



# Supercharge Your Motivation and Performance

*Manos Filippou*

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## **Supercharge Your Motivation and Performance** Manos Filippou

The CEO of one of the top ten global brands in the world thinks that this book is a source of new knowledge and inspiration. Watch the video on the Author's profile to find out who it is.

Growing up with a mother that had serious mental health problems, without a father, ridiculed for not having a “real” job and facing bankruptcy, dealing with low self-esteem, health, weight, relationship problems, and his own sexuality, the difficulties of moving into a new country and learning a new language, the writer turns all his challenges into POSITIVE ENERGY, and shares the knowledge he gained through experience and research on how to get motivated. This book takes a fresh approach on motivation, with practical tools and ideas that will help you go after your goals and face your challenges. Supported with inspirational quotes from notable people in history, this book has the potential to change your life.

If you, a family member, or a friend needs motivation, and in a corporate environment you need to motivate your employees, this is a MUST READ.

Stop procrastinating, ignore all the negative thoughts and reasons as to why not to have this book, and get it on Amazon.

Negative thoughts are like poison. Watch the video on the authors profile, to find out why thinking ALWAYS positive is extremely important!

Above all always take action. IT ALL HAPPENS WITH YOU. If you don't make the decision that you want to make changes in your life, and if you don't apply what you learn, then no book is going to help you, as great as it may be.

## **Supercharge Your Motivation and Performance Details**

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# **From Reader Review Supercharge Your Motivation and Performance for online ebook**

**Amy says**

This book took me a long time to read. I have to admit, I'm not a big self-help book reader. Yes, this book is a valuable source of motivation, but I did not like a few typos and the fact that at least one quote in Chapter 24 is repeated twice. Chapter 24 is titled Motivational Quotes That Motivate Famous People.

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