



Tarot for One: The Art of Reading for Yourself

Courtney Weber

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Courtney Weber has been teaching Tarot and speaking at Tarot symposia around the country for a decade. In response to the numerous requests she has received over the years, Weber created *Tarot for One*, a personal workbook and resource guide designed to help form interpretations directly applicable to self-readings.

In Weber's clean, clear style, this book explores the Fool, the Major Arcana, the Court Cards, Cups, Wands, Swords, and Pentacles, as well as what she calls the tough cards, reversals, practice spreads, and next steps. She includes common associations as well as extensive exercises to unlock readers' own interpretations for connecting personal journeys with the archetypal Tarot. Readers will learn to let the voice of the Tarot come through without overlaying too much of their own stuff during a reading.

Tarot for One includes dozens of original Tarot spreads and layouts, which have been repeatedly proven both fun and effective in Weber's classes and workshops. It also contains tips on finding a deck, honing a Tarot practice, and avoiding common self-reading pitfalls. This is the essential guide for your personal journey with the Tarot.

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Tarot for One: The Art of Reading for Yourself Details

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Author : Courtney Weber

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From Reader Review Tarot for One: The Art of Reading for Yourself for online ebook

Alia Makki says

Concise beginner's guide to reading the cards.

Arwen Lynch says

I did a video review here: <https://www.youtube.com/watch?v=hxFLb...> As a professional Tarot reader, I highly recommend this book. It effectively shows anyone how to get out of their own way when reading for themselves.

Weber has a no-nonsense approach that is tempered with humor. She addresses issues that many books gloss over such as gender-bias in Tarot. With this book in your hands, you will be able to dive into the world of Tarot and learn.

This is one I wished I'd written. I'm glad Weber did. It's one that should be on the shelves of all those interested in Tarot on any level.

Amanda says

There wasn't as much information about reading for yourself as I had hoped. It seemed as though it was added as an afterthought near the end of the book. There were a lot of interesting spreads at the back though.

Scott Hensley says

Very well planned out and easy to follow. Very helpful. I liked this book

Jai Rahim says

Really enjoyed this book. As a Tarot newbie, it helped to finally clear up my confusion over whether I should read for myself. Several books advise against it, and while I can understand the validity of the concerns with this dichotomy, I feel that practicality tips the scale, for me. So I'm going for it!

Anita says

One of the better tarot books.

The book focuses on learning to communicate with your cards, instead of just analysing them.
It helps you to do readings for yourself.
I enjoyed the exercises. They were simple and effective, not too complicated and time consuming.
(I have used tarot for 25 years, i wish this book was around when I started)

Susan Walker says

I knew nothing about tarot before I read this book. Not only does it have detailed explanations but it gives the reader examples. I cannot imagine another tarot book with this much detailed information.

Annie says

This book is simultaneously an excellent primer for those new to Tarot and a fantastic guide to deepen the knowledge of someone who has read Tarot for decades. Personally, I've been studying and working with Tarot for 3-4 years now, and almost every single page of this book had a wonderful "aha!" moment for me, with new ways to interpret, new ways to read, lessons on how to trust one's instincts while listening to the "voice" of their deck, and more. Most importantly, this book shows that you CAN read for yourself - it just takes practice and some special techniques. The exercises in this book will guide the Tarot reader towards a better relationship with their cards and help them confidently read for themselves, as well as others.

Some particularly helpful sections include:

- Several types of spreads designed for reading for yourself, designed for various scenarios
 - How to interpret tougher cards
 - Various ways to interpret reversals
 - Exercises to help you identify your own associations with all the cards
 - Exercises to deepen your relationships with all the cards - I found the exercises for the court cards particularly helpful, as those have always vexed me
 - Exercises to compare your life's journey with the journey represented in the Major Arcana
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Makenzie M says

I don't often love how-to books, but this one is a joy and a delight. It's combined beautifully with the bits and pieces of tarot reading knowledge I've already picked up from friends, and the journaling exercises have seriously ignited my excitement to practice my readings. Huge thanks to Courtney Weber for writing such a thoughtful and comprehensive guide, and to Annie (whom I don't know how to tag in a Goodreads post, but I know is on this site and I fervently hope sees that) for sending it to me!

Orsayor says

4.5 Stars

