



What Matters Most: The Power of Living Your Values

Hyrum W. Smith , Kenneth H. Blanchard (Foreword by)

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In *What Matters Most*, bestselling author Hyrum W. Smith explains why so many people feel something is missing from their lives because of conflicts between actions and personal values. Through compelling examples from others and from his own extensive experience, Smith outlines a simple but powerful formula to help you identify your own values and live them to the fullest. This strategy consists of three valuable steps:

Discover what matters most to you

Make a plan

Act on that plan

By incorporating Smith's strategy into your life, you will not only re-embrace your values but you will make them your priority. *What Matters Most* is an indispensable and timely guide to living a truly fulfilling life and becoming the person you always wanted to be.

What Matters Most: The Power of Living Your Values Details

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From Reader Review What Matters Most: The Power of Living Your Values for online ebook

Christopher Lewis Kozoriz says

"People without a vision have no interest in seeing the sun come up the next day. But people "with" vision experience what Churchill experienced. They can't wait, and as soon as that sun comes up, they are out of bed. They have energy. They have excitement. They have a plan. They have vision. They know exactly where they are going and how they are going to get there." ~ Hyrum W. Smith, "What Matters Most", p. 36, para 2.

The title of this book was very well chosen, as that is what is truly the topic of this book. Hyrum Smith coaches his readers to find out what really matters most to them. The way that Hyrum Smith attempts to get his readers to do this is by:

- * Discovering the uniqueness of yourself;
- * Identifying the roles that matter to you;
- * Writing out your own constitution by identifying and clarifying your governing values;
- * Creating a motivating Personal Mission Statement;
- * Defining your vision in writing and listing the steps required to reach your vision.

The only criticism I have of this book is that it should have had the questions at the end of each chapter, so that readers could work through the questions that Hyrum weaves throughout the book. It made it very difficult to put many of his principles taught in the book into practice practically. If there would have been a workbook or a list of questions that accompanied the text, the book would have been a more practical tool to finding out what matters most for his readers.

Hyrum Smith shares many of his personal stories throughout this book that will encourage you to think about What Matters Most to you.

Afzan Yusuf says

MUST read the letter sent from a father to Hyrum near the end of the book.

Renate Eveline says

The ideas in this book are ok, but hardly offer anything new. For those looking for good introductions to time-management principles I would recommend reading Stephen Covey and David Allen. If you have read these, Smith will not bring much new stuff to the table.

Basically the material is good, but at some point he goes over the top with his can-do attitude. I dislike his use of "natural laws" instead of "principles". Smith also seems to think people are able to change their behavior as soon as they have seen the light, which is overly optimistic in my opinion.

Kathy says

I think I've slept through this twice now...most recently on the long flight from San Francisco to Singapore and the week after I got home and tried to recover from jetlag. Maybe the third time I will actually learn how to set goals and accomplish something.

Cian Ó says

Powerful book. As good as any personal development book I have read. Very easy book to read with a lot of inspiring stories. I like how he teaches to find firstly pinpoint your roles, governing values and mission statement before setting goals. Smith comes off as very genuine and wise throughout the book and seems like a truly likeable character. Certainly deserves a better rating than 3.88.

T Taylor says

Seemed like a lot of this information was dated, and not that useful. I thought it was okay.

Linda says

I found this book in a bargain bin for \$2, and was intrigued by the title. I wasn't sure how much to expect from a \$2 book, but actually learned a great deal that has helped me examine what truly matters in my life, and making sure I am using my time for those things. Some of the book was a little redundant, but still a thought-provoking read.

Daniel Taylor says

The first time I read this book was when it was originally released. Applying its principles and practices to my life in 2001 helped me achieve what I look back on as one of the times when I was at my peak in life. Relearning these lessons now will help me scale even higher mountains of inner peace. The book is useful in identifying roles, governing values, personal mission and using these to achieve your targets in life.

Bill Donhiser says

Another good book on priorities by the founders of Franklin/Covey. The material especially examples are a bit dated but a good book on focusing your priorities

Peyman Mohseni Kiasar says

good tales, good examples and good plot, but nothing new and special

John says

Really thought he put his heart into this one. Fine content from a singular man.

Dean Marquis says

I enjoyed reading this book. It definitely was not a waste of time. I always liked his little stories that he tells in order to make everything more relevant. His part about "The Belief Window" is especially useful.

Cara says

This is a pretty good book but it seem to be mostly the same stuff from 10 Natural Laws of Successful Time and Life Management. It's good stuff, but I did read it already in the other book.

The particular reason I wanted this book was because the library got rid of the other one. I wanted to revisit the exercise about figuring out your values, and I was hoping this book would have it, too, but despite the large overlap, it had very little on that. Either I'm misremembering how awesome the values exercise was in the first one, or they decided it was a lot less important for this one and did some heavy trimming. I think that's a shame--it was the best part, to me.

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notes:

story about successful entrepreneur asked why he was so successful.

E: Good decisions.

Q? Well, how do you make good decisions?

E: Experience.

Q? How do you get experience?

E. Bad decisions.

Example mission statement: We inspire change by igniting the power of proven principles so that people and organizations achieve what matters most.

Rhett says

2nd time I've read it and I was not as impressed with it this time. Still a good book but it did not blow my mind.

Peyman says

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