



## Why Not You?: Twenty-eight Days to Authentic Confidence

*Valorie Burton*

Download now

Read Online ➔

# Why Not You?: Twenty-eight Days to Authentic Confidence

Valorie Burton

## Why Not You?: Twenty-eight Days to Authentic Confidence Valorie Burton

Whatever your career goals...

Whatever your financial objectives...

Whatever your personal dreams...

### You Can Do It!

This action-oriented, step-by-step guide helps you build the authentic self-confidence that comes from knowing who you are, what you want—and equips you to go get it.

With motivational expert Valorie Burton as your personal coach and a 28-day plan, *Why Not You?* provides the tools you need to ...

- gain the assurance needed to transform your thinking
- focus on who you are, not what you do
- give yourself permission to be imperfect
- stop competing and comparing
- eliminate your confidence stealers
- learn how to achieve success by being authentic

Packed with unforgettable examples, pointers, and sparkplugs for ideas that work uniquely for you, *Why Not You?* reveals the secrets to building authentic personal confidence from the inside-out. Whatever your goal or your starting point, Valorie Burton equips you with proven experience to take the next steps to advance your career, finances, and relationships.

## Why Not You?: Twenty-eight Days to Authentic Confidence Details

Date : Published September 29th 2010 by WaterBrook Press (first published March 20th 2007)

ISBN :

Author : Valorie Burton

Format : Kindle Edition 242 pages

Genre : Self Help, Personal Development



[Download Why Not You?: Twenty-eight Days to Authentic Confidence ...pdf](#)



[Read Online Why Not You?: Twenty-eight Days to Authentic Confidence ...pdf](#)

**Download and Read Free Online Why Not You?: Twenty-eight Days to Authentic Confidence Valorie Burton**

## **From Reader Review Why Not You?: Twenty-eight Days to Authentic Confidence for online ebook**

### **LemontreeLime says**

This was ok. I always end up feeling uncomfortable when reading books with bible verses quoted in the text, though, and I had no idea this book was going to be so focused on those. (some folks dig that and that is just fine, I just prefer less in the books I choose to read.)

---

### **Joline Atkins says**

This was a bit generic, and sometimes read like a "you can do it!" rally, but nonetheless a GREAT starter tool for the Christian who is wanting to experience how their faith and personal development dovetail. I appreciated the end of each chapter which had a prayer and an action step, and can say with all authentic confidence (a huge focus of the book) that I have ONE goal that I must start chipping away at . . . it kept coming up in my mind as the chapters rolled on. For those who read a lot of personal development or for one who has been a Christian for a while, this book may feel simplistic. However, sometimes, in our big britches, we need to return BACK to the simple to get past a plateau in life. I'm glad I read this book and recommend it as a daily read for the first 28 days of the New Year.

---

### **Thomas says**

I could've sworn I wrote a review, but now I can't find it. To recap, it's a 28 Day plan that centers in Christian Bible Quotes and Prayers... some practical pointers like 'maintain eye contact' and 'don't cross your arms so you appear open and friendly.'

If you're looking for Christian based Confidence then here it is. If not, don't bother to pick it up.

I was, overall, disappointed. However, there are quite a few excellent daily prayers.

---

### **Kia says**

Valorie is a great author and speaker! Her books are well worth the money.

---

### **Ashley Terrell says**

When I purchased this book, it really helped me understand more of my purpose and what was needed to be understood for me to be able to preach and speak on and it be effective. I love how Burton uses spiritual scriptures again to bring home the importance of understanding your relationship with God or the Higher Power to be able to see yourself in His image.

---

**Sherea Vejauan says**

I love this book. Valorie Burton is one of my favorite authors.

---

**Talia says**

This book was amazing and really challenges the reader. What I loved about it the most is it really shows you that there is truly a way to change your circumstances even when it seems like there is no way. While I don't think the 30 day goal was realistic, I enjoyed this book and would read it again. The author's writing was so amazing that I went out and bought two more of her books.

---

**Stephanie Anastasio says**

A great book to help you gain perspective on how success in life and love is always there for you - and shows you how to transform your thinking "outside the box" to seize the moments daily to believe in yourself to succeed.

---