



The One Year Daily Acts of Kindness Devotional: 365 Inspiring Ideas to Reveal, Give, and Find God's Love

Kristin Demery, Julie Fisk, Kendra Roehl

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What would happen if you and your family committed to doing one act of kindness each day for a year?

Our world desperately needs more kindness. Whether it's on social media, in the news, or between your arguing kids it can seem like conflict and disconnection are everywhere. But imagine how much better life would be if we got intentional about being kind!

This year, embark on a journey to make kindness a part of your life, home, and soul. In *The One Year Daily Acts of Kindness Devotional*, you'll find Scripture passages and inspirational personal stories about why God calls us to show kindness, what it means to live a life of generosity, and how you can incorporate kindness into your everyday routine (and teach it to your kids) with tons of simple, easy-to-do ideas.

Show your world the kind of love that is possible with daily acts of kindness that will change your heart, inspire your family, and draw you closer to God.

The One Year Daily Acts of Kindness Devotional: 365 Inspiring Ideas to Reveal, Give, and Find God's Love Details

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From Reader Review The One Year Daily Acts of Kindness Devotional: 365 Inspiring Ideas to Reveal, Give, and Find God's Love for online ebook

Donna Hines says

A quick lil sampler of Daily Acts of Kindness to help brighten someone's day.

However we choose to help we need to work together, love our neighbor, honor our faith to God, and treat each other with kindness and love.

When we see others suffering offer a hand up not out.

Our world could use more kindness, love, compassion and empathy.

Conflict, heated debates, twitter rants seem to have taken over our ability to process normal flow of information from fake news and opinions as facts.

This new year, embark on a new journey, one that includes slowing down and appreciating what is present and among us.

Find your passion and follow what God calls us to do in living a life of generosity by incorporating kindness in our everyday lives.

Big or small is inconsequential as simple tasks can truly brighten one's day.

Show the world that we are one race--the human race and begin today!

I thank the authors Julie Fisk, Kendra Roehl, and Kristin Demery for this copy in exchange for this honest review. This sampler will be donated to my library in memory of my niece Cassie Ann Gatcha.

Nancy Holte says

I don't think this book could be released at a better time. Our world could use a little more kindness! The stories in this book are engaging and the suggested acts of kindness are simple and reproducible. If I could, I'd buy one for every person I know and more! Amazing book!

Kelly Hobgood says

Inspiring, motivating.

Tera says

I won this book in a Goodreads giveaway. Each page is a verse, a thought, and an action. One reminder to be kind each day. The world could use more of that.

Victoria L Cole says

This devotional is an easy read with practical ways to be kind to others. A necessary read for our society with all of the hate around us.

Justicereads says

I feel like there is nothing better than a daily devotional. Something to keeps us on our toes and aware of how we are portraying ourselves and how we affect other around us.

Julie Fisk, Kendra Roehl, and Kristin Demery really know the acts of kindness that can make a difference in someones day. The acts of kindness that was suggested for Christmas time was my absolute favorite and I even shared the experience with my 10 year old. What a different type of conversation my son and I had and I am so grateful for it.

This devotional is wonderful and it taught me more bible verses and again, I was able to share with my family. When a single devotional has such an impact on one family, it tells you that the impact that it could have on the world is immense.

Jodi Grubbs says

Would you like to feel like your family has a road map on how to live a life of generosity? Julie, Kendra and Kristin have compiled a beautifully written devotional together, showing us easy ways to be intentional about simply being kind. You will be touched by heart warming stories and inspirational experiences they have had. This book is easy to read and gives you one page a day to enjoy throughout the year. Each page has a bible verse, a short reflection and a suggestion for an act of kindness for that day. Enjoy this with your whole family!

Kathleen (Kat) Smith says

I fell in love the Random Acts of Kindness that first appeared in the movie Bruce Almighty, and even inspired me to spend my 49th birthday finding 49 different ways to do things for someone else instead of buying me more stuff I really don't need. And you know what, it is the only birthday I can remember over any of the other ones. I can even remember the things I did to make someone else's day instead of my own and the feeling was so amazing.

Now Tyndale House Publishers has appealed to me once again with The One Year Daily Acts of Kindness Devotional. In it readers will find themselves challenged not only by the daily Scripture reference from the Bible, but an applicable story that shows just how you can both apply the Scripture but also make someone else's day through random acts of kindness. At the conclusions of each days devotional, readers are challenged in some way to take that idea and make it their own, like Do something unexpectedly kind for a teacher, encourage someone else with your story of God's faithfulness, honor someone in your life by

picking up the slack in their busy season, invite someone new to Thanksgiving this year and so many more.

Divided into daily devotionals, readers will love the ease and simplicity of being reminded it is about serving others through the daily acts we can perform to show them the love of Christ working within us. It keeps these reminders at the forefront and helps us to keep our hearts in the attitude of serving rather than being served. Each of the three authors, Kendra Roehl, Kristin Demery and Julie Fisk each take their turns at writing each daily devotional so in a sense they are sharing their own testimony and life with you as you work your way through each of the 365 days. The best part is that you don't have to wait to begin in January 1st, you can just pick up like I did right when I received my book.

I received The One Year Daily Acts of Kindness Devotional by Julie Fisk, Kendra Roehl and Kristin Demery compliments of Tyndale House Publishers. This is such a great book that I can speak more highly about, but that if you are looking at a way of making your daily life count more, looking for ways to serve others, and even ideas on incorporating daily acts of kindness into your day, than this book is perfect for you. I give this one a 5 out of 5 stars because as a busy mom, wife and more, I need something to keep my heart in the right place and this works for me.

Sharon says

I won this devotional as a goodreads giveaway, thank you. I enjoyed the first few months of this devotional. I enjoyed getting to know the families and their approach to kindness. I was able to be reminded of some classic kindness tasks and picked up a few other suggestions. However unlike the authors, I don't have children and I don't live in a neighborhood. So, midway during the year I became disappointed in the lack of variety in kindness suggestions.

Monica says

Every day that I watch the news on television or read through my social media newsfeed, I think how much we need more kindness in our world. The One Year Daily Acts of Kindness Devotional is a 365 day devotional with ideas to make the world a kinder place.

The Three authors of this devotional, Julie Fisk, Kendra Roehl, and Kristin Demery, came up with an idea to do an act of kindness during the Christmas season when they felt their children needed to be less self-centered and more other-centered. After their short December experiment, the ladies decided to expand their idea to a whole year. After a year, "we found that our own lives and our thoughts toward others had changed" as a result of their daily acts of kindness.

Each of the readings in The One Year Acts of Kindness Devotional starts with a Bible verse, then a short reading about an act of kindness from one of the three authors, and then ends with an idea of how you or your family could apply the devotion to do a local act of kindness.

My husband and I really like the idea of doing a daily act of kindness. I could not wait to get The One Year Acts of Kindness Devotional to give us inspiration. Even though it is for one year and is dated January 1 through December 31, readers can begin and end on any date that works for them. We decided to go ahead and start. We are reading this devotional with our evening meal and figuring out our own ways to do acts of kindness every day. Some of their examples for kindness include: reaching out to those who are grieving, considering how you could help or support someone who is ill, choosing someone to surprise with a small fun gift to brighten their day, or giving someone the gift of time. Most of the ideas are fairly broad and allow you to tailor them to the needs that you see around you. They are really just a springboard to using your imagination, which I think is great. Along with using this devotional on your own, this book would be such a nice gift for families at Christmas or the start of the year, maybe even as one of your acts of kindness. I have to add that I also like the cover picture with the visual reminder to let your light shine (Matthew 5:15-16).

I received a copy of this book from Tyndale Momentum Publishers. I was not required to write a positive review in exchange for the book.

Sarah says

"Daily Acts of Kindness" is the perfect devotional for the world that we are living in. It seems you can't turn on t.v. or even scroll on Facebook without seeing some kind of tragedy in our world. The world continues to feed off negativity and it seems that kindness makes the news when it is only one small act. Our world should be so full of kindness that people see it everywhere! I love that this devotional has 365 days of kindness which if put into practice can have a ripple effect on helping to change the world.

Each of the devotional readings in "The One Year Daily Acts of Kindness Devotional" start with a Bible verse and then a short devotional about kindness from the author, which then ends with an application section. It allows the reader to be able to apply the devotion to their life and do some act of kindness. This is something I really love because I believe the world would be much better if we could do more kind things and speak kinder to others even when we don't think or believe the same way. I see this devotional as more of a challenge to try to get through and do every day of the week for 365 days a week. I give this book 5/5 stars. Thank you to the publisher for providing me a copy for review. A favorable review was not required.

Tracy McGee says

I absolutely love this devotional. Everyone loves to be the giver and receiver of an act of kindness. It has become a very trendy thing to do lately. I love that this devotional ties in scripture and gives practical examples of things we can do to share the love of Jesus with those around us. Each daily lesson is short and simple leaving plenty of time to put our faith into action. This is a great devotional for the entire family. What better way to help our children to understand the word than to actually put action to the word. I love it!!!! ?

Nicki says

This is so good, containing both practical advice and ideas to think about.

