



Health Psychology: A Cultural Approach

Regan A.R. Gurung

[Download now](#)

[Read Online](#) ➔

Health Psychology: A Cultural Approach

Regan A.R. Gurung

Health Psychology: A Cultural Approach Regan A.R. Gurung

Using a conversational style that conveys the excitement, research base, and real-world applications of the field, Regan A. R. Gurung introduces health psychology with an integrated cultural perspective. Gurung focuses on key determinants of behavior--such as family, ethnicity, and religion--which are not always highlighted in health psychology books. The text is packed with the most up-to-date citations available, presenting topics taken straight from headline news as well as classic issues in the field. A range of vivid examples from different cultural groups provides you with a comprehensive description of basic theories and an overview of cutting-edge research in health psychology. Special sections that highlight clinical applications, coverage of personality and social psychological theories, and chapters devoted to variations in cultural beliefs, human development, and different diseases combine to give you the best of many worlds. Available with InfoTrac Student Collections <http://goengage.com/infotrac>.

Health Psychology: A Cultural Approach Details

Date : Published March 4th 2013 by Cengage Learning (first published August 22nd 2005)

ISBN : 9781285062112

Author : Regan A.R. Gurung

Format : Hardcover 570 pages

Genre :

 [Download Health Psychology: A Cultural Approach ...pdf](#)

 [Read Online Health Psychology: A Cultural Approach ...pdf](#)

Download and Read Free Online Health Psychology: A Cultural Approach Regan A.R. Gurung

From Reader Review Health Psychology: A Cultural Approach for online ebook

Regan A. says

In retrospect there are a number of things I would do differently. So I am. Watch for the revision due out early next year. Have caught the odd error and nicely expanding on some sections.

Stephen says

This text needs an update, but it is the best thing out there when approaching the topic of health from a cultural perspective. I do this in my classes despite the academic tide of placing health behaviors into the realm of neuropsychology, where everything else is going. The struggle carries on.
