



Medicine Dog: K9s, Stem Cells, and an Amazing Tail of Recovery

Júlia Szabó

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Julia Szabo was a nationally-recognized pet reporter when her dog Sam collapsed from osteoarthritis.

Diligently researching how to restore his quality of life, she discovered Vet-Stem, a service that provides cutting-edge regeneration therapy for pets, using stem cells harvested from animals' own tissue. Just hours after receiving IV and intra-joint injections, Sam began aging backward--which left Julia wondering why this simple, effective treatment was not available for humans.

Julia suffered from chronic inflammatory bowel disease, and after witnessing Sam's astonishing recovery, she set out on a curious quest: to be treated like a dog by a doctor as competent as her vet! After a four-year wait, Julia became the first American to be successfully cured of a perirectal fistula with stem cells derived from her own fat. With this amazing true story of how a pack of shelter dogs she rescued from death row came to save her life, Julia hopes to inspire and inform readers about exciting healthcare options available to them and their cherished animal companions.

Medicine Dog: K9s, Stem Cells, and an Amazing Tail of Recovery Details

Date : Published March 4th 2014 by Lyons Press

ISBN : 9780762796441

Author : Júlia Szabó

Format : Hardcover 256 pages

Genre : Nonfiction, Animals, Dogs, Health, Autobiography, Memoir



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Sherrie says

Memoir of a woman struggling with a chronic illness and her search for treatment. The book could have been 75% shorter and still told the story. Far too much detail on the personal medical descriptions. I felt that almost all of her life choices were questionable and certainly not ones that I would have made. Still, the basic premise of the status of stem cell research in the US is an interesting topic. This story just does not seem to provide a good forum for that discussion.

Mary Beth says

Great read. If you suffer from IBD and are also a dog lover. It's a must read. If you are neither yet are interested in stem cell therapy, I would still recommend.

Melissa says

Absolutely did not like this book. Already wasted time reading it, not going to waste more trying to explain why.

Nanci says

I learned a lot about the use of stem cells and quite a bit about medicine too. It sure seems as if stem cells are the wave of the future. Hopefully I'll be able to have them for my arthritic knees instead of having to suffer through knee replacements someday.

Kathleen Meyer says

This book was a part of the Goodreads First Reads program.

This was a fascinating book about how pets can get people through a lot of tough situations. Medicine Dog looks at how dogs can be the ultimate healers- from providing companionship in tough times and from providing information on promising new medical treatments. Overall, the book was a good read, although there were times where it became a bit long.
