



# **High Achiever: The Shocking True Story of One Addict's Double Life**

*Tiffany Jenkins*

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I wasn't always a terrible person, in fact, there was a point when I was captain of my high school cheerleading squad, "Valentine Queen," and student body president. So when word got out that I was currently withdrawing from opiates on the floor of a jail cell, people in my town were shocked, to say the least. Not because of the 27 felonies I'd acquired, or the nature of my crimes, but mainly because my boyfriend was a Sheriff Deputy, and his friends - our friends - were the ones who'd arrested me. I spent 120 in a jail where every officer knew what I had done to their 'brother in blue' and despised me for it. After a few suicide attempts, cavity searches, pillow fights and lesbian love affairs, I made my way to a residential treatment center. It was there that I recounted the harrowing events leading up to my arrest, and eventually began the process of recovering from a life of addiction. Leaving rehab wasn't the end of my story, instead it was the beginning of a chapter more beautiful and surprising than I could have imagined. Whether you are currently sitting in jail feeling lost, in a rehabilitation center seeking hope, or struggling to understand a loved one who is suffering from addiction, "High Achiever" reads like fiction, and will give you a shocking, honest, and at times humorous look inside the mind of a drug addict.

## **High Achiever: The Shocking True Story of One Addict's Double Life Details**

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# **From Reader Review High Achiever: The Shocking True Story of One Addict's Double Life for online ebook**

**john-paul joss says**

**I highly recommend this book!**

Tiffany takes you on her tough journey to recovery. It's brutally honest and beautifully written. Whether you know, love or are an addict I highly recommend this book!

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**Kristi Lamont says**

Came to this book after reading more about the author after spending most of one afternoon laughing out loud at her videos on Facebook ("Juggling the Jenkins"). She could be me/you/our sisters/friends.....dealing with anxiety and cramps and life in general. To find out that she is a recovering drug addict who uses her voice on social media and in real life to support people coping with addiction/incarceration of any sort was surprising. Not the supporting part; I mean, you totally get the feeling she would be a great shoulder to cry on, someone who would eat popcorn and M&M's with you until you both wanted to puke, then she'd get you to wash your face and soldier on. Nope, it's the felon/recovering addict part that makes you go, YOU? With your nuclear family and nice house and obvious intelligence and wit? Well, yes, of course her. Addiction doesn't play favorites, how many times must one learn that particular lesson? As to this book -- it was easy to read and told part of her story. But I found myself wishing she'd dealt with her teenage years and how/when/why she started using, to give full context. Probably quite selfish of me.

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**Erin Clark says**

**Amazing!!**

A must read for everyone. It really makes you see things through the eyes of an addict. Nothing is off limits. Open, honest, real, blunt, eye-opening, amazing.

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**Shellie Ronan says**

**Inspirational and real! Refreshing to read the truth uncut.**

Great for family members becoming victim by addicts actions. Great for someone feeling hopeless and worthless. Proves addiction doesn't discriminate.

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**Kathy Worrell ? says**

I was first introduced to Tiffany from her facebook blog, Juggling the Jenkins.

She was hilarious! I would search through her videos and watch the ones that I had missed.

I eventually heard about her drug addiction and time spent in jail. When I learned that she had written a book, I knew that I must read it.

Wow! I honestly felt like I was riding in her pocket, the descriptions were vivid and engrossing.

I was so immersed in her life, that I didn't even notice when my husband walked into the house.

She has been drug and alcohol free for 5 years...you go girl!!!

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### **Jayme says**

#### **An amazing story and a great read!**

Such an amazing inspiring book! Once I started reading I could not put it down, I highly recommend reading this book!

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### **Meg says**

An inside look of the turmoil of addiction. This book helped me better understand what my family and friends battling addiction go through. It helps you understand reasoning and ways of thinking while in the grips of addiction. I do think this will be a hard read for recovering addicts as drug use is talked about quite often, how its used, how it feels.. that type of thing. I'm still in shock this is about the same girl making those relatable, hilarious videos on Facebook. High Achiever is the proof so many are looking for that you can overcome this. Tiffany Jenkins is hope.

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### **Sarah Goss says**

#### **Captivating True Story**

Tiffany's journey is inspiring. She is gifted with the ability to relay her story in a way that makes you feel like you were with her through every moment and thought process. Her story is agonizing, heartbreaking and peppered with humor and hilarity that will have you swiping tears one moment and laughing out loud the next.

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### **Manya Livingston says**

#### **Hope**

I found Tiffany on FB one night when I couldn't sleep. One of her videos just popped up and I was like who is this chick? Now I am a follower of her site.

My 23 year old daughter is a heroin addict. This book gives me hope that someday she will be clean and sober. With all the death surrounding her lifestyle, words from someone that has chosen sobriety despite the odds gives me HOPE.

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### **Alicia says**

Amazing. I am so grateful that Tiffany wrote this book and I'm even more grateful that she has paved the way for so many others to get help. No matter who you are, it's not easy to admit to anyone the horrible things you have done in life. Everyone has secrets and Tiffany laid hers all out there for all of us to read. She has left herself raw and open and I appreciate her even more for that.

I read this whole book in two days, even working 12 hour overnight shifts didn't stop me! I couldn't put it down! And the closer I got to the end, the slower I started reading because I didn't want it to be over!

Thank you for sharing your story.

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### **Stacy Sinner says**

#### **I couldn't put it down!**

I saw this book was released today so I purchased it as I follow the author on Facebook and I love watching her videos and only knew a little about her life story but I was always intrigued. I'm not a reader and if I do get a book it better be good because I need to be hooked immediately. I purchased the book this morning and just finished it. So soo good! I couldn't put it down! I had moments of shock and moments where I wanted to cry. I wanted to reach into the book and hug her. She is truly inspiring. I am so happy her story has a happy ending. I started watching her videos because she always made me laugh and I related to her mommy moments! I am so happy I purchased the book. Thank you for writing it.

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### **Bonnie says**

Wow, where to begin with this review. Well, I couldn't put it down once I began reading. It was sad, scary, heartbreaking and inspiring all at the same time. Many of us know someone struggling with some type of addiction, this certainly gives a behind the scenes look at the emotional and physical side. I highly recommend this book.

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### **Becca V says**

I won this book through Goodreads Giveaway...

And I am sooooo happy I did! This book was extremely entertaining!

I personally don't have a problem with addiction, but through her writing I feel like I've learned a lot about addiction and what kind of things it can make a person do.

Tiffany definitely has a way with words, I felt extremely connected to her throughout the entire story, even though she had done terrible things she wrote it in a way that it was relatable. Even as she was doing some of the bad things I found myself still rooting for her. She really pulls you into her story.

The only reason I'm not giving this book 5 stars is because it wasn't very well edited. There were many grammar mistakes throughout. At some points there were random words that had nothing to do with what was going on in that sentence. Those mistakes briefly pulled me away from an amazing and inspiring story.

If Tiffany can go through that sort of hell and addiction and come out on the other side a happier and healthier person, than I believe there is hope for anyone who is suffering from addiction.

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## **Jessica says**

### **Incredible Story of Redemption**

I watched Tiffany open a Fab Fit Fun box knowing nothing about her and laugh-crying by the end of her FB live. I promptly then watched several more of her videos. When I told a friend how much I enjoyed them, she told me Tiffany was in recovery. I bought the book that night.

Her honesty and raw real-ness was breathtaking. I was awed by her story and how much she could remember! She has lived a powerful life already and I'm excited to follow along as she continues to help change lives.

**\*\*book has a lot of language\*\***

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## **Felicity Gibson says**

Literaly the best book I have ever read. I could not put this book down. When I did, I still found myself wondering what was going to happen next. I laughed ans cried. Found myself at a juicy part of the book and was trying to speed read to see what happened. I highly recommend this book. It's not very often I come by a book that has me so hooked...it literally was a better version of "Orange is The New Black" ?

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