



The Simply Vegetarian Cookbook: Fuss-Free Recipes Everyone Will Love

Susan Pridmore, Amanda Hesser (Foreword), Merrill Stubbs (Foreword)

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Discover the stress-free way to stay vegetarian with easy, everyday comfort recipes from *The Simply Vegetarian Cookbook*.

Simplicity—it's the only ingredient that should be in every vegetarian recipe. When you're short on time, low on ingredients, or cooking for omnivores and carnivores alike, *The Simply Vegetarian Cookbook* stocks your kitchen with the easiest, everyday recipes that anyone can pull off, any day of the week.

This vegetarian cookbook features recipes grouped by type of cooking ease. From 5-Ingredient to 30-Minutes or Less to One Pot recipes, *The Simply Vegetarian Cookbook* allows you to decide what to cook not only by what looks good—but also by what's the easiest for you.

Simplicity is the main ingredient of every recipe in this vegetarian cookbook, with:

Easy-to-find ingredients that you can buy year-round in your local market **Easy-to-make comfort meals** for lunch or dinner, with a handful of side dishes, breakfasts, and snacks **Easy-to-adapt** recipes for vegans and meat eaters, with substitution tips for recipes, plus an entire category devoted to making one dish in two different ways

From Portabella Eggs Florentine to Baked Eggplant Parmesan, *The Simply Vegetarian Cookbook* serves up fuss-free, everyday recipes to make your life easy.

The Simply Vegetarian Cookbook: Fuss-Free Recipes Everyone Will Love Details

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Niki says

Now, I'm not vegetarian, I'm vegan, but I love to try out all kinds of cookbooks. I simply find my own vegan substitutes and use them in place of things that aren't already vegan. Vegetarian cookbooks like this one make it pretty easy since they are mostly veggie based meals anyway. Many of the ingredients in most of the recipes are items that I always either have in my pantry or fridge all the time, so I can browse through the book and pick out a ton of different recipes to try. So far, my family has been happy with all of the foods I've been making, so I'm pleased with this book. I received a copy of this book from the publisher.

Camilla says

The subtitle to Susan's cookbook is "Fuss-Free Recipes Everyone Will Love." She's too modest to do so, but she could have claimed "Fuss-Free and Fabulous Recipes..." .

I found the organization of the book appealing in its simplicity - there are eight chapters, including 'no cook', 'thirty minutes max', 'one pot & skillet', 'sheet pan & baking dish', and 'kitchen staples.' I skipped over the slow cooker section because, well, I don't have one. But she does give conversions for slow cooker recipes to the stove top as well as pressure cooker to stove top. I didn't try the adaptations, but I will.

In addition to being fuss-free and fabulous, her recipes are also flexible. At the end of her introduction, Susan writes, "There are enough things to be stressed about in life. Dinner shouldn't be one of them" (pg. xiii.). I agree!

But, my biggest compliment to a cookbook author is: It got me off the couch and into the kitchen! It inspired me to actually cook.

Seriously. I have so many beautiful, even well-written cookbooks, but if they don't inspire me into the kitchen, I just can't rave about them. This book has clearly written recipes, a few beautiful photos of completed dishes, and lots and lots of tips about adding more vegetable-based meals to your table. It's not a cookbook for vegetarians alone. It's a cookbook for everyone who is interested in some fuss-free, fabulous ways to get more vegetable on their plates.

Chris says

From the Foreword, I connected with author right away. I had those same conversations with my husband in just trying to have one meat free meal a week. I can't imagine the battles I would have if I went completely meat free. Which would be easy to do! Her recipes are easy to follow with simple ingredients. And I love that there's options to add meat in some of them with the Flexitarian Tips. It makes for a happy home with the meat eaters.

The organization is easy to get accustomed to! Instead of being Breakfast, Lunch, Dinner, Sides, Sweets it's

by method or number of ingredients. Sometimes I DO want a simple 5 ingredient meal or a sheet pan meal and it's easy to find those recipes with her cookbook.

And with recipes like Cheesy Broccoli Soup and Zucchini Fritters, you wouldn't really know it's a vegetarian cookbook! We expect all the recipes to be full of curry and kale, but her recipes are comfort foods made vegetarian. Just what you want as someone who wants to start out eating vegetarian or even one who has been for a long time and just want to taste of home.

I can't wait to try many of Susan's recipes. I'm hitting my farmer's market this weekend in search of some in season fruits and vegetables to try sneaking in one meat free day a week.

TISHA says

The recipes in this book seem very easy to make and I can see making several dishes from this book, especially the smoothies....Yummy.

Barrie says

I love the simplicity of this book- great for people who want to eat vegetarian meals but who need fast, easier ways to prepare meals and also satisfy meat-eaters in their homes! The author gives great ways to simplify with chapters like: Less than 5 ingredients, under 30-minute meals, or Slow Cooking and Sheet-Pan meals, including recipes like the Huevos Rancheros Potato Skins or the Tomato Galette. As a busy mom of 4, with a flexitarian household, these are the kind of vegetarian recipes that I enjoy making: quick to prepare, easy to find ingredients, and not fussy preparations! I am putting it on the gift-list for my vegetarian friends- Lives up to the name of "Simply Vegetarian" for sure.

Aymee says

Saw this in one of those bargain ebook newsletters that I get and browsed the table of contents to see if it gave a list of recipes. Seeing several I thought sounded good, I bought it. I figured heck, even if there are only one or two recipes that I like, it's only \$0.99! So yeah, I'm definitely getting my money's worth out of this as there are a ton of recipes I think Taylor (and Maddie) might like.

Angelica M Schneider says

It's a good source of recipes and ideas for anyone wanting more plant-based meals. I already used one of the recipes and am looking forward to using many more.
