



The Real Simple Guide to Real Life: Adulthood made easy.

Noelle Howey (Editor) , Serge Bloch (Illustrator)

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This book tells you absolutely everything you need to know to survive and thrive in that big, bad world out there. And it's smart, funny, and relatable. Just like you.

The Real Simple Guide to Real Life: Adulthood made easy. Details

Date : Published 2015 by Oxmoor House

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Author : Noelle Howey (Editor) , Serge Bloch (Illustrator)

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From Reader Review The Real Simple Guide to Real Life: Adulthood made easy. for online ebook

Minna says

Useful for people (aimed at women, but could be used by men too) starting out.
I'm a little old to be the **primary** audience here but I did find a few tips.

If anything this book was an effective reminder that I need to get moving on starting my IRA.

Adding to 2016 PopSugar reading challenge in category: self-improvement book. (It's a stretch but I'll allow it. (ha).)

Paula says

Although I am not the target audience for this book, I think it could be very useful to a new high school or college graduate.

Jamie H says

Great read; better "real life" advice than "Gracie's guide" or "Adulthood".

Reba says

I did not feel that it was relevant to my situation. Too much emphasis on apartment life and alternative means of transportation. As someone looking to buy her first house, who already has a full time job, and is already ahead of the make-up advice given in this book, I was left feeling very unassisted and neglected by the presumed adult situations listed.

Bella Ineza says

“The real simple guide to real life” is a nonfiction book written by Noelle Howey. It is a book that is mostly targeted for a young woman/adult, probably in their 20’s.

To help you picture this, imagine a girl, she just graduated and now she is thrown in this humongous world where she is now not living under mommy and daddy’s roof. She is expected to know how to pay bills, getting a mortgage, renting an apartment, finding furniture for that apartment that she probably has to share with her roommate, dealing with that roommate. Now that she has that apartment she needs money to pay, so she has to find a job, figure out a way to keep that job. Now with a lot of responsibility she has a lot of bills

to pay and somewhere along the way she is almost broke, she is trying to manage that job but then her really good friend invites her to her wedding and obviously she has to bring a gifts,...

Does she sound a little bit like you? Well, then this is the book for you. It teaches you how to deal with all of those things from how to deal with your obnoxious loud neighbor, go to a wedding without going broke, remove all different kinds of stains, to how to get a job, pay your bills, get an apartment,... this book will help you in many different ways.

In this book, you will also find quotes from famous people like Jessica Alba and Emmy Rossum. Also, you will find essays from amazing writers like Cristina Henríquez and J. Courtney Sullivan. And this will help you get more points of views. So if you are wondering how to or where to start in this is the book for you, and don't worry this is not that boring book that will take you years to even read the first pages because it is written in a funny relatable way that will keep you interested and eager to know more.

Rebecca says

This book had a ton of great advice in it. I admit though, I am the target demographic (female in 20s).

Shaida Hossein says

Definitely more appropriate for someone who is just starting their first job and/or first apartment. Quite simplistic for a reader in their 30s.

Alicia says

I can't. I just can't find the interest to actually read about becoming a responsible adult. And as a mid-thirties, married, mom of three- if I haven't learned how to do that yet, it's not going to happen reading a book meant for just out of college twenty-somethings.

I did read a couple of chapters and I think that it would probably be a good resource for the intended audience. It's presented in simple terms, easy to read, and up-to-date.

cati says

This book was fun, informative, cute, silly, well written and useful! I have always loved their magazine and now love this as much!

Marcy Graybill says

I must be too old for a book like this. I thought it was useless.

Lauren (Shooting Stars Mag) Becker says

Full of great tips from insurance, to cleaning, to decorating. This is one I should really own so I can go back and find information when needed!

Charla says

This book is written primarily for women/girls, and I think it would be a great graduation gift! It has fun illustrations, and is written like a magazine with catchy titles and small snippets of information throughout. I took photos of several pages to have in my phone so I can reference later. The book covers how often different articles of clothing need to be washed (suede jackets, hats/gloves, swimsuits, etc.), ways to get different stains out of clothing (coffee, blood, ink, etc.), how much to tip different types of services (flower delivery, valet parking, etc.), different things to consider in a living situation, different aspects of home and design. Great read!

Julie says

This is a great starter for early 20-somethings and includes extras for everyone else. The book is current to modern life (2015) and is geared towards young women post-college but would be applicable for those mid-college, no-college, or a little older. I would have really appreciated this 10 years ago but still find most of the book applicable today. Good reference book for life-skills like cleaning, decorating, tipping, dressing + finances and modern etiquette.

I'm also recommending it to my husband and dad because a) my husband needs to know how to clean too and b) both are feminists, but haven't had to live through the expectations of a young (or not young) female. This book, which is geared towards young woman, is really applicable for both genders but is a perfect example of how so much is expected in young ladies. It's a book that teaches the life skills we are expected to have. It also includes tricks to making it seem like we have it all together. Kudos Real Simple.

Cheryl says

Mostly superficial advice, most of which I wish parents taught their kids, most of which can be Googled. I would not buy this for any young person I know. However, it is kind of engaging. Aimed absolutely at young women, though... lots of chapter young men might read only to help them understand their girlfriends....

Becky says

The first chapter includes an article on lying in order to get a cheap apartment. Really? That's your advice? Sad...

I still skimmed through the rest of the book and found most of it to be opinions and no-brainers. This book is a waste of time, in my opinion.
