



# Regularly Scheduled Life

*K.A. Mitchell*

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## **Regularly Scheduled Life** K.A. Mitchell

*It's a long way back to happily ever after.*

Sean and Kyle have enjoyed six perfect years of what their friends called a *disgustingly happy* relationship. But what happens one sunny Tuesday morning in October might be more than even the most loving couple can survive.

When the bell rings that morning in chemistry teacher Sean Farnham's first-period class, a terrifying sound fills the halls - gunshots. Without considering the consequences, Sean runs to tackle the shooter, sustaining a bullet wound to his leg. Despite his actions, he is unable to save the lives of the principal and two students.

Architect Kyle DeRusso hears about the shooting on the radio, and in the flash of an instant finds his life irrevocably altered. Everything - especially his heart - hangs suspended in a nightmare until he finds out Sean is alive. It doesn't matter that Sean will be left with a permanent limp. Kyle's just relieved the worst is over.

Or is it? Putting that day behind them isn't as simple as it sounds. As Sean struggles to make something positive out of the tragedy, Kyle fights to save their relationship from the dangers of publicity - and Sean's unwillingness to face how the crisis has changed him.

*Warning: This book contains adults doing adult things, like using adult language and having hot m/m sex in various positions and on various furnishings. It might also cause the more tender-hearted adult to reach for a tissue or two.*

## **Regularly Scheduled Life Details**

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Author : K.A. Mitchell

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# From Reader Review Regularly Scheduled Life for online ebook

## Bubbles Huntly Honest & Direct Opinions says

[I hated how Sean would have slept with Brandit if Brandit wouldn't have had to catch a plane. I hated how in the last chapter When Sean is making his big speech and Kyle asks about his publicity and Sean says he is done with publicity because Brandit

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## Christina says

[ At times I actually found myself wanting them to break-up. (hide spoiler)]

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## Stacey Jo says

This was a very emotional book but in a good way. It was hard to put down. It starts 6 years into a very loving couples relationship, that perfect couple, when an unimaginable tragedy strikes that turns their world upside down. They each have different ways of dealing with it. Being guys, instead of talking about it, they go off and deal with it in their own ways so you want to shake both of them because you have the benefit of knowing what's going on in both of their heads. You know they both want the same thing...each other. They deal with some serious real world issues and some scary ones at that. They're still very much in love through all the crap that they drag each other through and in the end they realize what they are to each other and how much they don't want to lose that and we get our HEA. But it's an emotionally charged ride...heart in your throat, sometimes you want to cry, sometimes you want to smack Kyle and/or Sean, before you get to the end, but once you get there, it was well worth the ride.

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## \* Meli Mel \* says

♥♥♥ 3.75 "Stop fighting" Stars ♥♥♥

Some parts of this book I really liked, while others not so much. It was hard for me to get into at times, but there moments that I was totally connected.

What I liked about this book, was the fact that the two male leads were already in a relationship of six years when this book began. This was about a couple trying hard to maintain their happily ever after. But after Sean gets injured during a school shooting, their relationship seems to be headed down a bad turn.

Sean I liked in the beginning, in fact I liked both in the beginning. They seemed so caring and loving of each other. But after Sean got injured, I became annoyed with the way he at times pushed Kyle away. I got that his pride was hurt with him being "handicapped" for a while, but it still made no sense to push the one person who loved him away. I also didn't like how selfish Sean was when it came to Kyle's feelings. He knew that Kyle didn't like having Brandt around, but that didn't stop him from letting Brandt into their homes and pretty much their lives. However, I did like that he tried to make a difference. He wanted to send a positive message that being gay isn't a bad thing. That I loved about him.

Kyle was at times as frustrating as Sean was. He would complain about Sean not paying much attention to their relationship. I got where he was coming from, but I also thought Kyle should have been a little more supported of what Sean was doing. I liked how much Kyle loved Sean, so it hurt my heart to see them arguing all the time.

While, the beginning was a tad bit slow, and the book had it's boring moments. The second half of the book really grabbed my attention. I desperately wanted things to work between them. And right when things seem to be getting better, it gets worse. I was so frustrated and hurt by all the things they were saying to each other that, I almost wanted them to separate (I know!! How could I want that to happen!?!). I'm so glad they didn't.

In the end, I really did enjoy this book. It wasn't perfect, which is kind of what I liked about it. Relationships don't end at Happily Ever After, and this book was great at showing how you can struggle to keep it going, but they tried. The ending was great, I was really happy for them. I think they still need to work on a lot of things, but I'm glad they have each other. I hurt and smiled. I loved the secondary characters as well. Overall, it was a good read.

*\*Buddy Read with Alvin, Mishyo, Catherine, Sonia, Sheziss and Erika\**

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**Alvin says**

**HAS A GREAT BEGINNING, BUT...**

It has too much bickering from the middle of the book onwards.

*Stopped at 46%*

I'll try to finish this because it was a buddy read. (but unlikely)

The beginning was great and the writing of the shooting was sensitive enough. I just can't handle more quarrels from both MCs anymore.

If you can get pass that though...

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**Karen K says**

Really liked this one. The characters are so real and memorable, and for me that's the key to this book.

Sean and Kyle each have strengths that feed theirs and each other's weaknesses, and weaknesses that feed

their strengths. Their love both encourages and scares each one of them in a different way, despite being together for over 6 years. Their relationship is strong and lasting, but at the same time fragile and at times helpless. I adore the both of them.

The circumstances in the book come to vivid life through both Sean and Kyle, and the other host of characters, as well, circumstances that would seriously try any relationship and make anyone re-evaluate their lives and loves .

Damn good read.

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## **Brew says**

This is my impression of the book:

**70% jaw-droppingly stupid fights** and **30% sex**.

Yes, every couple fights, that's pretty much a guarantee. But for the love of God, there is a limit!

These are **two grown 30-something men** who have been in a relationship for **six years**. I'm sorry but I can't suspend my disbelief that much. The ridiculousness of the fights, the sheer determination to *not listen to a single freaking word your partner says* and then to cut off almost every fight with "make-up" sex.

How did they even make it this far? I honestly want to know.

So yeah, when you start rooting for the main couple to break up.....no question, this was a fail for me.

Still giving it **2 stars** because, well, the sex was hot.

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## **Nikyta \*Miss Forgetful\* says**

[Let me first start off saying that the blurb really doesn't tell much about the book. Yes, it says what happens to Sean and how getting injured affects the lives of Sean and

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## **JR says**

If you read my reviews, then by now you know I keep reading K.A. Mitchell's books out of order. It doesn't hurt, but I seem to do it with her books a lot. This is #1 in the Ohio series.

This story is about Sean and Kyle, who have been together for 6 years. Everyone knows and comments on how much in love they are. It seems like the perfect relationship. Sean is a high school teacher. Kyle an architect. They have good jobs, a great house, a good life. This is all shattered one day when a gunman enters Sean's high school. Sean becomes a hero when he thwarts the gunman, but not before students are killed, and Sean is badly injured.

This event shakes Sean and Kyle's relationship to it's core. There is much anger, angst, anxiety, as their

relationship begins to unravel. The book becomes a testament to how much a relationship can stand before it crumbles to dust. I felt a great deal of anxiousness over how this story was going to play out. I really wanted them to find their way and find their happiness again.

I started this book, but it lost me in the beginning. I went back to it several months later determined to finish it. I am so glad I did. It's a wonderful read and a lesson in survivor guilt.

I give it a classroom full of stars. K.A. Mitchell has yet to disappoint me.

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### **Shanna says**

This is one of the best books I've read about relationships. We meet these guys when their relationship is in crisis but it's clear that these guys really love each other and have lost their way. Many times they don't talk and if they do it's superficial and it ends up with them in bed. We watch as these guys just fall apart and it's really hard to watch when it's clear how much they both love each other but they just don't know how to fix things. This book is really a journey through loss and redemption. One of the best things in the book is when someone tells them that marriage isn't for the weak. It's tough and it's difficult but it's worth it. These guys learn this but the hard way. As heartbreaking as it is to watch these guys fall apart it's equally satisfying to watch them redeem themselves.

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### **Sheziss says**

I am aware a lot of people love this book.

I have a message for Sean and Kyle:

You both unnerved me!

I must be sick or something because I have the bad habit of finishing my books. And I don't learn!

That's not healthy, or practical, but that's me: the silly young woman who reads every paragraph from page 1 to the end. I must change, I know, I'll die soon if I don't. Because these two gave me heart palpitations!

Firstly, I have had not very good experiences with stablished relationships. For instance, Prey and The

General and the Horse-Lord were a no-no for me. I had those warnings, and maybe that's why this book spent so much time on my TBR self: something within me, very deep within me, knew this was going to happen.

Thanks, inner goddess.

You knew better than me.

Secondly, the writing didn't get to me. I found better hobbies to do than reading this book. That's a bad signal itself. The writing tired me only for trying to follow the thread, which itself was not interesting to begin with.

Thirdly, the plot is studiously shocking: a shooting in a high school, in which Sean is one of the victims who survive. After the worst has passed, he and his boyfriend for six years, Kyle, have to come back to normal life. But things are not as easy as they seemed in the beginning, and soon they discover that the hard part has yet to come. So, okay, it plays with your emotions: the fear of confronting a mad kid with a gun and the despair at knowing that the love of your life has been shot. It was convincing. Almost. That's the excuse for us to get attached to the MC but I didn't fall for it. I need pages and time for that, and there is no chance of achieving it without getting to know the characters first. Eventually I did have a concern of sorts, but it wasn't enough to get on with them.

Fourthly, the main characters are plainly stupid. They are grown adults. Really?

So, Sean, why do you agree with Brandt's plans? Can't you see the obvious? Can't you see your relationship is sinking because of that? Can't you see the important things in life? Can't you UNDERSTAND? And then you are shocked because things go wrong? Seriously, you know about cause and effect? The butterfly effect? The last straw?

Maybe you deserved it all and I almost like Brandt for it.

And Kyle, your reactions are childish sometimes. I can't buy that after a two-page argument things are over. You give up too easily. You don't fight for what you want or what you believe or what you love.

The characters are so thick they are hilarious sometimes. I can't believe they lasted six years.

The sex...

It's supposed to be hot but for me it was like a cold shower.

Ok, there were one or two scenes that were not that bad, but most of them didn't inspire me. If I read sex scenes and I feel like I'm reading the shopping list in the supermarket, they are not worth it.

So, this book was boring and unreal, I WASTED too much time reading it and the feeling I had when I finished it was not satisfaction or contentment, just relief and frustration. It was almost a torture sitting down to continue the story. I didn't like the form nor the content of this novel. It made me roll my eyes, it made me yawn and it made me pull my hair out.

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**\*\*\*Buddy Read with Alvin, Mishyjo, Meli Mel, Catherine, Sonia and Erika.\*\*\***

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## **Heather says**

Sean and Kyle have been together happily for six years. Their friends call them the perfect couple and they truly do love each other.

One day, everything changes when a young man comes into Sean's school where he is a teacher and begins shooting randomly. Sean runs to the rescue, tackling the shooter, saving a bunch of kids, and getting shot in the process. Sean's leg is injured pretty badly, but the minute everyone hears about the shooting, Sean becomes a hero. He is interviewed by Matt Lauer on the Today Show with his partner Kyle by his side. All of a sudden, Sean is a "gay" hero and becomes somewhat bombarded by offers to appear on TV shows etc. He ends up hiring a PR guy named Brandt to help him get speaking engagements and other bookings.

Kyle has felt like he needed to tiptoe around Sean from the minute he got home from the hospital. Now, with Brandt's help, and Sean getting tons of media attention, they can't even go out to dinner without being interrupted by appreciative people. Kyle feels bad about his annoyance, but after months of enduring the attention, it begins to seriously impact their relationship. It doesn't help that Brandt is very attractive and gay.

Kyle wishes things could go back to the way they were before the shooting and Sean can't understand why Kyle is being so moody and difficult. If their relationship is going to work, something has to change. Can



they make it work?

This book is actually really good. The author does a great job building up Sean and Kyle's relationship prior to the shooting, so I really felt for them, especially Kyle, when everything started going south. The constant miscommunication and avoidance of the issue at hand, reminded me a lot of a real relationship. There were times when I had to put this book down and pick it up again later because the angst was a little too much to take. When I did pick it back up however, it would suck me right back in. There is definitely some hot m/m sex in this book, but there were some times of awkwardness, which made it seem all the more realistic. I really enjoyed this book and if you like drama in your m/m romance, give this one a try.

xo

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## **Susan65 says**

This is my 7th time reading this book and the first time properly reviewing it. The fact that I've read it so much tells you something, and that something is that no matter how old a book is, if it's a good book we must not put it on a shelf and forget about it. There are so many new readers to this genre and sometimes it's just good business, or in this case, a public service to keep this one on the table. Obviously, not everyone loves the same thing, but K.A. Mitchell, and the Ohio series is still, years later, one of my all-time favorites.

Sean and Kyle immediately called to me because they are disgustingly happy six years into their relationship. Established couples are a rare breed and though I like to read about guys meeting for the first time and falling in love, I also love to read about the established pairs dealing with real life issues that test their relationship and find their way back to each other.

In this case, Sean, a high school teacher, is involved in a school shooting and is injured then instantly touted as a hero. Kyle, his biggest fan, is scared to death of having their faces, especially Sean's, plastered all over the national news. Not everyone is happy to read about a gay hero. But, lucky for them, Brandt, a public relations expert convinces Sean that he needs to get ahead of the ball and put his story out there before it's twisted...of course, Brandt has a lot of money to make off Sean, and Kyle knows it. To him, Brandt is sleazy, to me, Brandt is sleazy, to Sean, Brandt is helping him showcase gays in a positive light and earning him a couple pennies at the same time. Kyle just wants to go back to his regularly scheduled life where he and Sean are safe.

My heart went out for Kyle. He needed as much comfort, if not more, than Sean. But, Sean was the one shot so Kyle is just viewed as being petty, at first. Sean was really not the good guy at home. Even though I loved him, and he was my favorite between the two (odd, I know), he still needed to speak up with his internal fears. His desire to not depend on Kyle was paramount to pushing Kyle away, he just didn't see in time. And allowing Brandt liberties he would not allow Kyle really irked me. But, I got it. He wasn't trying to be jerk, but he clearly was not thinking straight.

These two go through the ringer, but in the end, Brandt is gone and Sean and Kyle are the committed couple that began this story. It was not easy, and it was not pretty, but sometimes you have to lose the best thing that ever happened to you in order to move forward. I love this book and will probably read it again. That right there tells you more than this review.

Overall Impression: It was amazing!

\*I purchased my own, personal copy of this book for review.\*

The 7th read but the first real review by Thew Blogger Girls

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### **Nichole (DirrtyH) says**

Wow. I don't think I have ever needed an HEA for a couple more than I needed one for Sean and Kyle. Whew!

This book was amazing. I was blown away by the writing. I am used to m/m being light and romantic with relatively simple characters and writing style. But this was serious as a heart attack and didn't ever let up until the end. This story was real, and it was poignant and heart wrenching and just so well crafted. It kept me hooked every single page.

Sean and Kyle are a perfect couple, and Mitchell did a great job of filling them out and making them real and believable. I loved the way she showed the little things that made them who they were together - the cute little games they played with each other and the way they said "I love you." These two were so in sync with each other and then Mitchell showed us in excruciating detail how it slowly derailed.

I really want to recommend this book to everyone. It completely transcends the genre. This was not just an m/m romance. This was a well written story about how people deal after a crisis and the way it can tear a relationship apart. This story tore me to shreds but I loved every minute of it!

**\*\*May 2010 re-read\*\***

Still 5 stars. I love Kyle and Sean and I so badly need a sequel! I know there are prequel shorts on Mitchell's web site, but I don't want prequel shorts. I want a full length sequel so that I can rest assured knowing Kyle and Sean were able to learn from their mistakes and make their HEA last. I NEED it!

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### **Emanuela ~plastic duck~ says**

What really struck me about this book is that the author plays her characters as if they were musical instruments. She brings out all kinds of emotions with incredible depth and subtlety.

I found myself worried about Sean and Kyle and I couldn't take sides, because both know what is making them miserable (or happy) and, like many people in real life, they can't bring themselves to do the things which will improve their situation because of their pride or because they are afraid they'll make things even worse than how they are.

I could really feel the chemistry between Sean and Kyle, but I could also feel the strain of their relationship, as they were going through their trial. I also liked the secondary character - the sleazy Brandt, or Jack and Tony, the main couple's best friends, the sometimes overwhelming families.

I can't really say much more, it's an amazing book.

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