



EL GENIO INTERIOR

Harry W. Carpenter

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Si sigues las reglas y los métodos expuestos en estas páginas, obtendrás resultados. Conseguirás tus metas más rápida y eficazmente de lo que nunca hubieras imaginado. Es muy posible que no atribuyas tus éxitos a estas lecciones. Una de las razones es porque no ocurre nada extraordinario durante ni después de la programación de tu mente subconsciente. Ningún coro de ángeles ni una banda de trompetistas te anuncia que tus afirmaciones están funcionando, ni que has alcanzado tus objetivos. Simplemente es algo que ocurre, de forma natural y sin ningún esfuerzo.

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Louise says

Amazing summary

You could study all the magic books in the world or you can summarize all of them with this one book! This book is amazing and I thank you. LPM

Andreea Onea says

One of the best explained books on how subconscious mind works. Very interesting and very true. I was quite surprised by results after trying some of the exercises.

Modesta kerketta says

Very helpful.... Triggers are simply amazing. Would definitely recommend to all those seeking better harmony with their minds

The chapters are well organized to take you step by step on how to use the practices. Thanks to the Author for such an amazing guide

Sean Silva says

The Genie Within is a book with a great concept if you go in with an open mind. Not everyone is going to appreciate some of the things in the book or how they are presented, for example, prayer. The author also puts a lot of emphasis on hypnosis. Not only is it mentioned in many of the examples to back up his claims but he also gives self hypnosis passages for you to use yourself. Overall, the concepts covered are beneficial and if practiced will improve your life, your well being and your health. Thinking positive, affirming it to yourself, believing in mind over matter does work in many cases and if you feel the same, the book has different ways and examples for you grow and expand on those beliefs. The book is not for everyone and I don't necessarily agree with everything the author says. But it is an easy read and if you do what the book says and practice it continuously (regardless of whether or not you have doubts, setbacks or down moments in your life), it will help you feel better. And if you are pointed you in right direction, help you get there.

Gridknightt says

The author forewarns that most of the book contents are copies of other persons material. I did find that MANY pages could have been eliminated; each lesson ends with a lengthy description (what one should perhaps read)of what to suggest/tell your subconscious mind whilst in the Alpha state. I didn't like treating

the subconscious as a "person"...thanking it, praising it, etc. I did like the fact that I didn't have to read the last chapter...it was on prayer.

I was able to pick up a few ideas and to re-affirm others. A few interesting anecdotes of dealing with and understanding the subconscious mind. I did expect more.

Alyson says

Best book I've read in the whole "The Secret" genre.

Ali Mignonne says

This is an interactive book that requires a small time commitment to do the exercises. While I did find some real benefits and deep truths, there was also a fair amount of what I considered wishful thinking. Maybe I'm just not doing it right ... Anyway, despite that, I did like this book very much.

John Martindale says

For the most part I am on board with the author's premise, but I think how he presents the material, sometimes made it hard to take it all seriously. I listened to the audiobook and the narrator didn't help by any means, it was obnoxious to have to hear the narrator try to use a hypnotist voice and carry on with "relax... you are feeling very relaxed... your toes are relaxed, oh so relaxed, you just love how relaxed your toes feel, oh soooo reeeelaaxed, oh it feels sooooo good to have the toes feel so reeeelaaxed, and the feet feeeel so relaxed.... etc... etc..." All of this wouldn't have been as bad if I had read it instead, but yeah, even then this kind of then crawls up my skin.

Vinokanth Velu says

One of the best books I read on subconscious mind and its abilities. This book extends the ideas presented by Maxwell Maltz in his book Psycho-Cybernetics.

Rudy Perez says

A Wealth of Valuable Information

Loved this little book. It demonstrated the incredible powers of the subconscious mind and how to tap into those powers. Easy to comprehend, I have already started applying the many techniques in the book to my life.

B says

This book one of the few books that you can't put it on the shelf and forget about it. I read it 3 times and I will read it again and again.

Spencer Hedges says

Bought this book 3 days ago and just finished it. If there is a key to happiness, life, goals, etc. it is in this book. The subconscious is a powerful friend that I feel everyone should read about. :)

sprinkle.your.sparkle says

The genie grants you wishes when 1) you are aware of its existence 2) you take the time to learn how it functions 3) you invest in improving your communication with it. // Two stars for the writing style which kills me inside. Also the “self talk prep talks” at the end of the chapters were WAY WAY too much for me. I’ll get back to it in a month or so to reread the key points and monitor my progress on self-discovery.

Maryanne says

Might look and sound cheesy but it was very well done. I liked reading because the author has had a lifelong passion for understanding his field. He seems to have a knack at presenting the information in a way that promotes retention-go figure. He often sounded like an excited kid which might be lame to some but came across as endearing to me.

Joshua Clayton says

Great book, great repeat reading!
