



Keys to Perception: A Practical Guide to Psychic Development

Ivo Dominguez

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Many different systems and traditions of magic, divination, spirituality, and esoteric religion exist, but at their core, they share the need for practitioners to safely and successfully experience the reality that lies beyond the physical senses.

Keys to Perception: A Practical Guide to Psychic Development is a collection of proven and tested methods, rituals, and systems that will help you deepen and clarify your capacity to sense and understand the rich worlds beyond the veils of the ordinary. The material in this book derives from decades of work by the author and his students.

Dominguez offers the reader practical techniques for increasing psychic aptitude and ability. Methods featured include chanting and working with crystals, chakras, oils, herbs, and potions, as well as a variation on the Middle-Pillar Ritual.

Keys to Perception: A Practical Guide to Psychic Development Details

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From Reader Review Keys to Perception: A Practical Guide to Psychic Development for online ebook

Taylor Ellwood says

In this book the author shares the keys to perception and walks readers through a variety of exercises he's developed that can be used to cultivate psychic abilities. What I think stands out to me about this book is how the author manages to make the book relateable to people regardless of what their spiritual background is. So while Pagans and magicians will get a lot from this book, so will anyone else who has psychic abilities or simply wants to learn more about them. The exercises are well developed and described and its clear the author has done the work, but he also makes a point to describe the mechanics of the workings, which is helpful if people want to experiment with it.

Edric Unsane says

A very good book on awakening, developing, and maintaining your psychic abilities. The exercises are all fairly good and well, and I was happy to discover that there wasn't much fluff to the book. It was an above average put in the work and benefit from it kind of book, which is much appreciated.

Diana says

This was an excellent book to increase and build on psychic skills. It is filled with exercises to develop and expand your skills. This is a book you will continue to come back to. After reading it through once I plan to go through it again to begin uses the exercises more deeply.
