



Kindling the Celtic Spirit: Ancient Traditions to Illumine Your Life Through the Seasons

Mara Freeman, Linda Carol Risso (Illustrator)

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In this beautiful treasury of sacred wisdom, Mara Freeman shares the rich legacy of the Celts -- the festivals, gods and goddesses, saints, faeries, music, poetry, and storytelling that anchor this magical tradition. Discover myths, rituals, recipes, and crafts for every month of the year. Honor Saint Brigit with a prayer in February, or ensure a merry start to May with a bowl of frothy syllabub. Come together with friends and neighbors to celebrate community in the high days of August, then learn to weave a solstice wreath in snowy December.

Traditional blessings, ancient lore, and guided meditations inspire you to reconnect with the rhythms of the natural world, and view the sacred as an integral part of every day. Rediscover the wisdom and healing power of nature, and cultivate and honor your soul as you would the earth. Let the spirit of the ancient Celts enchant you in every season, year after year.

Kindling the Celtic Spirit: Ancient Traditions to Illumine Your Life Through the Seasons Details

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From Reader Review Kindling the Celtic Spirit: Ancient Traditions to Illumine Your Life Through the Seasons for online ebook

Marie says

This is a wonderful insight to the world of the Ancient Celts.

K. says

A thoroughly researched and detailed reference book for anyone who wants to learn more about Celtic spirituality. The book is divided into the pagan Wheel of the Year, with background on each of the festivals, with information about sacred places, animals, trees, and much more. An excellent resource for spiritual seekers.

Dean says

I got this book a few years back and it became one of the most important books in my life. I cannot say enough about this book other than if you do not own it, you should. This book is wonderfull for the Pagan and non Pagan Alike. It has been my spritual guide for as many years as I have owned it, and I will contintue to buy copies for friends and my son when he comes of age. A lifetime book.

Holly says

This book breathes air into my soul. It has great stories and beautiful ritual

Christina says

This is a cycle of the year book, and since I've been reading it for a year now, I guess it's time to call it "read". But I'll probably keep reading it, a month at a time, for a while...

Casey Miller says

I found most of this book really interesting. I loved reading about the history of the Celtic people and the celebrations throughout the year. I was less interested in the sections that she called "The Inner Cauldron", wherein she talked about ways you can meditate on the gods of the ancient celts and use the magical powers for yourself. That part is a bit hocus-pocus for my tastes, but I did enjoy learning about the symbolism of different trees, herbs, and animals, and I love that she included recipes for some different traditional goodies. It has definitely inspired me to be more intentional about creating celebratory rituals throughout the year to

bond with friends and family reflect on the cycle of the year.

I especially liked the Autumn festivities and Samhain and the winter solstice/Christmas stuff, and the Beltaine stuff was pretty exciting too. All around I thought this was an interesting and informative read.

Rivera Sun says

I love this book. I read each chapter on the first of the month ... this is my second read. It is re-weaving something that was lost long ago (in my family), although surprising pieces remain. It is connecting me to the rhythm of the Earth's cycles and the old legends of my ancestors.

Diana says

just having a break , its a great book, but as its a wheel of the year book and I'm up to August in the book, Only at March in real time, so want to read rest of book later in the year to appreciate it more.

Alyce says

So Far it is fascinating and is helping me a lot with class on Celebrant and ceremony.

Becky says

I like the stories and history given in the book.

Rachel says

Ce livre ce lit comme un almanach. Mois par mois, l'auteur nous présente la vie à la façon celte : mythes, recettes, fêtes, art et symboles par exemple. On peut y puiser aussi réflexions et méditations sur la vie, apprendre sur des traditions anciennes et les adapter à notre rythme de vie.

Bref, si vous aimez la culture celtique, je vous le recommande.

Narkitsa Orada says

Not sure what to say about this book. There's nothing specific I disliked about it, and it's a beautiful concept. In the event, though, I found it somewhat flat. If you can borrow it, it's a relatively nice read, but I wish I hadn't paid for it.

Pam says

Interesting and informative of Celtic customs in various regions.

Aricia Gavriel says

An unexpected Christmas gift some years ago, and an enormous pleasure. A journey around the wheel of the year from the perspective of folk who lived closer to the land than we, or our parents, have been able to ... though I do remember my grandparents singing now-forgotten songs, and keeping traditions that have passed into history. Books like this help to keep the past alive, which is vital -- before we lose the lot, throw up our hands and surrender utterly to the game consoles, mobile phones and computer-controlled everything! I loved this.

Heather says

I really loved this book!

This was the first book I read in 2008 when I started to do some research on fairies and some other things for a story idea I was pursuing. I found out so many interesting things! I enjoyed the tone of it.

I enjoyed all the little details of what fairies were/are really like in the stories from Great Britain. I also found it to be a fascinating study of the things people do who practice an independent lifestyle, like Wicca or Neo Paganism.

I want to buy it, so I can read it again and refer to it often.
