \*shakes head this is not true\* But through all the pain and suffering,

there is a story about love. The love between Addy and Damian was so tender and beautiful and full of hope and so much passion I thought I would burst at the seams. The flame that was ignited within these two when they were together consumed them and the heat was palpable. I'm talking scorching hot. There was nothing these two wouldn't do for one another, especially Damian. He would do anything for her \*sniff sniff\* literally anything. They had to steal moments away from her father, away from the doctors and nurses and patients and away from the world so they could just be together. And those moments left you wanting so much more. It was breathtaking beautifully to read. The hope in those moments were just glimpses at what they deserved! \*sighs sighs sighs\*

Ok enough said. If I don't stop now I will reveal too much but I'm bursting with so many emotions as I sit here and I want to share them all with you. I feel like a desperate woman trying to convince you all that this book is a **MUST READ. AN ABSOLUTELY, OMG IF YOU DON'T READ THIS YOU ARE TOTALLY MISSING OUT KIND OF READ!** If that doesn't convince you then nothing will. That's all I'm going to say!

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## Marie says

**This book** left me in a **blubbing mess** by the end. Felt like **I belonged in that mental institution** with the way I was rocking back and forth sobbing like a baby.

It took me through such an emotional turmoil I don't know whether my heart was breaking or if it had just stopped.

I held the book for about an hour reading the last few pages over and over again. I just couldn't wrap my head around what I just read and my mind wasn't in the right state to comprehend that ending.

I went through being **hopeful**, to **angry**, to **sad**, to **depressed** until finally I was grieving. Grieving for the boy we only knew in a past tense.

This book was beautifully written and you can tell it was written with such raw emotion that I have never in all the hundreds of books I have read have ever witnessed in one book.

I have never been so emotional in my life. I felt like I was there in the book.

From the first page it had me enthralled and I believed from the beginning that Adelaide was just a normal person stuck in a place where she doesn't belong.

I admired her strength and courage she showed, her determination to get back to her soulmate. To her life. To wake up in a place with no memory and where horrific things happen everyday I would eventually go insane. But she remains strong.

And then Damien.. How my heart flutters at how sweet and loveable he truly is. To follow a girl into a mental institution believing that that is where his heart is even though he should forget about her and adhere to his parents wishes. He has everything-money, parents, a place at Yale.

And then there's Dr Watson who we struggle to understand why he cares, and why he wants to help her and get her out of there.

The ending threw me for six.

It all happened with that one line Adelaide lying on the bed And dr Watson comes in and says get your hands off of my..

And that's where everything begins to make sense even though I had to read it 10000000 times so I would believe what I had read.

She picks up that picture in his office of his wife and baby and in the end..

Im still trying to wrap my head around the latest events!

I've never been so heartbroken and touched by a book in my life and I'm still in berievment after a whole day and a half. I finally sucked up and wrote this review even though my minds swirling with thoughts and

questions.

Like why did Dr Watson allow her to be treated and left in that godforsaken place? Why hadn't he tried and helped her before? What happened to her to be taken there? Why happened after the day where he got shot and between then and her marriage?

I just don't know.

However this book was so damn good? Beautiful? Horrifying? Sad? So bad and so good, I don't have enough or know the right words to describe this read.

I'm going to re read it *again* and *again* and *again* and No-one will be able to relate to this review and understand my unhealthy infatuation with this book unless they pick it up and for god sake read it!!

It's brilliant and 5 stars ain't enough!

This author deserves all the praise she can get. The amount of time and work and effort thr has been put into this really does show. And I commend you for allowing us to read **this beautiful and definitely emotional book.**

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**SueBee★bring me an alpha!★ says**

**FREE on Amazon US today (2/27/2015)**

BLURB:

*Adelaide Carmichael and Damien Allen couldn't be more opposite.*

*Adelaide's mother abandoned her when she was ten years old, leaving her to be raised by her abusive and alcoholic father.*

*Damien on the other hand came from a wealthy family, was a local celebrity, and seemed to have a bright future ahead of him.*

*Despite their differences, Adelaide and Damien were young, wild, and fiercely in love.*

*And they had a plan.*

*They were going to run away.*

*Be together forever.*

*And their plan was set in motion, until tragedy struck and for some reason, Adelaide wound up in The Oakhill Institution for the insane.*

*Adelaide has no idea what she did to wind up at Oakhill, but she knows one thing for sure...*

*She wants out.*

*And after Damien follows her there to aid her in escaping, Adelaide slowly begins putting together the pieces*

*of her memory that are missing.*

*And it doesn't take Adelaide long to figure out that sometimes...*

*That one true love never dies.*

Warning: Do not read if you have a weak heart.

<http://www.amazon.com/gp/product/B008...>

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**JaHy?Hold the Fairy Dust says**

**\*\*\*\*\* 5 "COO COO FOR COCOA PUFFS" STARS \*\*\*\***

**"I am not crazy"... "I am not crazy".. "I am not crazy".... YES, Adeleine you are... or are you?**

UGH ! This "Insanity" is damn near impossible to explain without spoiling a pivotal plot twist..... or not.....maybe there's nothing to tell.... maybe I'm still confused.... maybe I think I know but I don't..... I know nothing..... I know E-V-E-R-Y-T-H-I-N-G.....Did I confuse you?.... Are you intrigued?.... Good, now go read the story and welcome to my world.

**Its a phenomenal mindfuck. Trust me .**

**.....or maybe it SUCKS!!!!**

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**Christine Wallflower & Dark Romance Junkie says**

**That's how I feel inside, cracked-no-shattered. It's like watching a mirror being blown up in front of you. There are so many pieces, but you have no idea how to put them together again. You have know idea where the pieces go.**

**For the longest time I felt like I was wandering aimlessly through my life. The only thing i could look forward to were my morning walks and dreams of getting out on my own someday . Then Damien came along.**



Meet Addy, she lives with her father, her mother left when she was just a child. When her mother left her father was never the same again, everyday she walks on eggshells trying not to rouse his anger. But no matter what she does she always feels the wrong end of her father's fist. Her life is miserable and dark one, all she has are dreams of one day being able to leave. Until she meets Damien, then everything changes.

**"Addy, living one day without you would never be for the best. I want you every minute of every day. Forever. I love you."**

Damien and Addy's love is sweet and endearing, nothing could tear them apart. But life doesn't always take the direction we would like it to. Addy ends up in The Oakhill Institution for the insane, she's torn from her love just when she thought her life was finally getting better. She is unable to handle the loss and finds the deep dark place in her mind where nothing can break through.

**He lowers his head, placing a soft kiss on my lips. "I just want you to know that you are my sun, my moon, and my stars. My heaven, my hell, and my earth. I'd do anything for you. I'd go anywhere for you. If you ever left me, I'd follow you."**

Damien follows her to the institution in the guise of an orderly, his love for her is so deep that he is willing to go to any lengths to free her. While waiting for the perfect moment to escape, Addy's reality begins to crumble right before her eyes, taking everything she has ever cherished.

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**◆\*Arianna◆\* says**

#### **4.5 STARS**

Wow...what a mindfuck!! Really! If you are like me and love dark and twisted stories, you don't want to miss *"Insanity"*. Well, I guess the title is perfect since the setting of the story is an asylum. Needless to say when I finished this, I questioned my insanity for a minute or two. This story fucked up with my head. It was confusing and twisted and I couldn't put it down.

***"...when everyone thinks you're crazy, no one is going to listen to you."***

The story is set in 1958. We have the present, where, Adelaide (Addy) a 17 years old girl is committed to an insane asylum and we have the past where he find out about Addy's past. The story starts with Adelaide who's already a patient in Oak Hil Asylum.

She doesn't know why she is there, she doesn't know what she did to be sent in a place like Oak Hil Asylum. She doesn't remember anything and she doesn't have an answer for all her questions. She doesn't think she

is crazy, but she's in an asylum because...maybe she is? We find out that Addy lived only with her father, who is an abusive alcoholic. Addy is a good girl, shy, who doesn't have friends. She misses her mother who abandoned her when she was 10 years old and living with her father, a cruel man she fears, is a living hell. Also, we find out how she met her boyfriend Damien, how their love grew, how Damien finds out Abby's father is abusive and wants to save her. They were planning to run, to be happy and free, but something happened and Addy was committed to this asylum where everyone tells her she is crazy.

***"...if they kill people at this place, I hope they kill me soon."***

But Damien never forgot Abby, he never gave up, he never forgot his promises

***"Addy, you are my sun, my moon, and my stars. You are my heaven, my hel , and my earth.  
I'd go anywhere with you. I'd follow you anywhere."***

And Damien follows her in the asylum disguised as a worker. He is desperate to save her, to get her out. But Damien is really Damien? Is he real? What's the reality? Maybe everything is just a dream?! Maybe...just maybe!

***"I love you."  
Those words are no one else's.  
They belong to me.  
Forever.  
Always.  
No matter where he is now. "***

She is in love with her boyfriend, Damien, so why she feels this strong attraction for her new doctor, Dr. Watson?

For some reason I didn't expect it to enjoy this as much as I did, but damn, this was...well, insanity. Half of the time I didn't know what's going on! Is Addy insane? What happened with her to be there? At some point I was so confused that I was tempted to skip some pages to know more. I didn't but I was so tempted.

The fact the story is set in 1958 was very interesting. We all know how patients were treated back then in insanity asylums. Even if I knew already, once again I was shocked. It was sad and terrifying to "see" how people were "treated", how inhumane were people then, but it was captivating in a strange way to read about it.

Abby's character is well developed I felt for her with all my heart. But Abby is a strong heroine. She never gave up. She is a smart girl, a survivor, a fighter and she only wants to be free and be happy with her Damien. But what happens when everything you think is real is not so real?

***“Al I want is to forget the past ever existed, but there’s a part of me that’s afraid and the other part just wants to move on with my life and focus on getting out of this place.”***

There are also some interesting characters in the asylum. I can’t say more, because I don’t want to give anything away about the plot, but I can guarantee in the end you will want to read more about Abby. The story is told from Abby’s POV and the entire time I felt like I was truly listening a 17 years old girl and a patient in a asylum. The twist and turns just blew my mind and left me wanting more. The twist in the end was interesting, but I can’t say I didn’t expect it. However it was a good, solid read for me and I can’t wait to read the second installment.

In the end what can I say? I have so many questions and I need some answers ASAP. Overall, a very captivating, dark and twisted read!

***“We’re all fucked up here and fucked people have a way of making people believe things they wouldn’t normally believe.”***

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## **Aestas Book Blog says**

4 - 4.5 stars.

**Wow - I was looking for something unique and just "different" and this absolutely fit the bill!**

**The story was creative and original and honestly was just a total mind fuck that constantly had me questioning each theory I'd come up with.**

The book was told from the perspective of a young woman, Adelaide, who was committed to an insane asylum. She didn't believe she was crazy, but everyone else seemed to think she was. So... who was right?

The story was instantly gripping - the kind that made me curious and desperate to find out more. But the more I found out, the more I wondered. Was she crazy? Was she broken? Was everything that I was reading imagined? Or did it really happen? Where was the line between illusion and reality?

As to whether this book is a romance, I'd say yes. Technically. Ish. Kinda? It wasn't your typical romance to be sure. There was sex and some hotness but I don't want to say TOO much about it for fear of spoilers. I do think though that over the course of the whole trilogy it'll be really really interesting to see where the author takes that part of the story. But the romance is a key part of the story.

The story was told in a mixture of both "before" and "after" she is committed. In the "before", you saw her abusive home life and the build up of what led her to where she was now. And the more you saw the pieces

of her "before", you couldn't help but wonder... **what the hell happened to her?**

Even in the way Adelaide talked, I could sense that something just wasn't right with her. Or was I just looking for it because I was expecting it? I love books that make me question everything. That make me search for answers and where everything is not just black and white. There was just this constant feeling throughout the whole book of reality being JUST beyond my grasp.

The book was very well written. I enjoyed both the writing style and the pacing as well as the back-and-forth between the past and present story lines. I think I felt a tiny bit disconnected simply because I felt like I didn't have even one solid piece of reality to hold on to because EVERYTHING was in question, but at the same time, that really set the exact right tone for the story.

It was also fairly short (not a novella though) and could easily be read in a few hours.

There was a huge twist near the end. I suspected it about half way through the story but honestly was just really happy to be proven right because it was almost a bit of "proof" that despite the book being a mind fuck, I had still retained my sanity ;)

The ending is a cliffhanger and I definitely want to read book #2 (it is currently available for purchase). I feel quite invested in the story and can't wait to see where the author is going to take it.

The final book won't be released until fall, but I'm still glad I started them. I wanted something "outside the box" and this book most certainly delivered!

Here's a small teaser that might help you decide if you want to give this book a shot:

*There's a ringing in my ears that I can't shut out. There's a hand on my wrist that doesn't let go. Before exhaustion takes over I look up. Blue eyes is at the end of the bed. He releases my wrist and laces his fingers through mine. I squint as the sedative blurs my vision, begins to decapitate my mind, and then notice the painful look in those blue blue eyes.*

*On top of the pain in the two blue gems there's familiarity.*

*Oh God. Oh God. Oh God.*

*How could I forget him? Him, of all people. The one person in the entire world who holds the key to my heart. The one and only person who has ever really loved me. Then I remind myself that they feed and inject me with so many drugs, that it's a miracle I don't forget who I am.*

*I struggle to sound coherent, "Damien?"*

*He mouths something.*

*Six words.*

*Six words that seem too impossible to be true.*

*Six words that bleed hope into my soul.*

*Six words.*

***“You're not crazy. I love you.”***

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## **Debra says**

*"No, I am not crazy.*

*I can't be.*

*But if I wasn't I wouldn't be here, right?*

*So maybe...I am."*

One of the most confusing books I've ever read!!! The story goes back and forth between present and past and it kept surprising me until the very last page... Need to start the next book ASAP!

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## **Annie Brewer says**

Holy Fuck!!!! I can't think straight. This book fucked with my head and emotions so much. I have no energy to write my review. Not now. Review coming soon.

WOW....I'm not sure how to start this review. I read it a few days ago and I still can't get the events that unfolded out of my head. It was trippy. First of all, I don't really like books about insane asylums because they scare the shit out of me. Literally, they freak me out to the point of like insanity. LOL but after friends reviews and rave about this book I figured I would give it a shot. HOLY. SHIT.!! This was a crazy, trippy, rollercoaster of emotions and it only got worse by the end. I was sobbing, screaming, panting, gauging my eyes out and yelling WHYYYYYYYYYYYYYYY??????????? My God, this was one fucked up story. But for some reason I could not put it down til I finished it. I read it in ONE DAY!!! I put off writing and reading and other things that needed to be done because this book had a pull of some sort and I could not function unless I was reading this. The author is definitely good at keeping you guessing and wanting more. I was at the edge of my seat and practically falling off the couch at some of the revelations. I was able to guess a couple of things but O.M.G. there were things that had me flipping out.

Adelaide was an abused girl. Her mother left her at age 10 and her father was a raging alcoholic. He hit her and always called her a whore because she looked like her mother. She wasn't allowed to do anything and didn't have any friends. It was a lonely life for Addy. Until she meets Damian, a sexy rich boy with blue blue eyes that are so captivating. They get to know each other over months and sneak out to be together when her dad is asleep and dead to the world. Damian's family doesn't really accept her because she's not a rich snobby bitch like his mother. But he doesn't care. He loves her and would do anything for her. He plans on going to college in Seattle, but once he meets the love of his life, things change. Although, he still plans on attending for the first half of school. Then they plan on running away together, he wants to get Addy away from her

piece of shit father so they can start a new life together. It's a great plan, really the best plan they could ever wish for.

But things change and she ends up in an asylum instead. She's not sure how or why she ended up there. But one thing she knows for sure, the place for the insane is not for getting better....but for getting worse. Her doctor wants her to forget what happened....so she's got a new doctor who has other plans. His one priority is to help her piece together her past. And wow, she eventually remembers and comes head to head with the painful, horrifying events that brought her into this creepy place. And once she realizes what lead her, she's a changed person...and so are you.

Brace yourself for this epically told story that will haunt your dreams and become your nightmare for a long time to come. I guarentee you, this will stay in your brain and it will consume you. I seriously was so disturbed my mind was filled with the tragedy that struck this girl and it gave me headaches. I really liked Addy's character. She was such a lost and tortured soul. It was heartbreaking. I cried so much and when I started to piece things together, I started screaming in my head. Then there were a few times I guessed wrong but then I was right afterall. It was horrible, I wished I wasn't right. I was left screaming and sobbing at the same time. But one thing I knew for sure, I hated her God damn father with every fiber of my being. I wanted to beat that mother fucker with a ten foot pole then bury his fucking body in a ditch and burn that place down til there was nothing left but ashes. OMG. I really hate that son of a bitch. I mean the things he did, holy shit. Just thinking about it now makes me body tense in anger and he's a friggin fictional character. But those that have read this understand my anger and hatred for that dirty poor excuse of a man. You learn so much by the end, things that hit you like a ticking time bomb and it crushes your windpipe. You're left breathless. The author has a way of making you feel everything Addy is going through. It's so emotional and tragic and gutwrenching. You begin to wonder how the Hell a 17 year old girl could have so much to deal with in her life and still be sane. But then again, she's not really sane is she? I mean, well having Damian in her life is the only thing keeping her from putting a bullet in her head. I can't give too much away so this review is gonna be relatively short compared to my other reviews. But I will say....Damian. Oh Damian. I loved him so. \*SOB SOB\* Thinking about him makes my heart ache. So I'm gonna end my review before I give myself a migraine.

Go and buy this book...it really is amazing! Disturbing..but amazing nonetheless. There is a sequel coming soon which I thank God because I still have so many questions that need to be answered. All of the pain, heartache and anger I endured while reading this is worth the read because of how this story is told. I definitely recommend it. Just warning though, you might want to read it when you have a day to devote because once you start it you won't stop. You can't stop.

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### **Kelli C ~ Jack Sawyer's Heart says**

I have no idea...really no idea what the hell is going on here!

This is the story of Adelaide or "Addy" and she is in an asylum...or is she? She came from nothing and lived a poor life where she bounced between a world of harsh abuse from her father and sweet loving from a rich boy across town. Her life was lived with stolen kisses and sweet whispers of a bright future with Damian Allen...or was it?

Spending the present fighting against the institution she resides, she is fighting everything. She wants to go back to her love. Her Damian is coming for her. He will get her out of this place...after all he made promises. He is the only thing keeping her sane!

Oh, but wait, isn't Dr. Watson helping her get better? Making her remember? Is he an enemy or an ally. Always protecting her. Always gentle. Always pushing her. Why?

I would love to help another reader out and say, YES read this. But, It is a mess of crazy. Bouncing between past and present all while leaving the reader to feel as if nothing is real. People, places, things...everything is fragmented and warped in a mind of a Woman who is so strong and so wrong. I finished the read with a knowing of the past...a mild grasp of the present...no idea as to the future. Hell, I'm not even sure if any of it was even happening at all! I suppose I should jump to book 2!

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### **Lauren Hammond says**

If you've enjoyed He Loves Me, If I Can't Have You, and A Whisper To A Scream, this is another one you'll like. :D

I keep wanting to SQUEE!!! SQUEEE I TELL YOU!

JUST WAIT FOR BOOK THREE!!!!

YOU DON'T EVEN KNOW WHAT I HAVE IN STORE FOR YOU!

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### **Nazanin says**

#### **3.5 Stars**

I didn't read any reviews before I started this book, I didn't even read the blurb. I just saw the title and its cover and rating and then I read it! And, unfortunately, it was the most predictable book that I've read so far! I mean I knew the twists from the first chapter and it was a disappointment! Maybe two or three years ago, it could have been one of my best reads but not now. Its predictability aside, the writing was good and I enjoyed it but not as much as I wanted to. Told in single POV, 1st person. It's the first installment in the "Asylum" trilogy and ends with a cliffhanger. Overall, it was good and I hope you like it as well!

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### **Alexis \*Reality Bites\* says**

Spoiler Free Review  
4 STARS out of 5

Genre: Mature YA-Romance/Mystery

Series: Book #1 in Asylum Series

"No...

**I don't care what the staff tells me.**

**I. Am. Not. Crazy."** -Adelaide in Insanity

Reading this book truly felt like reading the diary of a "Mad-Woman". You start off with a question "Ok, why is she in the asylum?" Then you think "Damn, what happen to her she seems cool." But just as suddenly that thought evaporates and you realize things are not what they seem.

The book starts off with Adelaide Carmichael trying to come to terms with how and why she is in The Oakhill Institution for the insane. The facts are slowly put together through her memories and as they come back Addy remembers Damien Allen. Her Boyfriend. Addy was raised in a single parent home by her father after both are abandoned by her mother when Addy was ten. Her Father soon takes his frustration out on her by becoming very controlling and abusive.

The Allen's are a whealthy family known by everyone in town. They have two sons who are both popular with the ladies. When Damian Allen and Addy meet and start to see eachother they inevitably fall in love. They then devise a plan to runaway together.

**But something happens, something so bad that it puts Addy in the worse place she can imagine. The Oakhill Institution.**

#### Thoughts

CRAZY times 100 with a mix of being eerie. That's exactly what this book was. And i thought i was reading YA the sex caught me off guard. Altho i did not mind it one bit;)

It did not take very long for me to figure out that Adelaide has recently suffered from a psychotic break. And the twist at the end was a nice SHOCKER even though i peiced it together early on while reading. However reading how Addy finds out added shock volume for sure.

**Adelaide-** Has lost her memories and is being treated at the Oakhill Institution for the insane. She has a hole in her memory and she does not understand why she is there. I soon begin to think that she is indeed crazy but then her memories slowly come back and we learn a few things.

**Damian-**Is a sweetheart he clearly loves Addy and wants to get her away from her abusive father.

**Dr.Watson-**Is trying to help Addy remember what happened and why she is at the institution. He is also described as very handsome by Addy.

**Dr Morrow-**EVIL

**Aurora-**Special.lol!! She is Addy's roommate and the girl is hilarious!

#### My Ratings

Characters- Likable, well most of them

Writing Style- Good

Plot/Storyline- Good and at times Eerie

Steam Factor- Medium/Moderately Steamy

Overall- I liked it!

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## Tough Critic Book Reviews says

Reviewed at <http://toughcriticbookreviews.blogspot...>

*Insanity* is totally full of WTF!! Seriously...WHAT! THE! F--K! You totally think you have it figured out, (which you do) but then you DON'T. While you're stuck figuring out the things you *think* you know, Lauren Hammond sneaks up from behind and slaps you with WHAT THE HELL!!! It's like a really screwed up game of "mother may I". Just when you think you're at the end, HA! Think again, you're not! There's a reason I had to go back and re-read the book after being sucker punched in the gut with that ending! The reason is I didn't see it coming! How did I not see it coming!? I saw something coming, but that definitely was NOT it!!!! I am completely salivating for the sequel! There is so much I *need* to know! NOW!!

I know I'm not saying much about the plot, but I can't. It's on a need to read basis and you need to read! I will say that the love scenes were totally hot, talk about insanity. What totally blows (ha, I said blows) the lid off hot is when you realize the little (big) thing about Damien. Did she--with a--she was?!?! Who the hell was she with!! Either way, totally screwed up in a kinky sort of way!!!

You know how I love me a good mind f--k! With *Insanity*, I should have worn protection!

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