



## Power of the Soul: Inside Wisdom for an Outside World

*John Holland*

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## **Power of the Soul: Inside Wisdom for an Outside World** John Holland

This fascinating book gives you the tools to help tap into one of the most powerful forces in the Universe - YOUR SOUL. This is a step by step guide to help you reconnect with your natural spiritual abilities. You'll develop a conscious awareness of the spiritual laws that exists in each and every person. "**Power of the Soul**" will help you to dismantle some of the barriers created by your outer-self, to unveil your true inner-self and enable you to break free from some of the psychological restrictions that have prevented you from identifying and realizing your full potential.

Within these pages you'll learn how to:

- Discover and access your spiritual faculties
- Open yourself to a guiding higher consciousness
- Tap in to your own intuitive abilities
- Remove psychological and spiritual blocks
- Find your true self as you understand the nature, function, and purpose of the soul
- Create and control your own path
- Use spiritual energy to heal yourself and others
- Enhance your body, mind, and soul to live a life of harmony

This transformational book is more than just a guide. It is also a way back to a life lived from the inside out. No matter what your walk of life, this book will help you to follow your own spiritual journey. "When you tap into the incredible force and power of your soul, and once your spiritual gifts are recognized, opened and used," says John, "you'll see yourself and the world in a way you never thought possible."

## **Power of the Soul: Inside Wisdom for an Outside World Details**

Date : Published February 1st 2007 by Hay House (first published 2007)

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Author : John Holland

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## **From Reader Review Power of the Soul: Inside Wisdom for an Outside World for online ebook**

### **Julie says**

I felt that this book was written with so much love for the reader. As I was reading it and he is writing about how to get in touch with your Soul, it's like grandma's apple pie...how you can taste the love in grandma's cooking, that's how I felt about this book. He's not just throwing a bunch of stuff at you and saying "learn", he's coaching you, I don't know how else to say it, you can tell it is his greatest intention in this book to help you / me to get in touch with your Soul. I appreciate the guidance he has given. I haven't read any of his other books (yet) but if this is any telling, he is a generous writer and I am grateful for the recommendation and thankful for John for having written it.

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### **Stefan says**

Book that is inspiring,positive and teaching us how to take control over our lives through knowing our inner self...

Book that changed my life...XDDDDDD

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### **Stefan says**

An amazing book which will guide you on your way to your true self, your soul.  
My first introduction to the infinite possibilities which each one of us hold ^ ^  
Highly recommend!

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### **Cindy says**

Inspiring and also provides many meditations and affirmations.

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### **Shiala says**

A very inspiring & thought provoking book, which highlights the importance of positivity & being true to your soul.

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### **Saiisha says**

When I saw this book recommended by one of my book club members (Thanks Julie!), I was attracted to it because of its subtitle: "Inside Wisdom for an Outside World" which is similar to one of my own taglines ("Change your outer world with your Inner Wisdom") on my newsletters. John Holland is a psychic medium, and although this book doesn't talk about those means and methods, we can sense that respect for the soul in the entire book. The author also seems very respectful and caring about his clients and readers, when he narrates many examples and stories in relation to the topics he talks about in this book - I especially liked the chapter called Breaking Free, about overcoming fears and anxieties by cutting the energy cords that bind us. I also appreciated his attitude of a student, sharing with us about his Eastern teachers and traditions that he learned from, after he acknowledged his gift of psychic seeing.

If you're interested in spirituality, philosophy, yoga, etc., join my Old Souls Book Club (<https://www.goodreads.com/group/show/...>) for other recommendations and thought-provoking conversations!

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### **Shelly Petrelli says**

Beautifully written, insightful, poetic and enlightening.

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### **Spirit Fionna says**

a must buy for my collection <3

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### **Dawn says**

If you have ever read any metaphysical books, that have dealt with positive thinking, or psychic gifts, then this will not be something new, but if it has been a while since you have explored either, then this is worth pursuing especially if you are questioning your own path or journey in life. I used his analogy of physical self, spirit self and soul self recently for an educational group with women who are dealing with addictions. It was a really good discussion on what the soul means, what it is and what it is not. "Imagine an automobile of your choice. The outside or shell of the car is your physical body; the driver is your soul, steering the vehicle in different directions and destinations; and the gas that fuels the vehicle is your spirit. The Divine force of spirit is what infuses and feeds your soul, pushing you ever forward to strive to be all that you are an all that you could hope to be in this life." Something to ponder.. I always thought the soul is what infuses the spirit.

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### **Cassandra Thiesing says**

Good read :)

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**Annette Cranendonk says**

**Highly recommended!**

Very inspiring book to live a more fullfilled life. There is a lot to ponder over and I will definitely read it a few times and come back to it often.

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