



# **Get Your Hopes Up!: Expect Something Good to Happen to You Every Day**

*Joyce Meyer*

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## **Get Your Hopes Up!: Expect Something Good to Happen to You Every Day** Joyce Meyer

#1 *New York Times* bestselling author Joyce Meyer teaches readers how to transform their lives by tapping into the power of hope. One of the most powerful forces in the universe is hope--the happy and confident anticipation that something good is going to happen. Regardless of where one is in life, it is impossible to live successfully and to the fullest without hope. With GET YOUR HOPES UP! Joyce will help readers achieve a lasting sense of hope, built on their faith in God. Hope is only as strong as its source. This book will help readers avoid misplacing their trust in unreliable things, and help them ground their hope steadfastly in God for limitless joy and possibilities for their lives. As Joyce explains, "Without hope in God, there isn't much you can do, but with Hope in God, there isn't much you can't do."

## **Get Your Hopes Up!: Expect Something Good to Happen to You Every Day Details**

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# **From Reader Review Get Your Hopes Up!: Expect Something Good to Happen to You Every Day for online ebook**

**Kathleen (Kat) Smith says**

"Evaluating our hearts is an important exercise as we begin this journey of hope together, because hope in God and positive expectation are very closely related to faith. For the sake of discussion, we can easily say that the level of your expectation is the level of your faith. Show me a person with low expectations, and I'll show you a person using very little faith. But show me a person with big expectations, and I'll show you a person acting with bold faith." (pg 7).

In her latest book, *Get Your Hopes Up*, Joyce Meyer tackles the issue of hope. Finding it, understanding what it is, how to keep it and what does the Bible say about it. Like all good Joyce Meyer's book. Mama Joyce gives readers the bold and honest truth. Not something sugar coated to make you feel good, she preaches like the best of them. I love the many aspects of hope you will find in this book and perhaps my favorite is that of what Joyce called spiritual possums. Whenever a difficulty or storm comes into their life, they play possum. They stop moving as if they have hit an impenetrable wall and their faith and hope go right out the window.

Rather than getting active, they get passive. When times get tough, when they're dealing with pain or disappointment, they freeze. They just stop moving. Does this sound familiar? Have you ever found yourself in a holding pattern because of an unexpected trial or a crushing disappointment? I want to encourage you in the midst of your pain that sometimes the very best thing you can do is just keep moving. You may not have all the answers yet. You may still be shocked by the circumstances around you. You may even feel like the world is caving in around you. In the midst of those difficulties, if you'll just keep moving, it will help you not to become hopeless." (pg 87).

There is so much great advice to counter all the negative self talk we've become accustomed to and the one huge take away for me, was that hope is a powerful thing, but it doesn't thrive in an atmosphere of can't! Joyce uses her own personal stories and that of others to help draw us to the conclusion that we can find hope in any situation if we are but willing to look and trust God to help us as our first resource not our last one as we are prone to do.

I received *Get Your Hopes Up* by Joyce Meyer compliments of Faith Words, a division of Hachette Book Groups for my honest review. I did not receive any monetary compensation aside from a free copy of this book in exchange for my personal and honest evaluation. Like all of Joyce's books that are in my personal library, this will be a book I will consult quite often when I need a good dose of reality. Friends and family can mean well but often times, they don't make us feel any better when we need the God's honest truth, to get us back into the game of life again. Joyce's book does just that. For anyone facing a difficult time or situation, this is the perfect book to help them move past the situation for now and see what God has in store for them today. Well worth all of the 5 out of 5 stars in my opinion.

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**Alisha says**

Another great read by Joyce!

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**Tyneka Kearsse says**

I swear I am a witness that can say God knows exactly what we need at the moment we need it. Reading this book only makes me more confident about the direction that my life is headed at this point in my life. From the first, to the last page, I was able to see my growth and even the areas that I needed to work on a little more. God is always on time.

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**Susan says**

GOD wants us to thrive - not just survive! HE has something good for us Every day!

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**Joan says**

I really like Joyce Meyer books and this was no exception. She is so encouraging, with practical suggestions. Everything she says is based on Scripture. She pays particular attention to those going through a tough time of struggle or hurt. The lesson I took from this book is that we can choose. I can get up in the morning and choose to hope to to wallow in despair. This book was a good shot in the arm.

See my complete review at <http://bit.ly/1NIX4mG>.

I received a complimentary galley of this book from the publisher for the purpose of an independent and honest review.

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**Christ Lewis says**

This book gives me hope! It teaches me the right way to hope. Many people hope for something every day but a few can make what they hope come true. Hope can be strong when you have faith in a right thing or person.

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**Crissy VA says**

This is a wonderful book and I think we can all use some HOPE. Hope is all we have and having hope in God is the right place to have it, it'll lead you in the right direction, a trusted path we can all use. Thank you Joyce for this HOPE!

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**Collene says**

I have finished reading Get Your Hopes Up by Joyce Meyer. I highlighted lots of notes but I've started

reading it again because it's that good. It's filled with lots of anecdotes wrapped in the wit and humor that Joyce is so good at delivering. There are also lots of scripture verses to satisfy those like me who have a teaching motivational gift. I wish I would have read it sooner because this would have made a great mother's day gift for someone. Thank you God for giving Joyce Meyer such a wonderful and encouraging book to write and thank you Joyce for your obedience.

I was given a copy of this book from Hachette Book Group through NetGalley in exchange for an honest opinion.

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### **Monzelle McWilliams says**

Our society is so hell-bent on negativity and hopelessness, that it creates a dysfunctional perspective on life.

Books like this will break down barriers, that we have subconsciously excepted as normal.

#getyourhopesup

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### **Chelsea DeVries says**

I cannot begin to tell you that over the last five years I watched my hope diminish quicker than a lit flame on a windy beach but I can tell you this book was exactly what I needed to hear. It's a short and easy read but my, oh my, did I need to read it. And you should read it too. It's like the words from an encouraging letter from a close friend, and I can promise it will Get Your Hopes Up! #TheHappyBook

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### **Brenda says**

Get Your Hopes Up will have you expecting something good to happen everyday, and guess what? It can happen! How you ask, it's about faith and knowing that God has something good in store for you if only you have the faith to hope! Well it's easy to wonder how, when life might have you down or discouraged but that's where Joyce Meyer's new book plays a role, she is like the girlfriend that everyone needs she uplifts and encourages, and basically becomes a cheerleader as she guides you on your path to hoping for all that God wants you to have in your life! Ms. Meyer's no nonsense way of teaching is easy to relate to and understand. It's like sitting down with an old friend as she imparts what God has placed on her heart to share with her readers. There are so many important gems of wisdom implanted into the pages of "Get Your Hopes Up" but the one thing that is always a constant with Ms. Meyer is the fact that she backs up her teaching with scriptures from the Bible, and this is something that readers will find in each of the seventeen chapters of this book! A wonderful book that would make an excellent group study, but honestly it's a book for anyone needing a spiritual boost. It really isn't wrong to hope for more, after all God wants the best for his children!

A complimentary copy of this book was provided for review.

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## **Darlene House says**

Reminded me of some things I learned/experienced in the past. It also shared some uplifting reflections about the role hope plays in our lives. Encouraging words.already recommended it to someone else.

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## **Janette Fuller says**

Hope isn't something we wait to feel, it is something we decide to have. We can choose hope.

This powerful new book by Joyce Meyer is divided into the following sections:

### Section 1: Hope To Go Higher

Your life will go only as high as the level of your expectations.

### Section 2: Hope When You Are Hurting

Have a happy anticipation that God is going to show up on the scene, that He won't be late, and that He is going to calm the storm.

### Section 3: Hope and Happiness

Whatever unexpected challenge or frustration you may face, decide in advance that you're not going to let it steal your joy.

### Section 4: Hope is Here

God wants you to live in hope so that even on days when it seems like everything around you is spinning out of control, you can be firm in your belief that something good is going to happen.

This is a very inspirational book based on the author's experiences, entertaining and meaningful stories and passages from the Bible.

We all need hope. This book explains how we can find it and make it a lasting influence in our lives. The most important thing is to place our hope in God. We must believe it, meditate on it, speak it, and encourage others who are also facing trials.

Joyce Meyer has written dozens of books and I believe this one is right up there with the best of them. This book will be life-changing if you read the words and hold them close to your heart.

FYI ~ I received a digital copy of this book to read and review from NetGalley.

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## **Andrew says**

In Get Your Hopes Up, Joyce Meyer explores the importance of being joyful and hopeful every single day of your life. Many different circumstances attempt to steal our joy and leave us feeling hopeless that things are not going to get any better, and if we aren't careful we will miss the happiness and abundant life God has planned for us. Joyce strongly suggested to readers that they must raise their level of expectation and she shares three practical ways. The first one is believing and having faith in God and His mighty written Word and believing His promises for you. For example, Isaiah 30:18 talks about how the Lord is longing to be

gracious to us and He gives us mercy, peace, His love, favor, victory, joy, and much more. Throughout the book, she shared how we need to be prisoners of hope and how to be filled with joy.

One of my favorite chapters was entitled, “Identify and Eliminate Every “Can’t”. This chapter discussed the common lie many believers believe and declare over their own life. Joyce shared that we must eliminate and stop using the words, “I can’t”. In this chapter, she explained how Biblical characters struggled with making excuses as to why they couldn’t do what God was calling them to do. For instance, when God called Moses to set His people free from Pharaoh. Moses used the excuse that he couldn’t talk well and God should send someone else. Another example was when Abraham was told he would be the father of many nations and that Sarah would conceive a child. Sarah thought she was way past her fertility years and it wouldn’t happen. As we all know, God was with them and through Him they were able to accomplish and do what He has called them to do. Joyce reminded readers that they can also do all things through God.

I would recommend this life changing book to anyone who is feeling hopeless and they are always worried about tomorrow being worse than today. I liked how Joyce encouraged readers to expect something good is going to happen today. I personally also believe that if readers would believe this powerful truth it will greatly benefit their lives. I loved the amount of scriptures she used to convey the truth behind her message of hope and expecting something good to occur in our lives. She even had a special section at the back of the book filled with even more scriptures.

I really resonated with the chapter called, “Look Up” because Joyce revealed that it’s critical to look up when we’re confused, frustrated, fearful, and hopeless about our life. She shared the potent passage found in Psalm 121:1-2, David knew his true help came from God. I liked how she shared that many people look unto our friends, our spouses, and ourselves to find happiness and contentment when we need to look unto God.

I have decided to take the 30 days challenge of hoping and expecting the best to happen. I encourage you to read this book also and to take the challenge! If you’re looking for an excellent book on increasing your level of joy and hope, then read this book!

“I received this book free from Hachette Book Group/Faith Works.”

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### **Alexandra says**

This was my first Joyce Meyer book and it just wasn't for me. I hope to try another book from her eventually but it might be a while. I did like that she heads lots of scripture in it but it just seemed to repeat the same things over and over again.

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