



The Map: Finding the Magic and Meaning in the Story of Your Life

Colette Baron-Reid

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Intuitive counselor Colette Baron-Reid is renowned for helping people create the purposeful and authentic lives they desire. In this fascinating book, Colette hands you the "magic wand" of your own awareness so that you can begin to perceive your life as a wonderful adventure, and see yourself as an enchanted mapmaker. Enter a deep journey into your inner landscape and meet the imaginary beings that hold the keys to the wisdom hidden in your subconscious: the Wizard of Awareness, the Gentle Gardener, the Bone Collector, and the spirits of the psychological terrain you traverse, who know where to find the treasure in each experience. Discover how to tame the mischievous trickster Goblin, who locks you into old habits. Each of these aspects of your psyche has lessons for you, and each responds to your directions, for you are in charge of your own map. You don't have to feel lost or disoriented in this time of global transformation, or be at the mercy of the winds of change. The Map invites you to boldly claim your power to direct your journey so that you may find meaning, purpose, and joy. Step into the magic, and harness the extraordinary power within you to shape your destiny.

The Map: Finding the Magic and Meaning in the Story of Your Life Details

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From Reader Review The Map: Finding the Magic and Meaning in the Story of Your Life for online ebook

Lindsay says

A nice book to begin with if you are not familiar with archetypes and visualization but for those who have read other books like 'Woman who runs with the Wolves' or the archetypes book written by Jung, you will be disappointed... there are a couple of archetypes and landscapes described in the book, again... and again, and again. Some exercises are even repeated too. Also, Colette is very self-centered... in every chapter you will read more about her (past) alcohol problem or self-promotion. What she have written in this book she could easy put together in 2 chapters if she didn't repeat so many stuff. So, 2 stars for the 2 chapters.

Traci Jackson says

Really wanted to read this as I've taken Colette's Invision mini-course, and the concepts in the book are what Invision is based on. I really enjoyed it and thought it really helped me to understand the course I took even more. I loved the exercises that we did as well.

Kim says

This is an interesting re-interpretation of Jung's archetypes but I preferred 'Women Who Run With the Wolves' written in the 1990's. Colette's character/archetypes are a more modern take on the themes but I found that she had do too much explaining to make it work. There are moments of brilliance in the book so I gave it a good rating.

Lynne says

The core of the book was something I understand, but giving names to past hurts would only make me relive it-I don't want to do that:) Her suggestion to use the magical allies that lay within myself seems to me to then be putting something or someone between God and myself. Again, I do not want to do that. She is passionate about her work and that comes through in the book.

Kelly says

The Map is amazing! Colette has the ability to transform complex psychological principles into digestible, magical, components that can aid anyone in the journey that we call life.

To read an interview with Colette, see the interviews section on my blog:

<http://kellylydick.wordpress.com>

Sheena Smith says

I love this book because of the way she describes the adventure of life. She has wonderful analogies and suggestions to help the reader understand and improve ones thoughts and path of life.

Johanna says

I didn't quite appreciate all the effort that Colette put into describing everything. It would probably have been given a higher grade from me if the focus had been on the principle of reaching into oneself rather than spending most of the time describing characters. However, what I really liked, was the idea of writing "off" and doing this in a storytelling manner.

Susan Brochin says

Having worked with Collette's as a teacher for a while, I have nothing but the greatest admiration for her work. Her mission is to assist anyone willing to walk a path of truth with their journey. Her stories are wonderful illustrations to her teachings and make the book come alive. I was fascinated with the way out of overanalysis that she came up with as a prelude to a wonderful technique called the Invision Process, which can help many people on emotional overload. Life presents us with challenges, and Collette Baron-Reid helps people find a way to navigate them.

Becky says

This book is for anyone going into or out of therapy, anyone who has any unhelpful habit they would like to break, and for anyone not sure of what to do with their life. If you're not into airy-fairy language about inner energy and poetic language that can be heavily metaphoric, you may find this book ridiculous because it is full of it. But, this metaphoric language can be incredibly helpful if the memories or experiences you are relating the principles too are too traumatic or difficult to relive in real talk. I hope to reread this book in a couple of years to see what my thoughts are then, and I have filled this book with my own citations and messages as it is full of interactive exercises and questions for you to learn from as you read along.

Bernard Charles says

A creative take on my current spiritual journey. Very visual based so great for the creative type. Easy to understand so decent for the beginner or advanced in a new age lifestyle.

Dai says

Cryptic.

Trine says

I haven't finished this yet, but I am finding it difficult to fully focus on the content. I was quite put off by Baron-Reid's self-plugging in the beginning. If I like an author, I will go search out his/her other works; I don't need to be told that, by the way, they've also written this book and that book, and published this CD, and started up this company, which you might want to check out if you want to get the full value of what you're reading now. It feels a bit like shameless self-promotion, and I'm not keen on it.

I'm reading the book in Danish, which might explain why I am less than thrilled by the style of writing, though I can't say if it's not similar in English. That said I think the topic of the book in general is interesting. I like the fairy-tale aspect; the idea of being a hero making a magical map of your life. But I feel a few of the techniques used are poorly explained (it assumes you know how to meditate and visualize, for one), and the "white light" approach ("God/dess loves you") is a bit off-putting to someone who doesn't believe in an all-benevolent being. As another commenter mentioned, there isn't really much new under the sun here, but it's a different approach to self-discovery which might be beneficial to those who like to learn through stories.

I am going to give a few more chapters a go and see if I change my mind.

--- 3 months later I haven't been able to pick it back up. The concept intrigues me, but the author and her style of writing does not. Which is a shame, but there are other books I'd rather be reading. I hope others will find value in this book.

Rosalyn says

Loved the clever way Colette explains how we travel through different times in our lives as pathways and the naming of these times such as the Bone Collector and so forth and so on. She is a fabulous teacher and author, easy to read and understand.

Katie says

Overall a good start to a self help book and premise. The ideas offered are a new take, something to incorporate into the daily grind. The idea of the Goblin and other personalities within was fun. Giving different aspects names and titles makes our experiences and how we approach them all the more real.

Jennifer Kelly says

Like some other reviewers, I have yet to finish reading this and I started it last summer. After following

Colette for over a year now, I've realized a couple things. I love her Oracle decks and have two including the ones that go with this book. I also enjoy her weekly Oracle readings on her YouTube channel. Something I noticed is her blog posts are written in the same convoluted manner as The Map. I am not sure if it is a bit stream of consciousness or what exactly, but her writing style doesn't jive with my reading style. I may never finish this book, but I will continue to watch Colette's weekly readings and listen to her Hay House radio show. Great content, difficult narrative style.
